

News

**School Committee hears
Superintendent's Report** A6

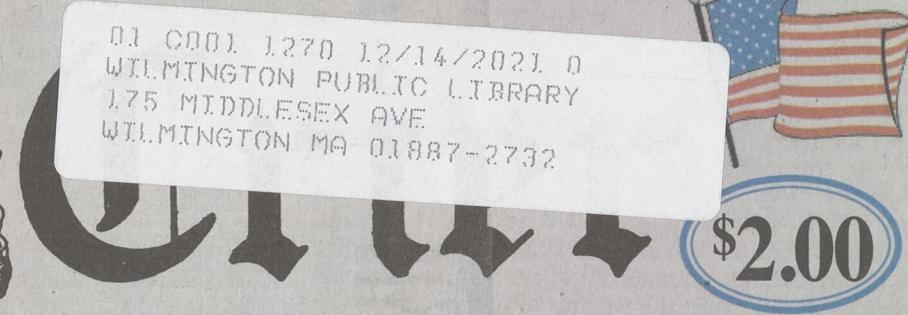
**Lifestyle**

**Fire up grill for National
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Wilmington



67TH YEAR NO. 18

PHONE 978-658-2346

WEDNESDAY, MAY 5, 2021

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28 PAGES



Social distancing and hand sanitizer. Lots of space at Shiners for Wilmington's annual Town Meeting. (photo: BruceHilliard.com)

By LIZZY HILL
News Correspondent

WILMINGTON — Saturday's Town Meeting saw 64 articles including three special Town Meeting articles and lasted more than eight hours. After voting in those elected by the town election the week before, they voted to pause the Town Meeting while launching the special Town Meeting.

The first and third articles were withdrawn by the petitioner, so action was only required on the second article. Walter Barry had requested to add four years onto the age limit for veterans to become eligible to be police officers. This motion passed and then the special Town Meeting was adjourned.

After that, a consent agenda was presented to take up the voting for articles 2, 4, 7, 26, 36, 37, 38, 39, and 40. These were for committee reports, banking services, voting machines, Uber and Lyft taxes, Fun on the Fourth, Memorial and Veterans Day services, the VFW and American Legion leases, PEG access, and revolving compost bins.

The vote for all these motions at the same time passed.

From there, articles for unpaid bills, town salaries, capital equipment, VOIP phone systems for municipal buildings, replacement servers for the town hall and public safety buildings, mobile police computers, upgrades to public safety dispatch technology, and fire station receivers were approved.

Later, votes passed in favor of cemetery developments, MS4 system requirements, the DPW sewer division enterprise, relocating a control panel, and replacing the Shawsheen Commons pump.

Residents went on to approve money for roofing at the Shawsheen School, ceiling tiles at the Woburn Street School, trash and recycling, robotic equipment replacement, traffic engineering at two intersections, and reconstructing some tennis and basketball courts and the Frank Kelley track surface. There were also articles approved for replacing switches, computers, security servers, and projectors at various schools.

They then approved an article allowing the Board of Selectmen to purchase a portion of 201 Lowell St. before also approving several large items like the Other Post Employment Liability Trust Fund, the Capital Stabilization Fund, the Middlesex Retirement System, and the Public Rink Enterprise. The articles from here were taken up at random order.

A number of properties were deemed surplus by Town Manager Jeff Hull in accordance with some requests of residents to purchase them. 848 Woburn St. was approved for Phillip Barry. For petitioner Craig Newhouse, the land was declared surplus, but the vote failed.

In the case of article 50, the land requested by Brendan Finn was not declared surplus and could not be voted upon. Michael O'Connell's and Michael Faulkham's requests, articles 52 and 59, were both approved.

Article 46 proposed adding the restaurant use of brew pubs to the zoning by-law. After asking whether the referenced 25 percent for wholesale would allow takeaway, a

resident proposed an amendment to add takeaway into the sentence. Town counsel stated that the off-premises use wasn't intended by this by-law, with which Director of Planning and Conservation Valerie Gingrich agreed.

The vote to accept the amendment passed. Mike Champoux established that the intent of the by-law was to introduce restaurant service with brew pub, not a brewery. John Doherty of the Finance Committee pointed out that there was a word missing in the amendment, so it was amended a second time before the twice amended motion passed.

Several residents paid tributes to Edward J. Gillis when the article to rename the corner of Federal Street and Liberty Street in his name came up. His daughter said that he was a lifelong resident who left high school to enlist in the navy during World War II who passed away at the age of 93.

"This town has a history of putting up monuments while others are

shut down rezoning off of Rt. 125

By LIZZY HILL
News Correspondent

He said that the town asked his client if they would give the section for article 61 to the town as a gift. His client had made it clear that the offering of the gift would be dependent upon the passing of article 60, which had not yet been taken up.

Michael Woods, Director of Public Works, personally spoke to his intent for the town to acquire this specific piece of land since the early 1990s.

"The only way to make sure it's protected is to own it," he said.

He mentioned that this aquifer feeds 80 percent of the town's water and is and has been tested daily, weekly, monthly, and yearly without any contamination found.

Many residents

REZONING | PAGE A8W

School Committee talk finances and summer school

By LIZZY HILL
News Correspondent

WILMINGTON — The School Committee welcomed their newest member, Melissa Plowman, to her first meeting last Wednesday night where they discussed the financial report, the summer school program, and the home

work policy.

They first recognized former School Committee member Steve Bjork for his time on the committee.

Jenn Bryson said, "There's no award to thank you for all that you contributed... to strengthen our district."

Some of the characteristics that the committee pointed out in Bjork were his open-mindedness, calmness, and sense of humor.

Bjork, who was present, responded to say that it was an honor to work on this committee.

"I've worked with a lot of different committees. This is by far the most cohesive team," he continued.

He appreciated the

group's commitment to finding a consensus despite their disagreements.

Later, Assistant Superintendent of Administration and Finance Paul Ruggerio gave the fiscal year 2021 financial report. His report said that the district had spent most of the amount appropriated for this school year, with a remaining balance just over \$655,000.

He said that while much of that would be expended by the end of the year, the district will still end the year in the black.

Jay Samaha commented that this was great news and thanked those who had

SCHOOL | PAGE A7W

Thursday, May 13

Candlelight vigil for those lost to COVID

By CASSIA BURNS
News Correspondent

WILMINGTON — For more than a year, those across the globe have faced the effects of the COVID-19 pandemic. While dealing with the pandemic has been challenging on everyone, those who have lost a loved one have faced especially difficult circumstances. Though news stories tend to report COVID casualties as numerical statistics, Wilmington's Director of Elderly Services, Terri Marciello,

assures those mortally impacted by the virus have far more significance.

"We have all followed the number of deaths over the past 14 months — but they are NOT numbers," Marciello said. "They are grandmothers, grandfathers, mothers, fathers, sons, daughters, sisters, brothers, and friends."

times of loss. In response to this, the Wilmington Department of Elderly Services is sponsoring, alongside Pastor Hey from the Methodist Church and other community members, a candlelight vigil entitled "Celebration of Life — Community of Hope" on Thursday, May 13, 2021 at 7 p.m. on the Wilmington Town Common.

Anyone that wishes to attend is encouraged to participate. The event's rain date will be Thurs.

VIGIL | PAGE A7W

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Wilmington Library News:

Stroll Wildwood Cemetery and forage in Hathaway Acres

WML Outdoor Programming

For all outdoor programs, masks are required for all attendees ages 5 and up and strongly encouraged for children ages 2-5. Registration is required to ensure social distancing. If inclement weather is forecast, the program may be held virtually on Zoom. Please check out website on the day of the program to confirm location.

WML Virtual Programming

The library continues to offer a variety of virtual events. Please note that registration is required in order to receive the Zoom link. Go to wilmlibrary.org to register or call 978-658-2967.

Congratulations to the winners of our 2021 Poetry Contest!

The winning poems are available for reading on our website.

Kindergarten-1st Grade Winner: Brooke Spirito

- Out in the Forest

Honorable Mention: Lily Falk - Nature

2nd-3rd Grade

Winner: Amelia Ptashka

- The Wind Blows

Honorable Mention: Rebekah Poulose - Flowery Forest

4th-5th Grade

Winner: Emily Falk

- Mother Nature

& Mother Earth

Honorable Mention: Ibrahim Ahmad

- The Rise of Spring

Middle School

Winner: Allison Hall

- Hidden Wonders

High School

Winner: Hannah Bryson

- An Art Not to be

Captured

Honorable Mention: Michael Dynam

- Waterville

Adult

Winner: Daniel John Hall

- Wild Crafted Rose

Honorable Mention: Ruthie Baker

High Altitude

Family Programs

Spring Birding in the Wildwood Cemetery

Saturday, May 8

Session One: 7:30 - 9 a.m.

Session Two: 10 - 11:30 a.m.

Join experienced birder Steve Hale, owner of Open World Explorers, for a birding expedition in the

Advertisement
It's Your Money
by Todd Brisbois

TIPS FOR SELECTING A TAX PREPARER

PART I

The tax-filing season is upon us, and many people will be looking for someone to help them file a tax return. These taxpayers should choose their tax return preparer wisely.

This is because it's ultimately the taxpayer who is responsible for all the information on their income tax return. It's important for people to remember that this is true no matter who prepares the return. Here are some tips for folks to remember when selecting a preparer. Taxpayers should:

Check the Preparer's Qualifications. People can use the IRS Directory of Federal Tax Return Preparers with Credentials and Select Qualifications. This tool helps taxpayers find a tax return preparer with specific qualifications. The directory is a searchable and sortable listing of preparers.

Check the Preparer's History. Taxpayers can ask the local Better Business Bureau about the preparer. They should check for disciplinary actions and the license status for credentialed preparers. There are some additional organizations that keep information about specific types of preparers:

- Enrolled Agents: Go to the verify enrolled agent status page on IRS.gov.

- Certified Public Accountants: Check with the State Board of Accountancy.

- Attorneys: Check with the State Bar Association.

Ask about Service Fees. People should avoid preparers who base fees on a percentage of the refund or who boast bigger refunds than their competition.

Ask to e-file. The quickest way for taxpayers to get their refund is to electronically file their federal tax return and choose direct deposit.

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Wildwood Cemetery. Find out which feathered friends have returned! Steve holds university degrees in marine biology, evolutionary biology, and ecology and is an avid hiker, birder, and experienced naturalist. Please bring your own binoculars (a few binoculars will be available for sharing — wipes provided). Please meet at the back of the library. Ages 12+.

Adult Programs

Craft and Chat

Monday, May 10, 7 p.m. Grab your crochet, knitting, or other craft project, your favorite treat, and join in this informal gathering to craft and chat together. You don't have to be crafty to join — all skill levels and crafts are welcome!

How to Eat Mindfully & Manage Stress

Tuesday, May 11 at 7 p.m. In this engaging, interactive Zoom session, you will learn valuable skills to work with your relationship to stress and how it affects your behaviors in eating. Understand the difference between physical and emotional hunger and how to make healthy choices.

The 10 Warning Signs of Alzheimer's

Wednesday, May 12, 7 p.m. This educational Zoom program presented by Alzheimer's Association will help you recognize common signs of the disease in yourself and others, and includes next steps to take, including how to talk to your doctor.

Foraging Walk — Hathaway Acres

Thursday, May 13, 6:30 p.m.

Join veteran environmental educator Andrew Pazar for a foraging walk in Wilmington's Hathaway Acres. The trailhead is located at the corner of Draper Drive and Evans Drive — please plan to meet there. Wear comfortable footwear and dress for the weather.

Poetry Circle

Saturday, May 15, 9:15 a.m. Do you enjoy writing poetry? Want input on your work? If so, this group is for you. Led by local writ-

ing enthusiast, Barbara Alevras. If you are interested in attending this event, please email Assistant Director Charlotte Wood at cwood@wilmlibrary.org.

Cemetery Stroll — Mrs. Hiller's March

Saturday, May 15, 10 a.m.

Join Town Curator Terry McDermott for a Wildwood Cemetery stroll and learn about Wilmington's one and only Mrs. Hiller and the cemetery march she organized in 1890. Plan to meet in the back of the library a little before 10 a.m.

Youth Programs

Social Justice Service Group

Friday, May 7, 3:30 - 5:30 p.m.

Meet over Zoom for a Social Justice Service Group meeting! This month we will watch and discuss Monster the day the film based on Walter Dean Myers' groundbreaking YA novel premieres on Netflix. You will earn community service hours for attending. Grades 9-12

Kids Create: Mother's Day Centerpieces

Saturday, May 8, 3 p.m. at the WML

Show your mom some love with flowers in a beautiful centerpiece arranged by you! This program will be held outside, weather permitting.

Virtual Preschool Storytime

Tuesday, May 11, 10 a.m.

This storytime for preschoolers includes books, rhymes, and music. Ages 3-5

Outdoor Time for Twos

Wednesday, May 12, 10 a.m.

This storytime for two year olds includes books, rhymes, music and movement. The program will be held behind the library next to the Peggy Kane Reading Garden. Please bring a blanket or low chairs.

Outdoor Baby Time

Thursday, May 13, 10 a.m.

This program of songs, rhymes, games and picture books is for babies under the age of two years and their caregivers. The program will be held behind the library next to the Peggy Kane Reading Garden. Please bring a blanket or low chairs.

LEGO Building

Thursday, May 13, 4 p.m. Come build LEGOs virtually with friends (or use other building materials) and share your latest creations! Ages 5+.

Outdoor Preschool Storytime

Friday, May 14, 10 a.m.

This storytime for preschoolers includes books, rhymes, and music. The program will be held behind the library next to the Peggy Kane Reading Garden. Please bring a blanket or low chairs. Ages 3-5

Pond Dipping

Saturday, May 15, 10 a.m. at Rotary Park pond

Join nature enthusiast Dinah Borden at the pond at Rotary Park to explore pond life! Children, accompanied by a parent or caregiver, will be given a quick lesson on some com-

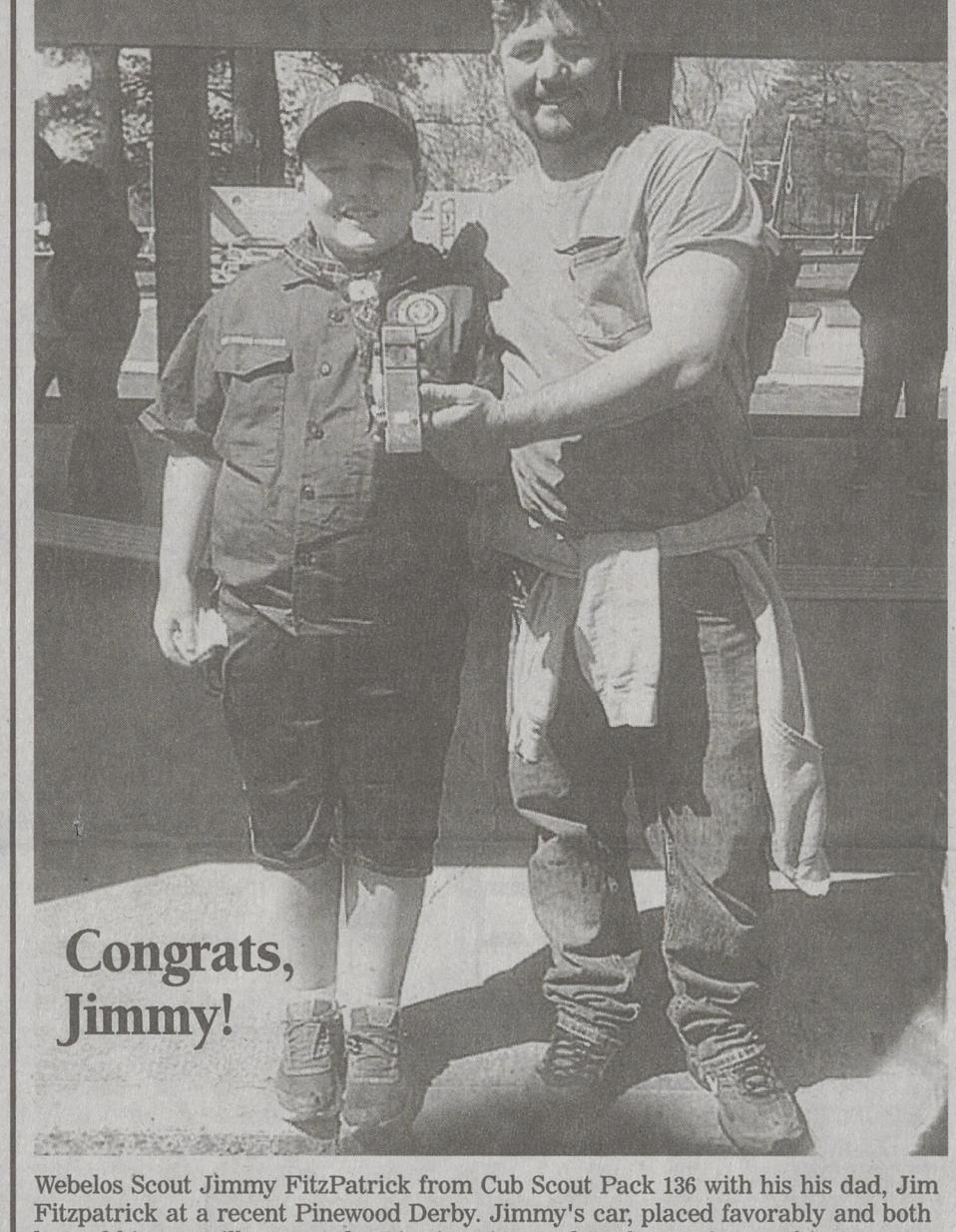
mon insects and creatures that live in ponds in Massachusetts. Each participant will be given an insect identification key and provided with a net to sweep the water and collect creatures that we'll observe in trays, try to identify, and then release back into the pond. Participants should wear boots or old sneakers as they will likely step in mud. Ages 4-10.

Book Store Next Door is Open!

The Book Store Next Door has resumed its regular Saturday hours 10 am to 4 pm. Wednesday hours will resume May 19. In order to comply with social distancing protocols, the number of shoppers and shopping time will be limited. We also request that donations be limited at this time to one bag per person.

Library Visiting Hours

The library is open Monday - Thursday 9 a.m. - 9 p.m. and Friday & Saturday 9 a.m. - 5 p.m. You are able to visit the first floor without an appointment to browse, pick up holds, use a computer with a 60 minute limit, and make a copy or use the fax machine. Visit the Youth Services Department Monday - Thursday: 9 a.m. - 2 p.m. (by appointment), 2 - 9 p.m. (no appointment needed) and Friday & Saturday: 9 a.m. - 2 p.m. (by appointment), 2 - 5 p.m. (no appointment needed). For your convenience, curbside pickup is still available: Monday - Thursday, 10 a.m. - 6 p.m. and Friday & Saturday 10 a.m. - 4 p.m. All patrons must wear a mask and sanitize their hands upon arriving at the library. Study tables and other seating remain unavailable.



Webelos Scout Jimmy FitzPatrick from Cub Scout Pack 136 with his dad, Jim Fitzpatrick at a recent Pinewood Derby. Jimmy's car, placed favorably and both he and his car will race at the District Pinewood Derby coming up this summer. Cub Scout Pack 136 is chartered by American Legion Post 136 and meets on Thursdays at Wilmington Mason Hall, Friendship Lodge, on Thursdays from 6-7 p.m. For information on their summer scouting program, please contact Frank West, troop136wilm@aol.com or 978-658-1754. (Courtesy photo)

News and notes from WCTV

Hello friends and neighbors! Here's what's going on at WCTV!

Curious about programming on WCTV? The best way to find out what's going on at WCTV

is to check out our website: wctv.org. Once there, you can check out the latest programming, see what's coming up, inquire about membership, view your favorite programs, listen to podcasts — and more! There's so much to explore and we invite you to see how you can get involved with your town TV station!

View on Verizon 37 and Comcast 9.

Follow us:

Twitter: WCTV (@Wilmington_TV) / Twitter

Facebook: WCTV: Wilmington Community Television

Instagram: Wilmington_tv

WCTV is located at: 10 Waltham Street, Wilmington

Office Hours by Appointment: (978) 657-4066

Questions about WCTV? Contact info@wctv.org

WCTV Channels: Public Channel: Verizon 37, Comcast 9

Meetings & Government: Verizon 38, Comcast 22

Access: Verizon 39. Comcast 99

Wednesday, May 12, 7 p.m. Board of Appeals

View on: Verizon 38 and Comcast 22.

Wednesday, May 12, 7 p.m. School Committee

View on: Verizon 37 and Comcast 9.

- LEGAL NOTICE -

AUCTION INFORMATION

WILMINGTON, MA

Notice is hereby given that the undersigned will sell at Public Auction on:

MAY 19, 2021 • 12:00 PM

at BURLINGTON SELF STORAGE

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WILMINGTON, MA 01887

The personal property heretofore stored with the undersigned by:

RON HEFFRON - WOBURN, MA

Burlington Self Storage reserves the following rights:

(1) To bid at the public auction; (2) To refuse any and all bids;

(3) To cancel the auction at any time for any reason.

5/5/12

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Gold Star Money Market Promotion: Introductory rate of 1.00% APY (Annual Percentage Yield) is accurate as of 2/16/2021 and is only available for funds not currently on deposit at Salem Five. Account must be opened at the Salem Five Wilmington Branch. The introductory interest rate will apply during the first 90 days the account is opened. Maximum deposit limit is \$500,000 per account and one account per customer. Rate will change after 90 days to the standard Gold Star money market rate. As of 2/16/2021, the Annual Percentage Yield (APY) for the Gold Star Money Market is 0.10% APY for balances from \$1 to \$9,999.99 and 0.20% APY earned on all balance tiers greater than or equal to \$10,000. Rates are subject to change. Minimum balance to open is \$10. Fees may reduce earnings. See banker for details. Offer may be discontinued at any time without prior notice.

Business Money Market Promotion: Introductory rate of 1.00% APY (Annual Percentage Yield) is accurate as of 2/16/2021 and is only available for funds not currently on deposit at Salem Five. Account must be opened at the Salem Five Wilmington Branch. The introductory interest rate will apply during the first 90 days the account is opened. Maximum deposit limit is \$500,000 per account and one account per customer. Rate is subject to change to the Business Money Market rate after the 90 days introductory period. See banker for details. Minimum balance to open is \$50. Fees may reduce earnings. Offer may be discontinued at any time without prior notice.

OPINION

Rep. Robertson, House pass budget, send to Senate

BOSTON — Addressing complications stemming from the ongoing COVID-19 crisis, Representative David Robertson was joined by his colleagues in passing the Massachusetts House version of the 2022 budget Friday, completing a critical step forward towards the development of the final version of the annual state budget.

The budget is exceptional in the fact that it did not cut any local services while simultaneously avoiding any increase in taxes during an economically tough time, as well as providing relief to low-income residents and small businesses.

Instead, the House version of the FY22 budget drew on current revenue collections, increased federal reimbursement for existing programs, and the state stabilization fund. It also does not include revenue which may be released by Congress under the American Rescue Plan — meaning even further support may come if passed by Washington.

"To put it simply, I am proud of this budget," said Rep. Robertson. "We didn't raise any taxes, gave tax breaks to low income individuals and certain small businesses, and continued to operate state services as well as support local municipalities who are all debating on how to make up for local revenue shortfalls. We included \$40 million more over last year in aid to towns, and fully funded the first step of the Student Opportunities Act I voted to pass last session — meaning more money is coming back to Tewksbury and Wilmington public schools."

Local line items, supported by Reps. Robertson, Nguyen, and Gordon will bring back \$100,000 for Tewksbury's first responders for services rendered to the Tewksbury State Hospital, as well as \$75,000 for noise and damage mitigation to residents abutting the Wilmington "Wildcat" MBTA line.

The MBTA and Keolis cleared a significant portion of trees and other fo-

liage along the line unexpectedly, leaving residents with blighted sights.

Both Tewksbury and Wilmington will receive an increase in Chapter 90 road funds, Chapter 70 education funds, and "UGGA" funding which towns may spend at their discretion.

In addition to shoring up local government budgets, the House budget also made major investments focusing on returning students to the classrooms with strong financial support. The House included \$367 million dollars for the Special Education Circuit Breaker, a fund in which local school systems may draw upon to ensure all students receive education services regardless of their physical, cognitive, or social abilities.

It also increased money for regional and homeless student transportation, often a high-cost line-item for public school systems.

Large portions of the budget also aimed to continue supporting the strong economic rebound. According to MassBenchMarks, which examines the Massachusetts economy, the state grew at 11.3 percent the first quarter compared to the national average of 6.4 percent, however unemployment is higher than comparative levels in 2019.

The House budget included \$50 million in adult education support, \$5 million in small business technical assistance programs, and \$2 million in programming to support the growth of Massachusetts manufacturing.

A number of non-COVID related matters were also included, including \$310 million total in environmental protection, cleanup assistance, and riverway/watershed assistance.

Senior support programs were boosted to prevent utility shutoff and evictions, and the Bureau of Substance Addiction Services received \$160 million to continue providing support to dependent individuals to gain sobriety and stability.

The bill now proceeds to the state Senate for debate.

13 students earn academic honors at St. John's Prep

DANVERS — St. John's Prep recently announced the names of students who earned academic honors for the third quarter of the 2020-2021 school year. Students who qualified for the Headmaster's List earned grades of A- or above in all courses; students who qualified for the Principal's List, earned grades of B+ or above in all courses; and students who qualified for the Honor Roll earned grades of B or above in all courses.

The following students were named to the academic honors list for the Third Quarter 2020-2021.

TEWKSBURY
Headmaster's List
Gideon Daley '21
Cameron Eich '22
Cameron Paolillo '21
Rodneil Sanon '22

Honor Roll
Aidan Silvia '22
William Simon '25

WILMINGTON
Headmaster's List
Vincent Callahan '22
James Callahan '24
Jonathan Morad '25
Philip Murray '23
Henry Santini '27

Honor Roll
Nicholas Ackerman '23
Alex Flynn '22

Want your opinion heard?

We LOVE your letters!

Send Letters to the Editor to:

office@yourtowncrier.com

All submissions must be accompanied by full name, address, and daytime contact information for verification purposes.

Letters must be e-mailed by noon on Monday in order for consideration the same week's edition.

Town Crier

WEDNESDAY, MAY 5, 2021

Telemedicine in spotlight — pandemic clarifies the need

By PAUL ANDREWS

For sure, the communications between a patient and their physician is a most vital and essential relationship which has been there forever with the needs of a professional medical person's advice when a patient is in need. Physicians have always had this service, which usually was the contact of a patient with a medical person in the office of the physician or in some cases the doctor herself or himself taking the call.

Over time and because of volume, physicians have used medical secretaries or office staff to make the return calls to patients based on the needs of the patient making the call.

While telemedicine takes many forms, this more recently established process takes on many forms as locally many hospitals or physician services have established with the medical organization a telemedicine system, where technology allows a patient to place a question into a system accessible to the physician or for that matter even a request for a medical prescription refill as well as the need for an office visit or medical test on line with the patient's physician to respond.

This powerful service provides some great

strength in normal times and for those who have the service, a huge and powerful tool in the emergency tool kit over this year of the pandemic. I am afraid our physicians on the system were placed on overload with requests for responses filling the inboxes of their office technology screens.

The reality that you can actually reach out for medical advice at a major point in your life and receive medical assistance is vital in our health care delivery system for all patients living in this fast moving medical world.

NEEDING A BREAK is always good and certainly the case during pandemic times. Recent headlines in the sport's world brought some of that relief with the drafting of a new quarterback as Mac Jones arrived for the "photo op" with the Kraft's at the 50 yard line in Foxborough this past week.

Patriot land seemed to me to be excited with the news. I felt that, until I read a follow-up *Boston Globe* sports writer expressing his thoughts that fans could have been more excited. Having watched most of the Pats games plus seeing the follow-up stores, I felt the fan mood needed a lift and Mac is the man as we hope to see a good season ahead.

The "mood-lifter" is just one example of various events that took place over the course of the pandemic that seemed to be a change of pace in swinging folks around from the days of anxiety to something else good to talk about, such as the Red Sox season opening games and the talks about the fact the vaccinations were available to so much of the population.

What is amazing to me is that the vaccination distribution seems to be heading from group clinics to being given at doctor's offices which seems like a natural and great idea and could have been available much earlier.

SOME MORNING PULSE EXTRactions include the following: Young adults more likely to do estate planning due to COVID-19; Employed seniors might not need all Medicare benefits; Exercise will boost your aging hearts; 2020 was a tough year for health care cybersecurity; Colleges, universities dig deeper into endowments due to COVID; 2021 GDP growth could be in the range of six percent; COVID-19 continues to drive HR technology change; Powell says economy is a long way from Fed's goals and central bank has no plans to raise rates or reduce bond purchases; Co-working spa-

ces may become the new normal workplace; Gas prices will only get higher, analysts say; Army outfits paratroopers with wearables to gauge stress; Almost 800,000 homeowners at risk of repossession (according to a recent report); Most agree that the COVID-19 economic impact will be more significant than The Great Recession; Rising interest rates could derail strong demand for mortgage applications; Giving while female — women are more likely to donate to charities than men of equal means; Families plan to negotiate with colleges for more financial aid due to the pandemic; It's Gates versus Musk as world's richest spar over bitcoin; Americans' personal income and spending soared in January thanks to stimulus checks and unemployment insurance; Pandemic forcing many to retire earlier than anticipated; The production of gasoline and diesel is unprofitable for companies today and With galleries closed, art dealers rethink their real estate needs.

JUST A NOTE — Feel free to send me any comments or suggestions to andrews@massupt.org — Thanks for your many comments over the course of the Pandemic as we attempt to make the column interesting and local with some national stories.

Middlesex Sheriff's Office using wastewater analysis to monitor for COVID

BILLERICA — The Middlesex Jail & House of Correction has become the first county correctional facility in the nation to partner with Cambridge-based Biobot Analytics to monitor and identify the presence of COVID-19 in wastewater. Middlesex Sheriff Peter J. Koutoujian announced.

"We're excited to work with Biobot on this new initiative," said Sheriff Koutoujian. "Throughout this pandemic, our decision-making has been medically driven and guided by the science. Partnering with Biobot — a national leader in wastewater epidemiology — enhances our ongoing efforts and will allow us to detect any re-emergence of COVID-19 inside our facility and act rapidly to mitigate it."

Sewage contains valuable information on human health because viruses, bacteria, and chemical metabolites are excreted in urine and stool. Through wastewater epidemiology, Biobot Analytics uses the data present in wastewater to gain valuable insights that shape the health of communities.

Throughout the COVID-19 pandemic, Biobot has worked with communities across North America to measure SARS-CoV-2 trends in sewage. Because of the early onset of viral shedding, wastewater data has been shown to be a reliable leading indicator of COVID-19 cases. This allows officials to make more informed decisions on a jurisdiction by jurisdiction basis.

"Sheriff Koutoujian and his team are pioneers in their adoption of wastewater epidemiology to monitor and promote the health of the community living in the Middlesex Jail & House of Correction," said Newsha Ghaeli, Biobot President & CEO. "As we move into the later stages of the pandemic, it's

even more important to have early-warning methods to detect COVID-19 outbreaks. Equipped with better data, the Sheriff's Office is well positioned to make better decisions, and we hope other counties across the country will follow in their footsteps."

The initial four weeks of samples collected at the Middlesex Jail & House of Correction have shown levels of COVID in wastewater that have been consistent with the results of direct testing involving incarcerated individuals. The most recent two samples analyzed by Biobot found no detected COVID-19. That finding is in line with the results of COVID-19 testing conducted on 54 incarcerated individuals that showed zero positive cases.

"The results of the samples analyzed by Biobot show the processes and procedures we have put in place — including testing, mask wearing and quarantining of newly admitted individuals — continue to be effective in mitigating the impact of COVID at the Middlesex Jail & House of Correction," said Sheriff Koutoujian. "The information gathered through the Biobot testing is providing us with an additional crucial layer of confirmation."

The efforts the Middlesex Sheriff's Office have undertaken over the past 14 months have been highlighted nationally during recent conferences hosted by the National Commission on Correctional Health Care (NCCCHC) and the American Jail Association (AJA). In addition, a peer reviewed publication focused on data collected and analyzed about vaccine enthusiasm and hesitancy among incarcerated individuals and staff at the Middlesex Jail & House of Correction will be published in an upcoming edition of the Journal

of Urban Health.

Samples are being collected weekly for 26 weeks utilizing an automated sampler that has been installed at the Middlesex Jail & House of Correction. MSO staff will deliver samples directly to Biobot, reducing shipping time and allowing the office to receive results sooner.

As part of the testing, the MSO has also opted into Biobot's variant detection program, with any positive samples further examined for the presence of the variant first detected in the United Kingdom (B.1.1.7).

In addition to working with Biobot, the MSO has recently installed ultraviolet (UV) germicidal irradiation disinfection equipment in the HVAC system that provides air to and from the Health Services Unit (HSU) at the Middlesex Jail & House of Correction. The UV system improves air quality by

killing the COVID-19 virus in the HVAC system. All incarcerated individuals who test positive for COVID-19 are placed in the HSU.

"The deployment and implementation of these innovative systems in our jail highlights our ongoing focus on COVID-19," said Sheriff Koutoujian. "Moving forward, we hope to continue to work with Biobot to conduct surveillance testing that will help maintain a healthy, safe environment for our staff and those in our custody."

Future uses for the Biobot technology at the Middlesex Jail & House of Correction could include facility level monitoring for areas ranging from opioids to infectious diseases and influenza.

To learn more about the MSO's ongoing COVID-19 response, please visit middlesexsheriff.org/covid19.

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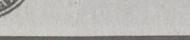
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WEDNESDAY, MAY 5, 2021

One Year. Two Athletes. Four Sports each.

Stuart chases down the tough challenge

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com
WILMINGTON - When you're a multi-event athlete on the track team, usually your days are pretty long and hectic.

For Willie Stuart, a junior, not only does he fall into that category of being versatile on the track, but he is also just one of two athletes in the entire school this academic year to have played in four varsity sports, joining senior Stephen Smolinsky as the other.

Talk about some hectic days or months. Stuart though downplayed it a bit.

"Every season was shortened a bit so it wasn't too bad," said Stuart. I liked that I was able to compete with the indoor track teams and so some different events that we don't have in the spring."

Stuart was able to compete in four sports this year - soccer, basketball, indoor and outdoor track - as the pandemic forced the MIAA to break the normal three seasons of high school sports (fall, winter and spring) into four abbreviated seasons.

Since the four seasons

were broken up, the MIAA allowed student-athletes the opportunity to play four different sports. Stuart was a role player with both the soccer and basketball teams, including scoring six points in the season finale win over Stoneham, before making a huge impact on the Fall-2 (indoor) track season.

"Willie Stuart is just a real solid, tough kid. You can really count on him in a whole bunch of different events. He's short in stature and he's just real calm and cool," said track coach Mike Kinney.

During the five-meet season, Stuart placed in five different events, including the 55-meter dash, the 300, as part of the 4x200 relay team, and then both the high and long jump.

Individually, he was first three times, second once and third three more times, and was part of the winning 4x200 relay team twice, meaning he finished the season scoring 26.75. Of those 26.75, 11.25 came in one meet against Wakefield, including the 300-meter race that Stuart will probably remember for the rest of his life.

"Willie went up against

STUART C12W



Since the high school sports season started back in late September, WHS senior Stephen Smolinsky was able to make four different varsity rosters, including boys soccer and basketball for the first time, as well as football and now wrestling. He is the only senior athlete to pull off such a feat.

(photo by JoeBrownphotos.com).

Senior competed in soccer, basketball, football and now wrestling

Smolinsky succeeds in old sports, new sports and in the classroom

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com

WILMINGTON - Stephen Smolinsky is the epitome of a student-athlete. An extremely bright kid, who applied to Harvard University and Boston College, the senior in the middle of doing something not too many kids have been able to do in the history of Wilmington High School sports, and that's play four varsity sports in one calendar year.

The pandemic forced the MIAA to break the normal three seasons of high school sports (fall, winter and spring) into four abbreviated seasons, those three, along with Fall-2 season, which for Wilmington, consisted of football, indoor track and volleyball. Since the four seasons were broken up, the MIAA allowed student-athletes the opportunity to play four different sports, and Smolinsky took full advantage.

Normally a football player and a wrestler - serving as a captain for football and currently one of the three captains for this upcoming wrestling season - Smolinsky added

two more sports to his resume, with soccer and basketball, meaning he played/playing four grueling, contact sports in a matter of a nine month span.

Smolinsky and junior Willie Stuart were the lone two varsity athletes to pull this off this season and in years past Tommy Aprile and Hall of Famers Stacy and Julie Gillis did it when they added spring track to their baseball/softball seasons as their third and fourth sports.

Before the pandemic hit, Smolinsky finished up his junior wrestling season with a solid 24-15 record, but he missed out on the post-season tournaments because of a family vacation. From there until the fall season when he found out that football was being moved to the Fall-2 season, Smolinsky stayed in shape the best he could, lifting weights and working out. That led him to make a decision to try out for soccer.

"I played youth soccer and the travel teams all the way up until eighth grade and then I did a little of the spring league. Once football got moved

to Fall-2, I said 'why not tryout for soccer'?"

Somehow I ended up getting a starting spot at center-midfield so it was nice. I went pretty well and I had one goal which was pretty good. The guys on the team I have been playing with (in all sports) my whole life so the chemistry was still there, so there was no rust wash off and things went pretty smooth. We had a pretty good season and a couple of tough losses, but overall it was a lot of fun."

When the soccer season was starting up, head coach Steve Scanlon was thrilled with what he saw from Smolinsky, especially knowing he hadn't played the previous three high school seasons.

"I like this kid who is the football captain, Smolinsky. He's a good athlete and I think he could potentially give us a missing ingredient in the middle of the field. He's pretty tough to the ball. Apparently he still played regularly with these guys in the spring and he doesn't look all that far off the beat. This is a unique situation for him."

Smolinsky logged a lot of time, played midfield, scored a goal and helped the 'Cats finish with a 2-3-2 overall record as three games were cancelled.

After a very short resting period, Smolinsky put the soccer uniform away and grabbed his basketball sneakers and headed out for another tryout with a new team.

"(Smolinsky) is just an athlete, a throwback athlete," said head coach Dennis Ingram before the season began. "He might not have the skill set that some of the other guys have, but he just has the mindset of an old school athlete and he has been excellent so far."

Smolinsky acknowledged that the team struggled for wins and he didn't contribute as much as he would have liked, but for someone who basically just shoots the ball around the Yentle Farm courts, making the team was pretty special in itself.

"I wasn't the greatest at it and I was maybe the sixth or seventh guy. I didn't play a whole lot and obviously I wasn't the most skilled player, but I had a good time. I finished with four points for the

SMOLINSKY C12W



The lone junior athlete to pull off four varsity sports in one year is Willie Stuart, who competed in soccer, basketball, indoor track and now the outdoor track season. (photo by JoeBrownphotos.com)

Ice Rink Committee meets to discuss next steps

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com

Recently, the Wilmington Ice Rink & Recreational Facility Committee met to discuss the next step in the hopeful process of the Town of Wilmington acquiring a new Ice Rink/Sports Facility.

"We met with the Edge Sports Group which develops sports centers in partnership with public entities and they provided some great insight for the committee," said Mark DiGiovanni, the chair of the committee. "They stressed the importance of receiving feedback from the community, so that is essentially our next

step.

"The committee met again last week to brainstorm questions that we may want to ask about the town's sports and recreation needs in a community survey. We will meet again on May 11th with the objective of finalizing a short survey that can be sent out to the community."

Besides the survey, the Committee has also discussed at length four different possible destinations for the facility, with great assistance from Town Engineer Paul Alunni.

"We had previously reviewed town owned parcels of land that might work well to be the home

of such facility," said DiGiovanni. "The Edge indicated that for a public/private partnership to work best, we'd be looking at more than just one sheet of ice. It would probably need to be 1.5 to 2 sheets of ice along with a 30,000 square foot mixed use space which would most likely require around seven acres of land or so."

"Of the four sites that have been identified: Whitefield, Town Recycling, Town Park and Grove Ave, it appears as though all have that amount of acreage except for the Grove Ave site. With that, we may go back and take another last look of town owned land that is seven acres or

more, but for now we are focusing on the survey."

Another topic of discussion at the meeting came from other committee members, who wanted to know more about the possibility of a public-private partnership, should this be the avenue the town takes.

"There is a strong inclination on this committee to have a public-private partnership to get this endeavor off the ground and make it a reality, especially considering all the other needs we have in town, including a new Senior Center, new Town Hall, and a new school," said DiGiovanni.

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Boys Soccer Team
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WHS Spring Sports
Team Previews
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Shawsheen Tech Spring
Sports Team Previews
Pages 10CW-11CW

Town Crier's All-Time WHS Boys Soccer Team



Starting above and working to the right, Tom Aprile, Anthony Azevedo, Jeff Arciero, below him Barry Aruda, to the top right Jim Burns and then his brother Dan Burns.

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com

In last week's Tewksbury Town Crier edition, I mentioned that I was going to change up the release dates of these All-Time teams and try to go every other week, alternating towns, as there's just not enough time in the day or week to get two teams done. Anyway, so after two week hiatus after posting the wrestling team, here's our fourth installment with my picks for the All-Time WHS Boys Soccer team.

Again, any player who left WHS before graduating, is not eligible and it's impossible to compare different generations, so the criteria here is impact that the players had on the team(s) when he/she played, as well as accolades/accomplishments and further advancement plays a little part of it as well.

Here goes:

TOM APRILE

A tremendous athlete, Aprile was a co-captain and a star right fullback for the Wildcats and was so instrumental in the team's first ever Northern League Championship crown and first ever state tournament appearance, helping the team finish 10-3 overall.

Known for his blazing speed, one of his former teammates said, "I remember *(Aprile playing defense) because he would sprint all the way up the field and take a shot, and then sprint all the way back. Coach (Bill) Peabody used to love that."

JEFF ARCIERO

He's been out of school for over 20 years now and I still consider him not only one of my all-time favorite people/athletes to cover, but one of the all-time greatest all-around athletes I have seen and that was while battling through a torn ACL and MCL suffered in the first state tournament soccer game as a junior.



A year later, all he did was help the Wildcats advance to the Division 2 state final. The team finished ranked No. 7 in the entire state that year, and he had so much to do with that success both as an elite defender and as one of the all-time greatest leaders I have ever seen.

In his just his senior year alone, the Hall of Famer was named to the All-Conference, Eastern Mass, All-State, All-New England teams, was named to the Lowell Sun First All-Star Team, was named to both the Boston Globe and Boston Herald All-Scholastic teams, and was also named the Globe's Player of the Year for Division 3.

BARRY ARUDA

He was the first player in program history to be selected to the All-State team nearly 50 years later, there's only a handful.

Westfield State, again anchoring their defense.

DAN BURNS

For many years he held the program's scoring record until Lynch came along. Burns finished his tremendous career with 30 goals and 25 assists. In 1975 as a senior, he was named to the All-State Team, helped the 'Cats finish 14-1-1 and qualify for the tournament for the fourth straight year and also win the Northern League Championship crown for the fourth straight year.

He helped Wilmington with game winning goals in both the state tournament wins over Harwich and Hamilton-Wenham, before losing to powerful Nauset Regional in the Eastern Mass semi-finals. The Hall of Famer went on to play both soccer and hockey at Lake Forest College in Illinois.

He went on to play at New England College.

RALPH DECKER

Another important part of the 1972 team's first league title and first playoff appearance, he was named to the Eastern Mass team that season after setting a single season record of 16 goals in the regular season, which has since been broken three times by Dave Sousa, John Lynch and Stephen Potner, who are all on this team.

In his three years with the varsity, the team combined for a record of 27-8-8.

CHRIS DICECCA

In 1974, the Lowell Sun asked four area coaches to come up with their 'Dream Team' and DiCecca was one of the selections. Known as a "prolific scorer", he was

an Eastern Mass All-Star that season, which came a year after netting 9 goals and adding three assists, helping the 'Cats win a league title. Historians have always considered him among the best all-time best players. He had skill, speed, could pass and could score.

He went on to play at SMU, which is now known as UMass-Dartmouth. About ten years, his son Chris played at WHS and in college, and had a terrific career.

MARK DIGIOVANNI, DENNIS INGRAM & JUSTIN VALLAS

The three tri-captains of the 1998 team, and also three longtime friends, are all Hall of Famers and while you can make an argument for their other individual sports, perhaps they were all best in soccer.

The trio were such big reasons why the 'Cats won two Cape Ann League titles, two Division 3 North sectional titles, 1 Eastern Mass title, while finishing as a state finalist in '97 and an Eastern Mass finalist the following year.

Ingram ranks as one of the all-time leading scorers in program history and was a two-time All-Conference and two-time Lowell Sun All-Star selection.

DiGiovanni took on the role both on the field and as a leader after Arciero left and did a fantastic job. One of my all-time memories was watching him hold up the sectional trophy for the first time. He was also named to the All-Conference and Sun All-Star teams.

Vallas, who could easily

SOCER C3W



Chris DiCecca (left) and Ralph Decker (right).

JIM BURNS

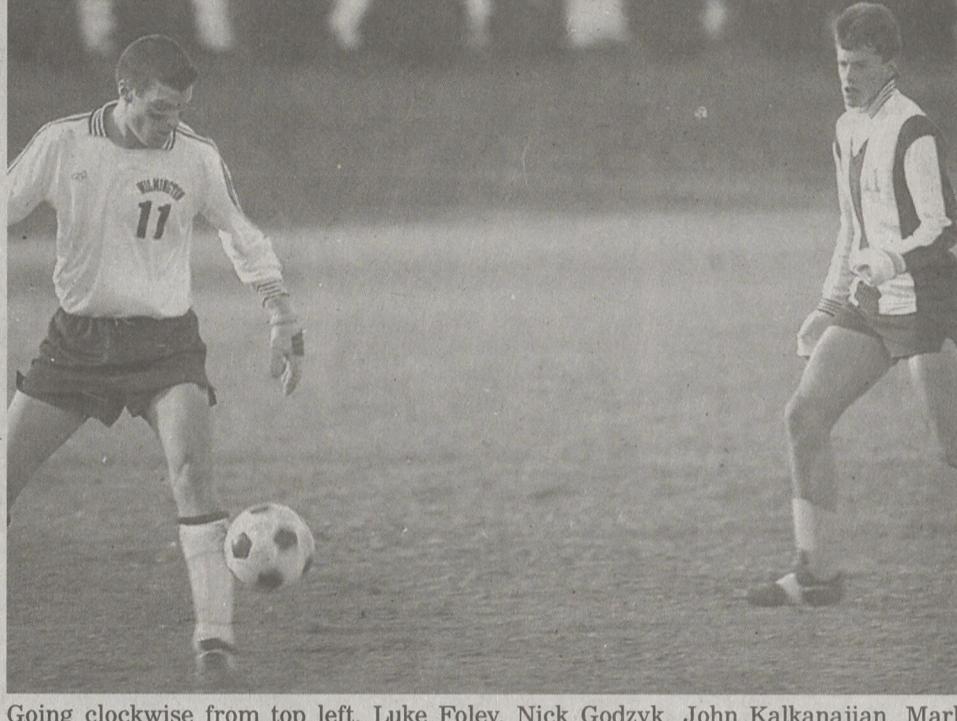
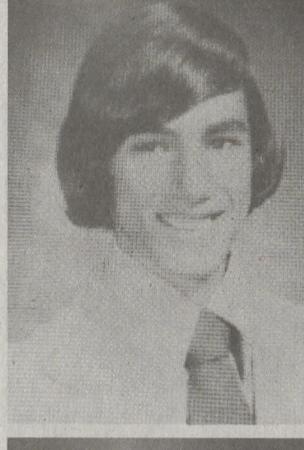
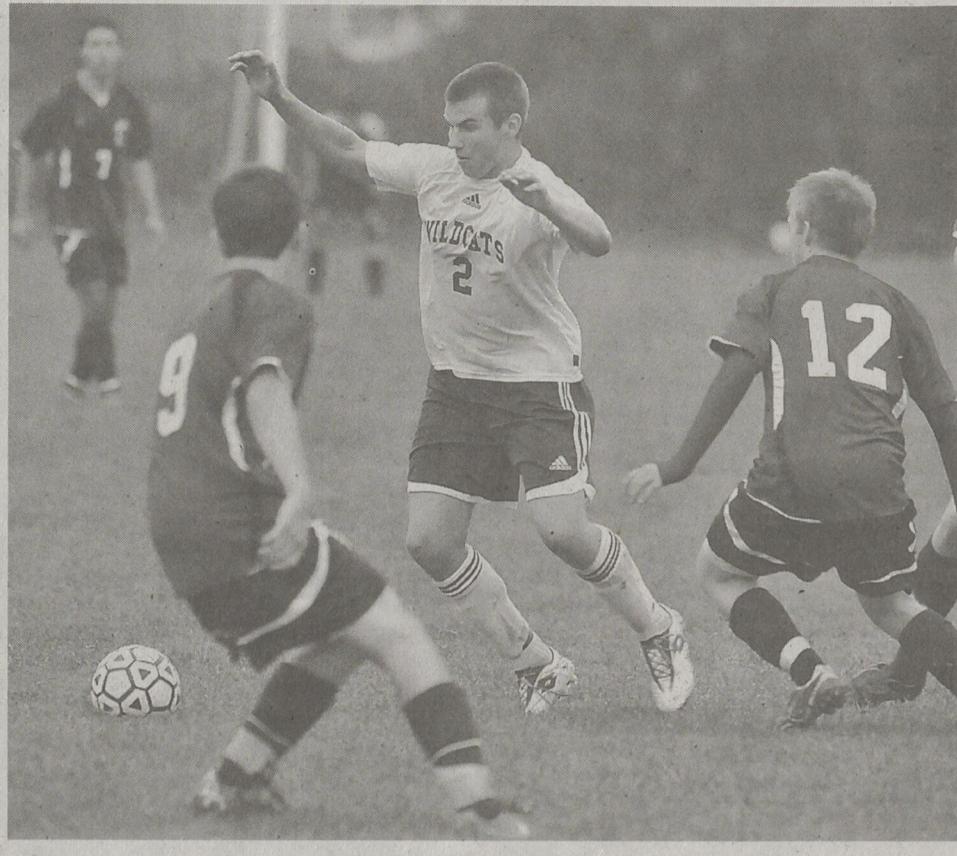
In 1978, the 'Cats finished 1-10, and the following year, led by Burns and a handful of others, they finished 11-3-4 overall in certainly a memorable season, which included a first round state tournament win over Jamaica Plain before losing to Wayland in the D2 North semi-final game. That Wilmington team featured a number of Hall of Famers, including Gary Hastings, current WHS Boys Soccer coach Steve Scanlon

Burns was named to the All-Conference and Eastern Mass All-Star teams.



Above, from left, Dennis Ingram, Mark DiGiovanni and Justin Vallas; top right is Colin Doherty and bottom right is Drew Foley.





Going clockwise from top left, Luke Foley, Nick Godzyk, John Kalkanajian, Mark Kalkanajian, Rich Lipski and above John Lynch.

go down as the best athlete to actually cover in terms of his athletic ability and being so clutch, clever and competitive, finished his senior season with 16 goals and 12 assists, and was also named to the All-Conference and Sun teams. He went on and had a phenomenal career, first for one year at the Winchendon Prep School before going to Worcester State where he was a three-time All-Conference selection, a two-time All New England choice, who as a senior, led Massachusetts D3 schools in scoring, while he was also named as the MASAC Player of the Year.

COLIN DOHERTY

To me, he was absolutely tremendous and just a gifted athlete. In soccer, he dominated games and was so dangerous every time he touched the ball.

Coming off an All-Conference season as a junior, Doherty was named the Middlesex League Freedom Division's Player of the Year in 2012, while being named to the Eastern Mass team, the Lowell Sun team, as well as to the Boston Globe's All-Scholastic team. He finished that season with 9 goals and 3 assists as a true midfielder.

DREW FOLEY

Named the Town Crier's Male Athlete of the Decade in December, he had a sensational career on the soccer field which included being named the Middlesex League Freedom Division MVP, an Eastern Mass All-Star and a two-time league all-star, was named to both the Herald and Globe All-Scholastic teams. He finished his senior year with 6 goals and 10 assists, helping the team win 17 games, and finished his amazing career with 21 goals and 29 assists for 50 points.

LUKE FOLEY

Much like Kellie Souza on the girls side, Foley finished his career with just under 40 career shut outs. That's absolutely incredible. He had 13 in 2013, while having a GAA under 1.00. He was a two-time league all-star, who led his team to multiple state tournament appearances, winning a number of games, many of which had gone into penalty

kicks.

His instincts as a keeper were second to none. Oh, and he was a big part of two state championship hockey teams.

NICK GODZYK

When it comes to picking teams such as this one, to me, accolades from outside sources carries a lot of weight. During his career as a center midfielder, Godzyk was a two-time All-Conference selection and also named to the Eastern Mass team as a senior. He finished that season with 6 goals and 11 assists and throughout his career, was part of some extremely successful teams, that barely lost in the regular season.

He went on to play at Keene State.

ADAM JENSEN

One of many talented goalscorers on this team, Jensen could find the back of the net with the



ADAM JENSEN

best of them - especially against Tewksbury, including six goals in two games, and a unforgettable four-goal game during his junior year.

He finished with 19 points as a junior, including 14 goals and then had 17 goals and 4 assists as a senior, giving him 31 goals and 9 assists, coming in about 40 games, which was pretty amazing.

He went on to play one year at George Washington University and one year at Northeastern University.

JOHN KALKANAJIAN & MARK KALKANAJIAN

Extremely talented on the soccer field, the brothers have always been associated with the great history of this program. John graduated in 1970 and was a key part in starting the program up. After high school, he was drafted in the old NASL.

His brother was another true goal scorer. In 1973, he was named to the Eastern Mass All-Star team after helping the 'Cats finish 11-1-2, with nine shut outs in 14 games.

DICK LIPSKI

He was one of the founding fathers if you will of this program, one of the elite players of the early 1970s when this program was getting off the ground. He had absolutely incredible skills with the ball, and one soccer historian told me that he could still be that good in today's game.

He was a multiple league all-star selection, who helped the Wildcats combine for a two-year record of 17-7-9 during his junior and senior years.

JOHN LYNCH

Lynch was simply a magician whenever he touched the ball. He was so gifted and just could do so much to make opposing defensive backs look foolish.

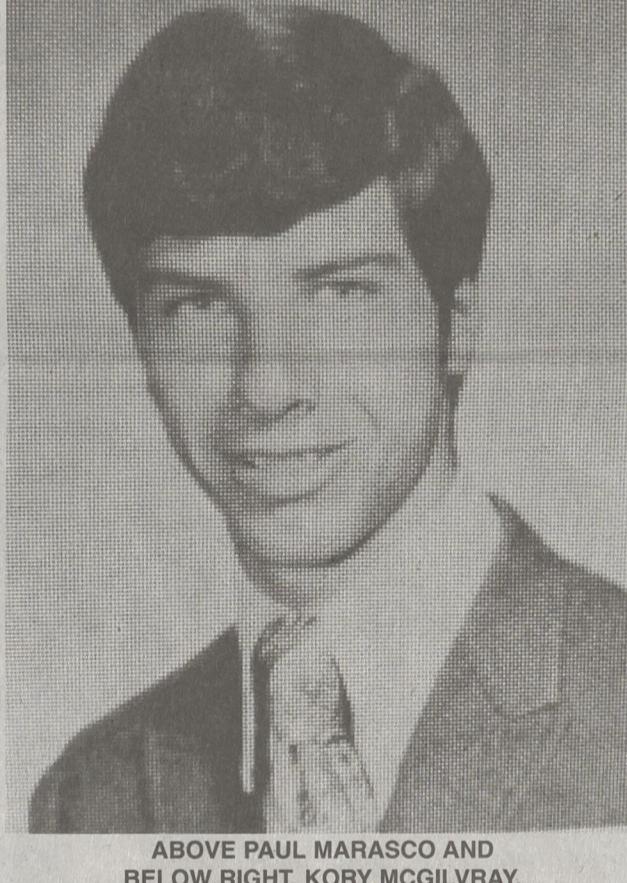
In his junior year of 1990, he broke the all-time single goal record with 23 goals, which has since been broken by Potner. He helped lead the team to the D3 Eastern Mass final, losing to a powerful Medway team. Lynch was named the Lowell Sun's and MVC Division 2 Player of the Year, he was the leading scorer in the league and was also named to the Eastern Mass All-Star team.

The next year as a senior, he broke the program's all-time scoring mark which still stands today with 56 goals and 15 assists. He was named as the MVC D2 and Sun Player of the Year, as well as making his second trip to the Eastern Mass team, and first to the All-State team.

The WHS Hall of Famer went on to a phenomenal career at Bentley University, where he still ranks among the program's all-time scorers.

PAUL MARASCO

Always a threat when he had the ball, Marasco's best season came in 1975, when he led the team in scoring, surpassed Decker's all-time points in program history, and was named to the All-Conference and Eastern Mass Teams, all while helping the 'Cats capture the league title at 14-1



ABOVE PAUL MARASCO AND BELOW RIGHT, KORY MCGILVRAY.

and Tewksbury and there's been a long list of great ones. He had the size, the talent, the mobility, the strength, the knowledge and the athleticism - he had it all. On top of that he had the ability to make the ten-bell saves, but he also took so much out of play with his aggressive style off the line.

In high school alone, the Hall of Famer was a four-year starter, a two-year captain, a two-time team MVP, a two-time All-Conference selection, the Cape Ann League's Division 1 Player of the Year, a two-time Eastern Mass All-Star, was named to the All-State Team, as the Lowell Sun's Player of the Year, and was also named to both the Boston Globe and Herald All-Scholastic teams.

STEPHEN POTCNER

After several decent seasons, he busted out as a



(fourth in a row) and advance to the Eastern Mass semi-finals.

KORY MCGILVRAY

As dominating of a shut down defender the program has ever had. Extremely talented with the ball and I don't think there was anyone better shielding the ball away from opponents as McGilvray did.

He was a huge reason

why the team posted 14 shut outs in 2012, just being solid as a rock as a defender. He was a two-time All-Conference selection and was also tabbed an all-star one year.

He went on and had a great career at Westfield State University.

VINNY PAPAGEORGIOU

Hands down, the greatest high school goalie I've seen between Wilmington

senior in 2005, netting 27 goals in the regular season, which broke the previous single season scoring record by another striker on this list John Lynch. That season, Potner was named as an All-Conference selection, to the Eastern Mass All-Star team, and was also an All-Scholastic.

Meet our All-Time WHS Boys Soccer Team

Name	Position	YOG
John Kalkanajian	M	1970
Richard Lipski	F/M	1972
Ralph Decker	F	1973
Tom Aprile	D	1973
Barry Aruda	F	1974
Mark Kalkanajian	F	1974
Chuck Wood	G	1975
Chris DiCecca	F	1975
Dan Burns	F/D	1976
Paul Marasco	F	1976
Steve Winchell	D	1977
Tom Stewart	M	1978
Dave Sousa	F	1978
Jim Burns	F	1980
John Lynch	F	1992
Jeff Arciero	D	1998
Dennis Ingram	F	1999
Justin Vallas	F	1999
Mark DiGiovanni	D	1999
Adam Jensen	F	2002
Anthony Azevedo	D	2005
Stephen Potner	F	2006
Vinny Papageorgiou	G	2008
Nick Godzyk	M	2011
Colin Doherty	M	2013
Drew Foley	M	2014
Kory McGilvray	D	2014
Luke Foley	G	2014

Coaches: Frank Lentine/Dick Scanlon/Steve Scanlon

North Intermediate School soccer field named after Coach Lentine

By LIZZY HILL

Street School in 1997.

WILMINGTON — Article 53 at Wilmington's Town Meeting to name the soccer field at the North Intermediate School after the late, Frank Lentine, passed unanimously last Saturday. The field will be named after Frank S. Lentine, as the teacher and Hall of Fame coach who started the first boys soccer program for Wilmington High School in 1964.

Wilmington resident Janet Engram led the charge with help from other former students and athletes to petition this article at Town Meeting this year. She described Lentine as a gentle man who touched the life of every single student he taught. "He was truly a gift to Wilmington," she continued. She valued him as much more than just a soccer coach—also a friend, a mentor, and a role model—and she knows many others who would say the same thing.

While she was a student at WHS, Engram expressed an interest in soccer. Since there wasn't a girls team at the time, Lentine made a place for the few girls interested on the sidelines and included them in any team events like banquets.

"He thought it was so fabulous that women would be interested in soccer," she shared. "He created a place for us."

Lentine grew up in Winchester and played soccer while he studied at Fitchburg College. After graduating from college, he served in the military for two years. His career in Wilmington began in 1960 as a graphic arts teacher at the high school and ended as a guidance counselor at the Woburn

High School in 1997. Besides teaching and counseling kids, his tenure in Wilmington included developing and coaching the first soccer team from 1964. Before he retired from coaching in 1976, he led the boys soccer team to 3 National Soccer League championships and held a record of 81 wins, 21 ties, and 15 losses. He was inducted into the Wilmington Athletic Hall of Fame in the late 1990s. He passed away in 2017 at the age of 84.

Frank's son, Mark Lentini, shared what a huge honor it is for the entire family for his father to be recognized by the town.

"It speaks volumes to my father's character and the type of person he was," he said.

The respect that students, players, and faculty still hold for Lentine also came out when a memorial bench was placed in his honor at the Yentle Field Complex in 2020.

Mark added that not only was his father passionate about soccer since his youth, but he was also passionate about his players. The impact that he made on all of his players and students was especially evident at his father's wake, where students and athletes dating all the way back to the 1960s came out in support. Engram mentioned that everyone who spoke that day claimed they were his favorite.

The soccer field behind the North Intermediate School is where the WHS boys varsity team plays half of their official games today. Engram assured the Town Crier that there will be a sign posted at the field and a dedication ceremony to be announced at a later date.



FRANK LENTINE



Stephen Potner (top),
Dave Sousa (above), Vinny
Papageorgiou (to right),
Chuck Wood (below) and
Tom Stewart (bottom
right).



All-Time Boys Soccer Team

FROM C3W

After he left Wilmington, he went on to have a solid career at UMass-Lowell, as a potent goal scorer.

DAVE SOUSA

A natural goal scorer, Souza still ranks as one of the all-time leading goal scorers in program history even after his records have been broken for several decades now. In 1977, he was one of the top scorers in all of Eastern Mass, set a Merrimack Valley Conference record at the time with 29 points in a season, was the Lowell Sun's Player of the Year and he held the single and career point records at WHS for a number of years before it was broken.

He went on to play at Westfield State.

TOM STEWART

A tremendous three-sport athlete, who is among the many on this list enshrined in the Hall of Fame, Stewart was a hard-nosed center midfielder, who was a part of four state tournament teams, including the 1975 league championship squad.

A captain, he was also named to the All-Conference and Lowell Sun All-Star teams.

STEVE WINCHELL

At six-feet-four inches, Winchell was an extremely intimidating player on the backline, who was seen all over the field. He took every corner, free kick, throw-in and jumped in the offense as much as possible.

He was such an important part to the 1975 team's league championship title, a season that



STEVE WINCHELL

saw the 'Cats finish 14-1-1, while advancing to the state semi-finals.

A strong three-sport athlete, he was inducted into the school's Hall of Fame a number of years ago and gave the greatest speech.

CHUCK WOOD

In his three years, '72-'74, Wood helped the 'Cats finish 10-1-3, 11-1-2 and 9-3-2 overall, which included two league titles and three state tournament appearances. One of the seasons, he posted 13 shut outs and believed to have combined for 15 in the other two.

Like many others on this team, he was also an Eastern Mass All-Star in 1973 and was also a Lowell Sun selection in '74.

COACH

FRANK LENTINE/DICK SCANLON/STEVE SCANLON

There's been four coaches in the history of this program and three of them are in the WHS Hall of Fame, Frank Lentine and Dick and Steve Scanlon. The other coach Bill Peabody served as Lentine's longtime assistant before taking over for four seasons. He could easily be in the Hall.

So of the three, trying to



DICK SCANLON (ABOVE), STEVE SCANLON (BELOW).



STEVE SCANLON

pick one here as the ultimate best, is like asking someone to pick Mo, Larry or Curley. It's impossible.

Lentine started up the program and had instant success. From 1969-77, he had a record of 95-25-19 with three league titles.

Dick Scanlon coached from 1982-2000, and all he did was win three Division 3 North Sectional Championship titles, taking one team to the state final and two others to the Eastern Mass Championship game.

Steve surpassed the 200-win club here at WHS and has almost 350 in his

career, including a state title at Westford Academy, and countless number of deep runs in the state tournament here.

All three of Hall of Famers in my book and certainly all belong on this team.

LINE-UPS

As I have been doing in most of the other teams is a line-up card that I would put together. This one is impossible, and I think no matter what combinations I pick or someone else would pick, these team would be a top of the line team in the state, public school wise.

On one hand you could have a forward line of John Lynch, Dave Sousa, Dan Burns and Arruda which to me would be unstoppable, with a midfield group of John Kalkanajian, Richard Lipski and I would slide DiCecca back there as an attacking midfielder, and then on defense it would be Jim Burns, Winchell and Aprile, with Papageorgiou in net.

The second group you could have Vallas, Ingram, Mark Kalkanajian and Decker up front, with Doherty in the middle and then Arciero, DiGiovanni and McGilvray in the back with Wood in net.

That leaves the last six players which includes goalie Luke Foley, forwards Adam Jensen, Stephen Potner and Paul Marasco, midfielder Nick Godzyk and defender Anthony Azevedo, and that's also a pretty stacked reserve list.



Girls track team preparing to face tough Middlesex League teams again

By JAMIE POTE
Sports Editor

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WILMINGTON - Just two weeks ago, the Wilmington High School girls track-and-field team finished the abbreviated Fall-2 (indoor) season with a tremendous 4-1 record, despite having just 21 members on the team.

Now those same 21 athletes, as well as an additional seven others, will try to continue that success and perhaps make some more noise as the abbreviated outdoor season gets underway on Thursday against Burlington at the Kelley Memorial Track starting at 4 pm.

"We had a great Fall-2 season. We had the smallest team, well us and Watertown both had the same amount of kids of 21 and in some meets I didn't even get to have all 21 kids competing, so that goes to show the depth and the versatility that we had with all of these kids," said head coach Brian Schell. "The best thing about this team is the versatility. These kids can mostly do any event."

"We're hoping to have our first ever winning season (since I have been the coach). We were 1-3-1 in 2019 and we have never beaten Burlington, Wakefield or Melrose. With the field events added, we're hoping to be really competitive against most of the teams. I think we're going to have a lot of close meets that come down to the relays. Hopefully the depth that we have can help us in those meets."

This spring season the

team will be led by co-captains Katie McLaughlin, a senior, and Amanda Broussard, a junior.

"Katie, who has been just a Godsend to me. She has just been huge for me and she's probably one of the more coachable kids I have ever had. Katie another versatile athlete with the 400-meter hurdles and she is also going to step up in the 800. That will be a tough double, but I know she's ready to do it. As far as a leader goes, she's just a natural born leader. She has done everything for me. If any of the girls needs their heads to be picked up, it's Kaitlyn, who is the first one to step up to try to cheer them up and get them back going in the right direction."

"Amanda is also a great leader and captain. I always like having a junior as a captain so they are always going to be my leader going into the following season and to set the precedent into the off-season to get these kids moving especially the younger kids. She will be our top middle distance girl with the 400. I know her goal is to break that 60 second time in the 400, so I have been working with (former WHS star athlete) Emma Garrity to see what kinds of things she has been doing (while at Bryant University) so I can give some new ideas and workouts to

Amanda."

Two years ago at the Eastern Mass Class C Meet, McLaughlin was 19th in the 400-meter hurdles (1:13.12) and Broussard was also 19th in the 400 (1:04.67) and

how she is hoping to break 60 second mark. The two of them were also a part of the 15th place 4x400 relay race along with Angelina Zaykovskaya and Maggie Bourgeois.

In the distance events, Wilmington will look to juniors Shea Cushing and Olivia Erler, as well as sophomore Mallory Brown and freshmen Hannah Bryson, Elinanna Chronopoulos, Miala Stryhalalek and Sofia Pitzen.

In the middle distance events, besides

McLaughlin

and Zaykovskaya, will be other versatile girls including senior Maggie Bourgeois and freshman Neda Stoeva, who will also compete in a number of the jumping (high, triple, long, hurdles) events.

The three Doherty sisters, junior Kaitlyn with freshmen twins Alison and Emily, will also be versatile between the sprints, some middle distance events, the relays and perhaps some field events.

"We have a strong sprint group with the Doherty sisters, Kaitlyn and Ali



Co-captains of this year's WHS Girls Outdoor Track-and-Field

In the middle distance events, besides

Amber Broussard. (photo by JoeBrownphotos.com)

and even Maddie (Mulas) has also been consistent. We have a good triple threat in the dash, so that's good," said Schell.

Mulas is a junior sprinter, while sophomore

Kayla Flynn will be in the sprints and jumping events with support from freshmen Christina Chesbrough, Emily Grace, Molly MacDonald and Mollie Osgood.

"The 21 girls who made up our Fall-2 indoor team

are all returning and then we also have seven more girls, including two more freshmen, Christina (Chesbrough) and Mollie (Osgood), and one of

them looks strong in the sprints and the other looks strong in the hurdles and jumps, so there's more depth for us," said Schell.

With the strength of the team includes the talent and experience from the Fall-2 squad and the versatility, it also includes the depth and talent in the field events.

"With the outdoor season now, with more events, we should be better as we have a strong field events group. We have a really strong throwing group for sure as far as discus and javelin," said Schell. "We have Amber Flynn for dis-

cus and javelin, we have Sarah LaVita for javelin and we have a few people who have already thrown over 80 feet in these early practices including Isabelle (Puccio) and Alessia (Puccio) and even Sarah can also throw the discus.

Molly (MacDonald), who ran the 300 in the Fall-2 season, is showing great promise in the javelin, so we have some depth in both of those events.

"The shot put we're still looking for some depth, but I know Amber will be our top thrower and she's already thrown 29 feet. Lilly Rubin will also compete in the throwing events.

"The long jump we kind of lacked a bit in the fall and every team did, but we're hoping to get everyone up to 15 feet this season. We have Celia (Kulis) and Kaitlyn (Doherty), who are really good with the jumps. They will rotate between long jump and triple jump. High jump we still have Kayla (Flynn) and Celia, Maggie (Bourgeois) as well, so we got a good strong group in the field events, which is always great to have."

Two years ago, LaVita was sixth at the league championship meet in the javelin throwing 92-05.

Wilmington will have five meets this season, with Burlington and then at Wakefield on the 11th, at Melrose on the 20th and then home with Watertown on the 25th and Stoneham on June 1st. There's other scheduled meets tentatively scheduled including the state relay and the Eastern Mass Meets.

WHS Boys Track-and-Field Preview

'Cats will get battle tested right away against Burlington

By JAMIE POTE
Sports Editor

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WILMINGTON - In terms of dual meets - going up against the rest of the Middlesex League Freedom Division teams - the Wilmington High School boys track-and-field team has fared very well over the last few seasons. Two weeks ago, the Wildcats finished 4-1 in the abbreviated Fall-2 (indoor) season and then in 2019, the last outdoor season, Wilmington again had a 4-1 record.

The quest to continue that success will be tested right away, starting Thursday when the 'Cats host league and state power Burlington in the spring season opener to be held at the Frank Kelley Memorial Track.

"So during the indoor season, we lost to Burlington by just a few points, I think it was 55-37, so this outdoor season we're trying to take advantage of the spring events like the 400-meter hurdles, the javelin and the discus, so we're trying to work those events," said head coach Mike Kinney.

"We have Burlington first on the schedule which is kind of unfortunate but it is what it is. We face them on Thursday and we have a short amount of time to get ready."

"We've had three practices so far and the meet is in a week, so we have to get ready really quick. We're working on speeding things up as far as execution and strength and conditioning stuff in the beginning of the season is sort of taking a back seat so we can work on the execution of those technique events. It should be interesting and the meet should be really close."

"Burlington is a powerhouse every year so it would be really great for our program if we can beat them. Then right after that we have Wakefield, who will be another tough battle and that's the following



Wilmington Boys Track Captains for this outdoor season include from left, Sean Riley, Aidan McGrath, Owen Surette, and Sam Juergens. (photo by JoeBrownphotos.com)

Tuesday so we really don't have much time to rest."

Much like the past indoor season, the 'Cats have a handful of veterans, who the team will look to lead the team on and off the track.

"We had 36 kids for the indoor season and now we have 51 for this outdoor season. It was nice to see a lot of freshmen and sophomores show up so that will help us in the future. We still have a great group of seniors who are just some really talented kids, all ten of them. We're rely on them primarily and the captains," said Kinney.

The four captains include Sam Juergens, Aidan McGrath, Sean Riley, who will be running next year at D1 UMass Lowell, and Owen Surette. Back in '19, Juergens finished seventh in the triple jump and ninth in the long jump at the league

championship meet. On the same day, Surette was third in the pole vault and tenth in the mile, McGrath was fifth in the 400 and Riley was 18th in the 800, but ended up finishing 11th at the D3 Eastern Mass Meet.

McGrath was eighth that day in the 400 and Surette had a big day finishing ninth in the pole vault, 13th in the mile and 28th in the javelin.

"We're really strong in the middle distance events with Riley, McGrath, Surette, Sean Lydon will be good in the mile and the 800. Sam Juergens will lead us in the hurdles and jumps, while Isaac Avila is strong in

the long jump, and Jeandre Abel is coming off very strong seasons as a sprinter.

"Jeandre had the fastest time in the league in the dash, so he's going to lead us in the 100 and 200," said Kinney. "He hurt his hip flexor at the end of the indoor season so we're hoping that he will make a full recovery so he'll be really strong for us."

Other returning seniors include Patrick O'Mahony, who is strong in the middle events, Lyon, while depth in different events will be provided by Alexander Paquet, Colton Sullivan, Chris Wong and Faraz Ali. The other senior is Nemera Camara, who along with junior Nate Rebinskis, are newcomers after playing football. Camara will be competing in the hurdles and jumping events and Rebinskis is trying to see

what his best events will be.

The other juniors on the team include Evan Shackelford, Luka Smiljic, John Ware, Jack Melanson, Liam Lydon and Nicholas DiNatale and they all have experience. The sophomore class includes Braden Huddleston, Braydon Gorski, Lucas Graham, Domenic Feeney, Noah Carriere, Nicholas Atwater, Tyler Sheehan, John Spencer, Roman Moretti, Owen Mitchell, John McNamara, Charlie Maiella, Jonathan Magliozi, Cooper Loisel and Nikos Koss.

The new freshmen group includes Aryan Patil, Sean Patrone, Charles Rosa, Nicholas Samaha, Hunter Sands, Michael Oatis, Tyler Nguyen, Daniel McElligott, Benjamin Marolin, Jonathan Forseyth, Connor Crane, Thomas Burns and Aidan Burke.

"We have just an awesome group of kids. I really like our chances (to have a successful season)," said Kinney. "These kids love being here. Track is a huge part of their lives. The team camaraderie is just awesome for these kids. They have been out for a year and we haven't had spring track in two years, so everybody really enjoys it. The attendance has been 100 percent in these three days, so there's never any attitude problems or anything like that."

Wilmington will have five meets this season, with Burlington and then at Wakefield on the 11th, at Melrose on the 20th and then home with Watertown on the 25th and Stoneham on June 1st. There's other scheduled meets tentatively scheduled including the state relay and the Eastern Mass Meets.



The senior captains of the WHS Girls Lacrosse team includes from left, Shannon Murphy, Ida Bishop, Kylie DuCharme and Zoe DeRose. (photo by JoeBrownphotos.com)

WHS Girls Lacrosse Preview

Wildcats hoping to hit their stride during abbreviated season

By MIKE IPPOLITO
Sports Correspondent

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WILMINGTON - The last time we saw the Wilmington High Girls Lacrosse team, in the spring of 2019, they had just wrapped up a 2-14 season under the direction of first year head coach Bill Manchester. And while that record may not have sounded impressive, it marked an improvement from the previous year's winless campaign, while also providing hope for the following season, with several young players having made great strides in their game.

However, that season never came when the 2020 season was canceled due to the COVID-19 pandemic, denying those players a chance to build on the improvement they had shown during the 2019 season.

That was the bad news. The good news for the Wildcats is that several of those same players are set to return this season. And while it may take a while to pick up where they left off in 2019, Manchester is looking forward to seeing his young team continue to improve, even as they battle in a talented Middlesex League Freedom Division.

"It is tough because the Middlesex League has so many good lacrosse teams, we know that even as we improve, we are going to be facing a big challenge," Manchester said. "(In 2019) we felt like we really did not hit our stride until late in the season.

WYSA offering five scholarships

The Wilmington Youth Soccer Association (WYSA) is proud to announce five scholarships will be awarded this year. Each of the scholarships will be for \$1,000.00.

The scholarship program is open to all graduating seniors who have participated in the WYSA soccer program.

Each candidate must submit a completed application, a copy of the applicant's High School transcript which includes grades at mid-year of the Senior Year, one letter of recommendation from a non-relative who is a resident of Wilmington or a school teacher or administrator, and a one to two page essay.

Scholarship applications are available at the Wilmington High School's Guidance Department or by visiting wilmingtonyouthsoccer.org. Completed applications and materials must be received no later than Friday, May 7, 2021, to be eligible.

Any questions may be emailed to VPAdministration@wilmingtonyouthsoccer.org.

"We felt good going into last season, so we were very disappointed we didn't get to have a season, especially for the kids who would have been seniors. But now that we are back, the girls are all excited to get started."

Of course, getting started this season has been a little different than getting started most seasons, with a condensed tryout period, and a much more limited time before their season opener on Thursday night against Burlington, but Manchester and the players are doing the best they can to adapt to the new circumstances.

"It's been a little difficult preparing, because normally we have two weeks before our first scrimmage and then another week after that before our first game, but this year we are just flying into it," Manchester said. "This year we did not get a chance to go over any situational stuff before our first scrimmage, so we will have to work on that. But the girls have been great. They will adapt."

Some of the players that Manchester will be counting on most to help the team adapt will be his five returning players from the 2019 squad, all of whom are now seniors. The group includes goalie Shannon Murphy, along with defenders Zoe DeRose and Alexia Bittarelli, along with junior Rhiannon Dymont.

"Zoe and Alexia played very well in our scrimmage and they will be stalwarts on defense for us," Manchester said. "And Rhiannon fits in really well with the two of them. She is hard working and she wants to improve and she just has a real good understanding of the game."

Manchester will be looking for an offensive spark from DuCharme and Bishop, in the midfield as well as from sophomore Jess Collins and Sloane McIntyre at attack.

"Ida and Kylie are going to be great for us transitioning from defense to offense, scoring goals or finding other players to score goals," Manchester said. "And Jess and Sloane have already impressed us with how well they are doing as just sophomores."

"All five of them played some varsity as sophomores, so that will help them a lot," Manchester said. "The kids it's tougher on are our juniors, who missed out on a critical year, because they either would have seen some time with the varsity, or would have played a full year of JV and gotten some valuable experience."

"As for our seniors, they have been amazing. All five of them have been great working with the

younger players, and helping us get ready for the season."

Leading the charge among those returning players for the Wildcats will be Murphy, who had an outstanding sophomore season, and despite missing out on her junior season, attracted a great deal of interest from college scouts. She will be attending Colorado Mesa University in the fall to continue her academic and athletic career. But prior to that, Manchester is looking for a great season from his veteran goalie.

"She has been unbelievable. She is so good, and she acts like another coach during practice. She is like a defensive coach and I take the middies and the offense," Manchester said. "She has her college scholarship, but I am sure she would have had Division 1 offers if there had been a season last year. She is rock solid in net for us."

Helping Murphy protect the Wilmington net will be defenders DeRose and Bittarelli, along with junior Rhiannon Dymont.

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Another midfielder Manchester will be counting on is junior Jenna Moore, who is off to a great start with the team. Manchester expects even bigger things out of Moore when she starts to realize just how talented she actually is.

"She has come a long way and she is doing a really great job," Manchester said. "She just needs to have that confidence and start to believe that she is a good lacrosse player."

Along with their obvious strength on defense with Murphy and some veteran defenders, Manchester believes the Wildcats ability to play as a team will also serve them well.

"Our willingness to trust each other will be a strength for us," Manchester said. "We are not there yet, but we are getting there. We have to trust our passing and setting each other up to create some goals. We are seeing the beginning of that and it is very exciting."

As for just how good the Wildcats will be this season, as they play a ten game slate exclusively against Middlesex Freedom Division opponents, Manchester isn't necessarily willing to promise a .500 record and a tournament berth, but he is confident that his team will be competitive in every game. The fact is, that two years ago while they were 2-14 overall, they were 2-4 in Freedom Division games, and were in contention for a tournament berth via the Sullivan rule up until the final week of the season.

"We play all five Freedom Division teams twice and I think that will be a big help for us. Those are all good, tough teams, but we can compete with each of them," Manchester said. "Our goal is to get into the state tournament. That has to be the goal."

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"All five of them played some varsity as sophomores, so that will help them a lot," Manchester said. "The kids it's tougher on are our juniors, who missed out on a critical year, because they either would have seen some time with the varsity, or would have played a full year of JV and gotten some valuable experience."

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New coach, new goals for boys lacrosse team

By MIKE IPPOLITO

Sports Correspondent

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attack, Xavier, a defender, were sophomores and Erickson, a midfielder, and Murphy, a long stick middle, were just freshmen.

Keefe is looking for more of the same from the group this season, both on and off the field.

"They have on field talent that shows a good representation of how we want to play the game. They have picked up on a lot of what we want to do, both strategically, as well as what we want to do as a team, attitude wise," Keefe said. "We want high energy skill guys to build our team offense and these guys fit that bill. They have also been great with the younger players and are providing great leadership so far."

One of those teams that likely missed out on a potentially great season was the Wilmington High Boys Lacrosse team.

Coming off a 5-11 record in 2019, but having shown great improvement down the stretch of that 2019 season, the Wildcats had several key seniors set to return to their lineup for the 2020 season.

Led by stars like mid-fielder Christian Robarge and attack Zach Kincaid among others, and under the direction of an enthusiastic new coach in Jeff Keefe, the Wildcats looked like they had a very realistic shot at earning a state tournament berth.

The Wildcats never got that chance of course, but they are putting that missed opportunity behind them as they prepare for what they hope will be an equally successful 2021 season, with a less experienced, but equally or perhaps even more enthusiastic group of players who couldn't wait to hit the field last Monday for the first day of practice after missing out on last season.

"Monday was like Christmas morning for us," Keefe said. "The kids were just really excited to be out there and be able to play. It is the start of something that we wanted last year and missed out on, and the kids are really excited and ready to go."

While the enthusiasm is off the charts for the Wildcats, Keefe acknowledges that there is plenty of work to do before they are a tournament team this season. But it is work that he and the players are very looking forward to.

"You will always need to practice technique at the start of any season, and this year is no different," Keefe said. "Nobody is where they want to be right now, but with every day they come to practice and keep working, they will make up for that. With the work we are putting in, we hope to be playing at a high level very soon."

Leading the way to help get the Wildcats to that high level will be their senior captains Shane Roberts and Patrick Xavier, along with junior captains Luke Murphy and Gavin Erickson. All four players are coming off excellent seasons in 2019, when Roberts an

"They are both guys that we will be looking at to help us both this season and in the future," Keefe said.

Other players who will be looking to make their mark with the Wildcats include senior Matthew Pendenza, juniors Tristan DiMeco, Alfonso Gambale, Nickolas Giniotis, Keegan Gray, Jack Malloy and Jack Rooney, along with sophomores James Caples, Michael Daniels and Owen White, and freshmen Robert Cyr, Bruce Green Audette and Charles Rooney.

When figuring out how to best maximize the talent on his roster, Keefe is very happy that he has Turner alongside as his assistant coach.

Turner, the Wildcats head varsity football coach, has helped make Keefe's transition into the head coaching role much easier.

"Craig had no break at all after football season, but he has been a great help to me and to the team," Keefe said. "He is great working with the guys, keeping the morale up and getting so many players to come out for the team. We both can't wait to get the season started."

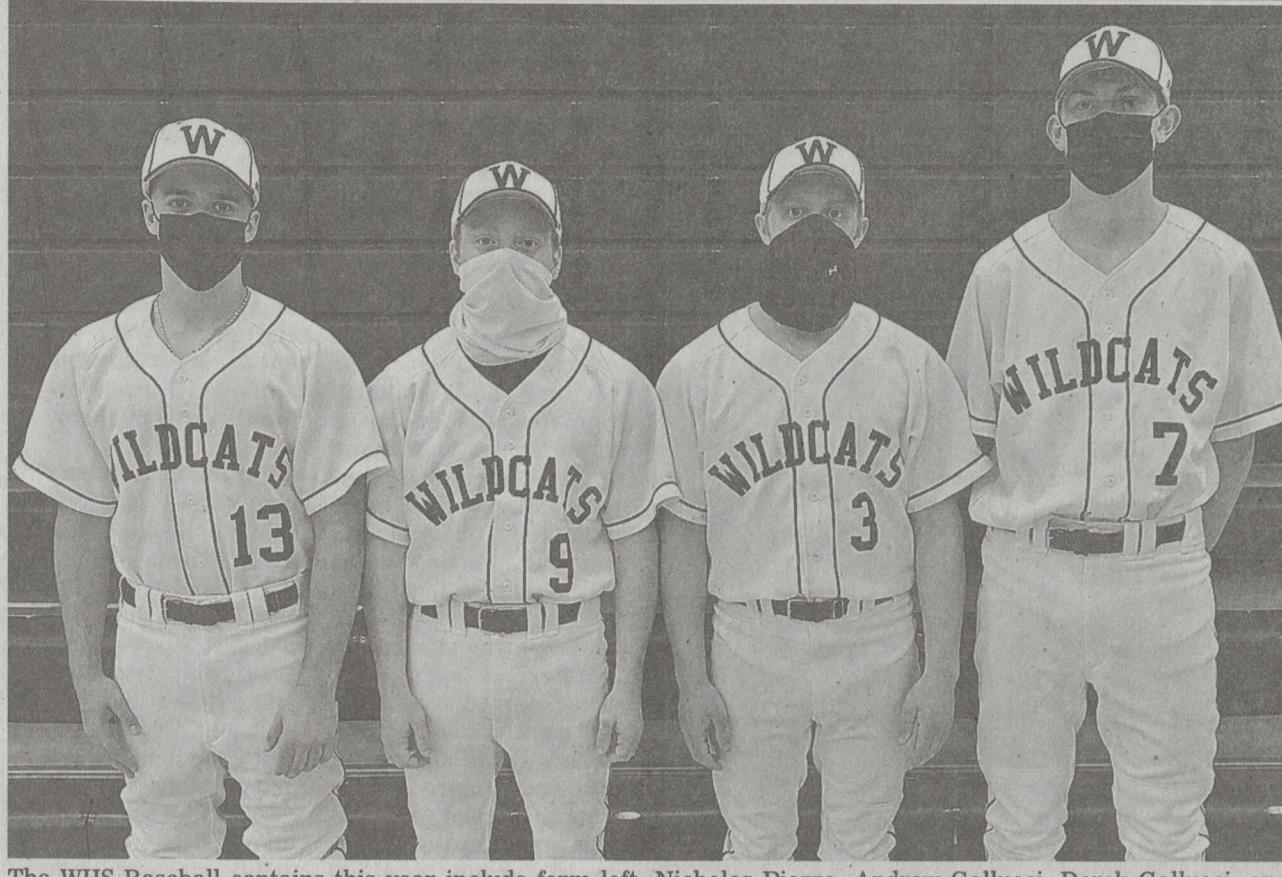
When that season does start, the Keefe is hoping that his team can have a winning season against a schedule that is exclusively made up of Middlesex League Freedom Division opponents, but he knows it will not be easy.

"You can only play the games they put on the schedule," Keefe said.

"We don't want to look too far down the road, but we have some talented players who can do well this season. We hope to learn more about what they can do, and hopefully we will surprise some people. We are hoping to play well, and if playing well results in us getting into the tournament, then that would be great."



The senior members of the WHS Boys Lacrosse team includes from left, Shane Roberts, Patrick Xavier and Matt Pendenza. (photo by JoeBrownphotos.com)



The WHS Baseball captains this year include from left, Nicholas Piazza, Andrew Gallucci, Derek Gallucci, and James McCarron. (photo by JoeBrownphotos.com)

WHS Baseball Preview

On the diamond, 'Cats have some arms and bats to be competitive

By JAMIE POTE
Sports Editor

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WILMINGTON - Like all of the other spring sports teams across the state, the Wilmington High School baseball team has limited practices and times to get ready for this upcoming season. Numbers are down across the state due to the pandemic, yet baseball will begin on Thursday with a game against Burlington.

At the time of the interview with veteran head coach Aldo Caira, the team had just three practices in which makes it difficult to access exactly what the team has at this point. But in those three days, Caira is optimistic knowing he has some kids who can certainly play.

"It's way too early to (really gage anything), but so far I do like the way the kids have been swinging the bats for not playing (for two years)," said Caira. "Some of them did play over the summer and some played in the fall league and that was good as you can see that."

"We have a lot of strong kids on this team who can hit line drives. Matt (Vinal) Marcello (Misuraca) and Garrett (Moretto), and the two Gallucci's, (Derek and Drew) they hit the ball really well. Joey Dynan is another one. We're going to be competitive this year."

In 2019, the 'Cats finished 10-11 overall, which included a first round state tournament loss to

Dracut. The 'Cats were slated to have almost that entire team back in 2020, but the season was canceled with COVID-19. Many of those kids ended up graduating last spring, so now the 2021 roster is comprised of four returning players - who are also this year's captains - with varsity experience, the Gallucci Twins, James McCarron and Nicolas Piazza.

Piazza will return as the team's catcher, McCarron will play first base and also see some time on the hill, mostly in relief, Drew will play second base and Derek will be in center field.

"I think we're going to be strong up the middle. Nico will be catching, Drew will be at second and then Tyler (Fenton) will be at short when Joey (Dynan) pitches, and then Joey at short when Tyler pitches. Derek will be in center field so that will be a pretty solid up the middle group. I like Nate (Packer) in left field, he's really quick and he can catch the ball. Right field is a question mark right now."

The options right now for right field could be between seniors Jason Davey, Sam Cedrone and Ryan Forcina, as well as sophomore Burke Zimmer, who will see time on the mound. Or another option could be moving someone from the infield to that open spot.

"First base will be Jimmy (McCarron). I have three third basemen

which is an issue right now," said Caira. "It's a huge issue. I have Garrett, I have Marcello and I have Matt, who all play third base and who can all catch, which is another plus. To find them all playing time will be another issue. I'll have Matt play some first base and maybe in right field a little bit, maybe have another one DH, just to keep everyone's bats in the line-up. Those three guys are probably going to be the strongest hitters in our line-up."

That leaves the final spots to the pitching staff and through the first few days of pre-season, Caira likes what he has and also thinks there's real strong depth there as well.

"One of the reasons why we went with two teams instead of three (with the freshmen team) is because when I originally started to look at numbers, we really only had three pitchers on varsity so I needed at least three more," said Caira. "I was able to bring three more pitchers up who I think are going to be very, very solid. Tyler Fenton is going to play at Rivier and he's going to be a pretty decent pitcher. Joey Dynan is a junior so they will be 1A and 1B and then we have Jimmy McCarron, who will throw some innings."

"With just two games a week, we'll probably go with Fenton and Dynan and Jimmy will see relief. Burke Zimmer, Jacob Roque and Jack Twoomey

also all throw the ball really well and pretty hard as well. They will all be used because of the pitch count that has been put in place."

Wilmington had to forgo the freshmen team and just have a JV squad and former players Chris Grecco and Chris Frissore share the coaching duties for that squad.

"Across the league, the numbers are down. I know Burlington is in the same boat as us," said Caira. "I'm not sure what it is, I would imagine COVID is the main reason because we have never had numbers like this. We have 34 right now between the two teams and two years ago I think we had 15 on all three teams so maybe 45 or 46 kids in total. It's tough but as a core, I think this varsity team is going to be good. They can hit, I know we can pitch with what I have seen these last three days and we'll see what happens."

Wilmington will play ten games this season, all home-and-home series with the other Middlesex League Freedom Division teams. The 'Cats will travel to Burlington on Thursday before hosting the Red Devils on Saturday at 1 pm. The other home games will be on Saturday, May 15th vs Wakefield (1 pm), Tuesday the 18th vs Melrose (4 pm), Tuesday the 25th vs Watertown (4 pm) and Monday, May 31st vs Stoneham (1 pm).

Softball team, young, but full of potential

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com

WILMINGTON - From

2014 to 2019, the

Wilmington High School

girls' softball team qual-

fied for the state tourna-

ment each year, including

'19 when the 'Cats were

defeated in the first round

by Essex Tech. Last

year's season got can-

celed with the pandemic,

so heading into this sea-

son, veteran coach Audrey

Cabral-Pini is hoping to

keep that streak going,

but she admits she has

some concerns at this

point.

"We are a young team, but we have a good nucleus of returning players," she said. "It was very tough losing an entire year. Some kids didn't touch a bat or ball until tryouts. In addition some players opted not to return this year. With a shortened season it's going to be challenging to master in all the necessary defenses (slap, bunt coverages, first and third etc.)."

"Similar to Audrey, who lost out her freshmen year (of pitching at the varsity level). "She pitched two years on JV and with this experience plus her club team experience she will do well," said Cabral-Pini. "She is poised and calm which helps her defense. She has a variety of pitches. Fastball, change up, drop curve as well as continuing to work on other pitchers with her pitching coach."

"We are excited that we

are playing and hope that

we do not lose any of our

games due to weather or

COVID-19."

The returning varsity

players include four sen-

iors, co-captain Ashley

Crawford and Jenna

Sweeney, along with Tori

Gemellaro and Kiara

Nadeau, and then junior

Bella Kieran.

"Jenna Sweeney is our

most experienced infielder," said Cabral-Pini. "She

is a captain and an all-

star. She will be moved

from second to shortstop.

Kieran.

Olivia Roya is new to program. She is good speed and may see some time as a runner as well as outfield. She just constantly hustles," said Cabral-Pini. "Maddie Kelsey is up from the JV team. She's a good teammate and will play outfield. She has hit the ball well in practice."

The final five spots have gone to four sophomores including batters Aubrey Powers and Abby LaClair, as well as Maddie Alexander and Sofia Scalfani.

"Unfortunately Audrey lost out her freshmen year (of pitching at the varsity level). "She pitched two years on JV and with this experience plus her club team experience she will do well," said Cabral-Pini. "She is poised and calm which helps her defense. She has a variety of pitches. Fastball, change up, drop curve as well as continuing to work on other pitchers with her pitching coach."

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The WHS Varsity Softball team will be led by co-captains, Ashley Crawford (left) and Jenna Sweeney (right). (photo by JoeBrownphotos.com).

Her leadership will develop and lead our infielders.

She covers a lot of ground.

Offensively, she will once

again bat lead-off. She

has great speed and led

team in steals.

"Ashley Crawford is the other senior captain and also a league all-star. She did a nice job for us as a catcher two years ago. She is versatile and will also see some time at third or outfield. She has nice speed and a good bat.

"Bella Kieran will return to first base. She has a big explosive bat and will bat third or clean-up. Tori Gemellaro was our courtesy runner two years ago as well as playing some outfield. This year she will be in the outfield and may log some innings at second base. She is a great teammate.

"Kiara will return to the outfield. She has been out for a bit and is slowly working self back into playing shape. She is always encouraging her teammates."

"Sofia also is an experienced JV player. She has played most of her softball career as a shortstop, but for this team she will be starting second base. Sofia is very athletic, she has a very strong arm and will take lots of cutoffs."

"Although she is a freshman, Lily is very focused and improves with each repetition. She has good speed as well as hitting mechanics."

"Wilming opens the season on Thursday night at 6 pm at April Field against Burlington. The 'Cats will play ten games this season, all home-and-home series against Middlesex League Freedom Division teams. The other home games will be on May 11th vs Wakefield (6 pm), May 22nd vs Melrose (1 pm), May 29th vs Watertown (1 pm) and June 5th vs Stoneham (1 pm)."

"We have good chemistry and team unity. Everyone is excited to have a spring season. We should be very competitive," said the coach.

Austin Prep names new girls hoop coach

READING, MA —

Austin Prep has appointed Stephanie Bramante as the school's new Head Varsity Girls Basketball Coach. Bramante takes the helm of the program after achieving considerable playing success at the high school and inter-collegiate levels.

"As with any coaching position at Austin Prep, the best candidate will

have the right experience, exceptional gifts, and be mission-aligned. We are fortunate to add an individual who brings a unique balance of these attributes," Director of Athletics Pat Driscoll said.

"Coach Bramante's experience, understanding of the Augustinian values, and passion for developing the student-athlete makes her an excellent choice to lead our Girls Basketball Program."

A native of Stoneham, Bramante was a four-year varsity basketball player at Stoneham High School, where she served as team captain as a senior. Bramante had an outstanding prep career, highlighted by Stoneham winning the Middlesex League Championship during the 2012-2013 season. A participant in AAU tournaments across New England, Bramante went on to play basketball at Roger Williams University.

While at Roger Williams, Bramante was a regular on the School's academic Dean's List and was named to the Roger Williams and conference All-Academic team in the 2016-2017 and 2017-2018 seasons. She was named Team Defensive Player of the Year in 2017, and selected as a co-captain during her senior year. Also during her senior season, Roger Williams finished with a 15-3 conference and 23-6 overall record, competing in the Division III NCAA Tournament for just the

second time in program history in March 2018.

Shortly after graduating from Roger Williams University, Bramante accepted a graduate assistant position at Providence College working for Student-Athlete Services while obtaining her Master's Degree in Education.

In addition to her new role, Bramante currently serves as the Administrative Assistant in Austin Prep's Department of Athletics, and in the past served as the Head Junior Varsity Basketball Coach and Assistant Varsity Coach for the School.

"It has been a pleasure to coach within the program for the past two years as the Head Junior Varsity Coach, and to now have this opportunity is such a dream come true. I am thankful for the people in my life who have mentored me and supported me throughout my basketball career to get me to where I am today," Bramante said.

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"Kiara will return to the outfield. She has been out for a bit and is slowly working self back into playing shape. She is always encouraging her teammates."



The captains, who are also the three seniors on the WHS Girls Tennis team includes from left, Vidhi Shah, Lauren D'Arco and Johanna Robinson. (photo by JoeBrownphotos.com).

Girls Tennis team swinging for a fun, successful season

By MIKE IPPOLITO
Sports Correspondent

sports@yourtowncrier.com

WILMINGTON - It has been quite a great run of success for the Wilmington High Girl Tennis team in recent years, with three straight eleven win seasons from 2017 through 2019, earning three straight tournament berths to go along with their great records.

The Wildcats were led during that great run by a core group of players which included Emily Hill, Lia Kourkoutas, Jess D'Arco and Carolyn Roney among others. But all of those players are gone now, lost to graduation, including Roney, who missed out on her senior season when the 2020 season was canceled.

For three and in some cases four seasons, Wilmington coach Matt Hackett knew who he was going to be able to pencil into his lineup, and confidence that they could compete against the best of the Middlesex League had to offer.

This season, however, will have a bit of a different feel to it for the Wildcats, or perhaps it would be more accurate to say that it will have a much different feel to it, with the Wildcats having only four returning players from the 2019 team, while 17 new players are on the roster.

But while the path might be a little bit harder this season, Hackett and his players, both new and returning, are eager to get started on the season after missing out on the chance to compete in 2020.

"I think it goes without saying that everybody is just excited to be back," Hackett said. "The spring kids were the only season

to miss their whole season, so it was devastating for us last season. We had a couple of seniors who missed out on their final season, and we had a lot of kids who missed out on a year of development.

"Plus, there is just the mental aspect of missing out on doing what we love. The girls are excited at the start of every season, but this season it is just through the roof."

While the Wildcats were hit hard by graduation over the past two seasons, they do return four key players to their lineup, each of whom will be relied on heavily by Hackett to lead the rest of the younger and more inexperienced roster.

Senior tri-captains Lauren D'Arco, Johanna Robinson and Vidhi Shah, along with junior Alyssa Fricia each saw some level of varsity play in 2019, and Hackett is hoping that their experience, as well as the work they have put in, even during a pandemic, will help lead the team to a successful season.

A big bulk of that leadership will fall to the D'Arco, Robinson and Shah in their role as captains. Hackett couldn't be happier with what the trio have brought to the team so far in their roles as leaders in the early going of the season.

"It is great to have captains with different leadership styles and we are very fortunate to have that with these three," Hackett said. "Lauren and Vidhi are very hard workers and are always so overly critical of themselves. They are always trying to improve and that rubs off on the other kids. Johanna is just as hard a worker, and she brings a

positive energy to the team like I have never seen before. She is willing to do whatever it takes to help the team. She is the one leading the pre-game chat and getting the kids fired up.

"All three of them care so much about keeping the team together, because that's how it has been for the past three years. That's what makes them so special. They are so intent on making everybody feel like part of the team."

And as for the players that the Wildcats have lost over the past two seasons, while it is obviously not the ideal situation they would have liked to find themselves in, Hackett is philosophical about the challenges his team is facing.

"It is a huge factor, no doubt, but you have to remind yourself that everyone is in the same boat," Hackett said. "Everyone has lost kids over the past two seasons, or had to have kids jump from JV to varsity or from second doubles to singles. It is just the way it is. We are just excited to play. Everyone wishes we had last year back, but we don't."

While the four returning players will definitely be in the Wildcats lineup in one way or another, with D'Arco likely taking over the first singles spot, everything else is up in the air for this lineup. It is a reality that brings its share of challenges, but as Hackett pointed out to his players, it also brings an opportunity.

"Until we get out there and see how the team develops, we don't know who we are, but we are confident we can compete with all of the teams on

our schedule, because we are playing only Freedom Division teams," Hackett said. "That brings a certain level confidence for us. And our lineup is wide open. At practice, I showed them the blank lineup card for the year as motivation. How often do you get that chance? Hopefully they look at it as an opportunity."

Those players that Hackett hopes take advantage of the opportunity will include juniors Madison Ahern, Danielle Flaherty, Page Lohrman, Medha Pal, Melanie Phares, sophomores Marissa Gallozzi, Emily Gray, Emily Tran, Julia Kane, Carolyn Haas-Timm and Marnie McBride as well as freshmen Madison Benoit, Maria Cummings, Gracy Giammarco, Carline Jenks, Sophia LaVita, Alexis Melvin, Katherine Murphy and Priscilla Vo.

"We are taking baby steps right now," Hackett said. "Everyone is finding their role. We have 17 new members of the team, so we have a lot of people who still need to learn strategies and strokes. It is too early to say what the ceiling is for this team, but we will get a much better idea as the season goes on."

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"Until we get out there and see how the team develops, we don't know who we are, but we are confident we can compete with all of the teams on

Gandhi, rest of team, excited to finally hit the courts

By MIKE IPPOLITO
Sports Correspondent

sports@yourtowncrier.com

WILMINGTON - The last time the Wilmington High Tennis team walked off the court as a team, back in May of 2019, they were walking off as a disappointed but hopeful group after losing in the first round of the MIAA Division 3 North Sectional Tournament to Lynnfield.

They were disappointed that day to have lost to a loaded Lynnfield squad and see their season come to an end, but also very hopeful after a 6-12 record, which qualified them for the state tournament via the Sullivan Rule for the first time.

The six wins represented the most in a season for the Wildcats since that 2015 season, and the best news of all for the Wildcats was that with the exception of senior captain Chris Spinazola, they were bringing back their entire roster for the 2020 season. Or so they thought.

The 2020 season of course never happened and the Wildcats, like every other team, were left to wonder what might have been.

The good news for the Wildcats, however, is that unlike most teams, they are on the verge of finding out exactly what might have been. As it turns out, almost two years to the day of being eliminated by Lynnfield the Wildcats will open their season on Thursday against Burlington with almost the same exact team that walked off the court that day.

Just as they would have in 2020, the Wildcats of 2021 bring back the entire 2019 team with the exception of Spinazola. They did not lose a single player to graduation. That's what happens when your team is led by talented sophomores, freshmen and even seventh and eighth graders the way the Wildcats were in 2019.

"We are happy with what we are bringing back. We will be strong in all three singles positions," Mailey said. "We don't have quite as much experience in doubles, but we will work with that. We have three quality singles players which is great, and we will be playing against just Freedom Division teams which will help us as well. That gives us a chance to compete in every match."

At the top of the lineup helping the Wildcats compete will be junior co-captain Anay Gandhi at first singles. Gandhi is coming off a sensational freshman season, and has

been with the varsity team since he was in seventh grade. With his talent and experience, Mailey is expecting a great season from the veteran player.

"I think he will have his best season yet," Mailey said. "He has a little more experience and he is in the best physical shape of his life. He ran indoor track and kept in great shape and he has just gotten bigger and stronger. He will be a terrific number one player and a terrific co-captain."

Following right behind Anay at second singles will be his younger brother Anuj Gandhi, who enters his freshman season after being with the team in 2019 as a seventh grader.

Rounding out the singles lineup for the Wildcats will be senior Colby Scalpen, who in addition to playing third singles will also be a co-captain.

"Anuj has been playing all year and like Anay, he has gotten bigger and stronger. He is a grinder, and he has improved a lot. He should have a great season," Mailey said. "Colby also stayed in great shape by playing all year long. He was really excited to get out here and get the season started and I think he will do a great job for us both in singles and as a co-captain."

The Wildcats will also be looking to pick up some big wins from their doubles teams, and while they haven't completely worked out the doubles lineup, it looks like first doubles will consist of freshman Sidd Karani and senior Hayden Kane.

"Sidd has been working hard at his game and he looks like he will be at the top of the list for us in doubles, although he could also fill in for singles as well. His future for tennis in Wilmington looks very promising," Mailey said. "Hayden is an Eagle Scout and he is a real good character kid for us. He is not a captain, but he is someone we are counting on to be a good leader for us."

The trio of freshmen Eric Packer and Ryan Weinstein, along with eighth grader Michael Smarhoff will battle for the two spots in second doubles, rounding out a deep and talented Wildcat roster.

While the Wildcat are indeed deep, a big part of their success will start at the top of the lineup with the leadership of their co-captains, Scalpen and Anay Gandhi. And in that regard, Mailey feels that his team is very fortunate.

"Colby does great with the younger kids. He has a great sense of humor with them and he helps keep them all loose. He and Anay work really well together as captains," Mailey said. "Anay, in addition to being a top level tennis player, is a straight 'A' student and a very good athlete. He had a very good track season. He sets a great example and all of the kids look up to him. He is a quiet kid, but he has reached out to the younger kids and he is doing a great job."

With a schedule featuring only Freedom Division teams, whom the Wildcat went 5-2 against in 2019, Mailey is hoping his team will once again be in contention for a state tournament berth.

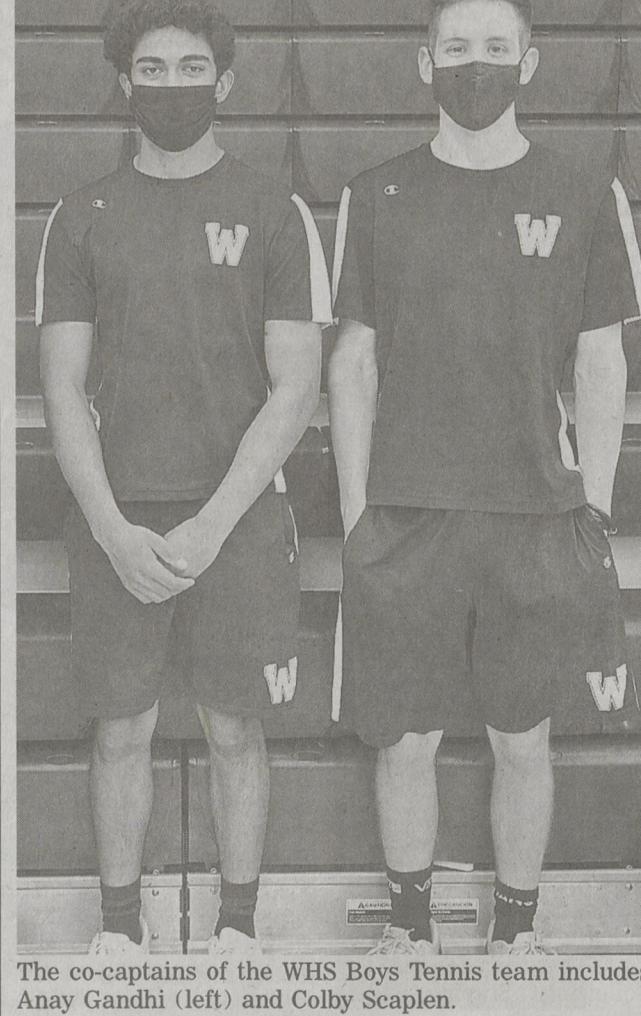
"I don't think there is anybody in the Freedom Division that blows everybody away," Mailey said.

"I feel like we will be in the mix in the league, based on what we are bringing back and what some other teams have lost to graduation, but we will see. We need to keep working hard and hopefully we can do well."

Next Year's Football Captains



JAKE CHIRICIELLO, GAVIN ERICKSON, JOHN RHIND AND MARCELLO MISURACA.



The co-captains of the WHS Boys Tennis team includes Anay Gandhi (left) and Colby Scalpen.

(photo by JoeBrownphotos.com).

Despite seasonal change, wrestlers ready to pin down some wins

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com
WILMINGTON - The 2019-'20 season for the Wilmington High School wrestling team had its ups and downs. The Wildcats finished the dual meet season with a 10-16 overall record, but then had some success in the post-season meets, mostly with junior Joe Ganley, who captured his second straight sectional title, before being crowned a Division 3 state finalist.

Now 14 months after his terrific season came to an end, he leads a much smaller group of grapplers, who have been given the OK to have a season which gets underway this Friday night at home against Winchester, starting at 7 pm.

This past week, the MIAA officially granted the sport the OK, and suggested that teams hold outside meets, but it's not mandatory. Wilmington will have home meets inside the high school gym, with ten meets, facing every team from the Middlesex League, but as of now, there doesn't seem to be a plan intact for post-season meets.

While the dates of this season are different for the 'Cats, the other aspect that will be different this year is Evan Walsh, who had a terrific career as a WHS wrestler, will serve as the interim coach filling in for Joel McKenna, who has duties as the head girls lacrosse coach at Bishop Fenwick.

Walsh takes over for a team that has just 13 athletes and while that number may be alarming, the program lost a handful of kids to other spring sports, while numbers in general are significantly lower in every sport and for almost every community statewide. That being said, Walsh is optimistic with the group that he does have.

"The team looks good. We have five seniors this year, four returners and one new one," said Walsh. "We have a good bunch of seniors that are going to help lead the team and help guide the younger kids into the next phase. We have the shorter season and the COVID-19 restrictions, so we're working around that. This year is going to be a lot of learning and try to get everyone ready for next year which is unfortunate for the seniors, but hopefully we can grow the talent for the future."

Ganley, a two-time sectional champ, who has 103 career wins, will wrestle in the 132-pound division. He is one of the three captains along with fellow seniors Shane Penney and

Stephen Smolinsky. Penney has 98 career wins and last year was fourth in the sectionals and he will be at 138 pounds. Smolinsky missed out on last year's post-season meets but has won 40 combined matches as a sophomore and junior. He will wrestle at 182 pounds.

"Ganley has over 100 wins and was a state final last year. It's unfortunate that he can't try to get to that plateau of becoming a state champion this year, but he's been good with everything. He's working with the younger kids and he's helping to motivate everyone," said Walsh. "Shane has 98 wins so he's looking to get to 100. Hopefully that's a goal he will reach this year. He was so close to reaching that last year and I'm just glad that he has a season so he can have a chance to achieve that milestone."

The other two seniors include Dylan Clerico (160) and newcomer Nick Sullivan (195).

"Clerico has been with us now for three years and he's a fixture in the line-up. He has been wrestling varsity over the last two years so he has some experience under his belt. Sullivan is a newcomer and he has been picking up things real quick," said Walsh.

The junior class is headed up by Luke Vitale, who last year was second at the sectionals before finishing up 1-2 at the D3 state meet. Adam Lopez and Nick Doyle return as wrestlers with experience, while Brian Duggan and Mason Barry add depth as newcomers. The sophomore group includes Joe Kullman and Gabe Dasilva, who is "a returner and a real tough kid", while the freshmen include Julian Cella and Dempsey Murphy (220).

"We have 13 or 14 kids and we're not really concerned (about the lack of numbers)," said Walsh. "We have a lot of seniors this year and we're hoping we get some more kids next year. We understand with COVID and we also have a couple of guys who typically wrestle with us in the winter, but since the season got moved, they are playing other sports so we lost a couple of kids that we thought that we would have this year so I think you'll see a lot of that going on with a lot of the other teams we face."

"At the end of the day, we're just happy to have a season. I know there's a lot of schools who didn't allow wrestling like Wayland, Brookline, Weston, Waltham area. We're just happy to have a season and we get to wrestle all ten teams in the



The WHS Wrestling captains include from left, Stephen Smolinsky, Joe Ganley and Shane Penney.

(photo by JoeBrownphotos.com).

Middlesex League. The kids have been good. They have all been motivated and happy to be here. It's a little different having them jog outside without it snowing."

WALSH TAKES OVER

Walsh, who graduated from WHS in 2006, ranks fifth all-time in program history with 123 wins, was a three-time sectional place finisher during his days, taking first, second and third. This will be his third year with the Wildcats as a coach.

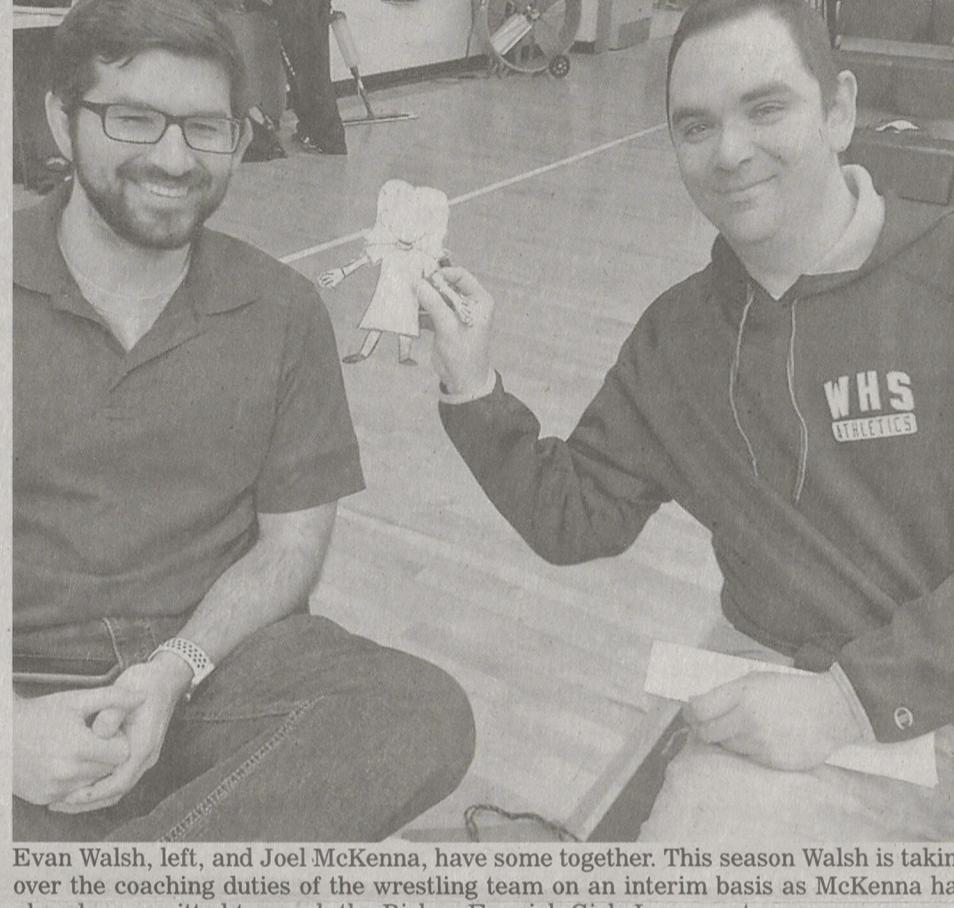
After high school, he went to WPI for a year, then to UMass-Amherst and wrestled there for two years and earned his a degree in engineering. He currently works for the City of Lowell at the Regional Waste Water Plant as an Engineer.

Since college, he has remained in the sport that he is so passionate about.

"I was a wrestling official for two years and then I coached with (former WHS wrestler) Shawn Sullivan up at Nashua North. I was his assistant for two years from 2016-17. I applied not knowing he was the head coach. Then I came to Wilmington and this is my third year," he said.

He said being back here is something that he has really enjoyed.

"It's great to try to keep this program going. Obviously this is where I wrestled, I was here at Wilmington High School for four years and was in the youth program for a couple of years before that so it's nice to give back to the community."



Evan Walsh, left, and Joel McKenna, have some together. This season Walsh is taking over the coaching duties of the wrestling team on an interim basis as McKenna had already committed to coach the Bishop Fenwick Girls Lacrosse team.

(courtesy photo).

The MIAA officially approves the wrestling season

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com

Last Friday, all 17 members of the MIAA Board of Directors approved the upcoming wrestling season with modifications set forth by the Wrestling Committee, which came on recommendations from the Sports Medicine Committee and the Task Force.

"We felt pretty confident that the board would approve," said Wakefield athletic director Brendan Kent, the chairman of the Wrestling Committee to the Boston Herald. "I presented the modifications to the Sports Medicine Committee and (MIAA) assistant executive director and Wrestling Committee liaison) Phil Napolitano did the same to the Task Force and they voted in favor."

Among the modifications includes masks are required to be worn by everyone, including participants, officials, coaches, spectators and facility personnel. Certainly questions were raised about a student-athlete's ability to breathe, while wearing the mask and competing in such a vigorous sport.

"We understand the difficulty," Kent said to the Herald. "But our kids have been practicing for a week with the masks and have managed."

Also, schools can only schedule dual meets or tri-meets, provided all COVID-19 guidelines are met. Quad meets and tournaments such as sectional, state and All-State are prohibited and league scheduling is strongly encouraged.

According to the Herald's story, "For schools opting to have a tri-meet, they must meet the following standards: the games are played back-to-back; the facility has multiple fields, courts, or surfaces that allow teams to distance between game transitions; the facility has adequate trans-

sition space for all participants, including spectators; and no teams or individual players are required to wait for their second game other than for a limited break between games to transition between one game to the second game."

Weigh-ins are encouraged to be utilized at the home school of each team, maintaining proper social distancing and eliminating shoulder-to-shoulder proximity. The plus 3-pound weight allowance at night is eliminated for the spring of 2021. All athletes must maintain proper social distancing and eliminate shoulder-to-shoulder proximity.

"During the course of a match, if a wrestler's mask is removed or altered during competition, the official must stop the match, unless in a scoring situation. The process is the same as when the protective ear guard is misplaced."

WHS Summer Strength and Conditioning Program

A large part of an athlete's success during the season is a direct result of off-season training. Whether athletes participate in individual or team sports, off-season can help to improve athletic performance. This clinic will focus on three areas: strength, conditioning, and agility.

Details:

Dates: July 5th-August 13th; Grades: Incoming 8th grade - 12th grade; Days: Monday/Wednesday/Friday; Focus: Strength Training and Conditioning, Footwork, Agility; Time: 7AM-830AM; Location: Wilmington High School; Cost: \$50/week or \$250 for all 6 weeks

COVID Protocols:

Students should complete the Pre-Participation Screening on Family ID (directions will be provided). If you are experiencing any symptoms, have been exposed to COVID-19, or have traveled to any state that is considered "high-risk" please do not attend that day and proactively reach out to the director of the program and coach.

All students must bring their own water bottle. Water bottles cannot be shared and should be labeled. Please bring extra water bottles as hydration stations will not be provided.

Bring a personal gym bag. Everything inside the gym bag must be disinfected after every practice and before return of every practice again. Be sure to spray the inside and the outside of the bag as well.

Reusable facials coverings/masks. Please put extra in your personal gym bag.

Personal bottle of hand sanitizer.

Maintain social distancing and wear face covering/masks.

For additional clinic information and registration forms please visit the Wilmington High School Athletic Department Website.

Four keys if you are considering a total joint replacement

By GREG CROSSMAN
Guest Columnist

My mother-in-law has recently undergone a total hip replacement and helping her navigate the surgery pre and post op helped reinforce to me what this process is like from a patient's perspective. Though a total joint replacement is nothing to take lightly it can be a wonderful opportunity to regain your function, independence, and prior activity level. The following are four things to consider both pre and post operatively related to any total joint replacement.

You will know when you are ready. When you are considering a total joint replacement, you will get plenty of advice from family, friends, and medical providers. Trust your instincts on when to have the procedure, you should never feel pressured. The best advice I can give and have heard other medical providers offer is "you will know when you are ready."

There is no need to suffer. Do not wait too long, when the pain from your

arthritis becomes so severe it starts to significantly impact your daily activities then you should really consider having the surgery. This will help avoid secondary complications either wear and tear on other surrounding joints or possible medical complications from immobility and inactivity.

Do your best to keep moving preoperatively. The more mobile and stronger you are going into the surgery the quicker the recovery tends to be following. Staying active and sometimes even get-



GREG CROSSMAN

ting some preoperative physical therapy can be helpful to reduce your recovery time post op.

Follow post-operative instructions. You will have a great team working for you following your surgery between your surgeon, nurses, and physical therapists. Listen to their instructions. It is important to get up and move to avoid the most common complication of post-operative joint stiffness, but it is also important not to overdo it. Following the post op recommendations and protocols will greatly improve your outcome.

Though the prospect of such an involved surgery such as a total joint replacement can be a scary one it also can help greatly improve your quality of life. If you have any questions about joint replacement or other orthopedic related question you can reach me Greg Crossman at Complete Game Physical Therapy 978-710-7204 or email gcrossman@completemept.com.



The Shawsheen Tech Wrestling team will be led by local athletes, including Nikolas Iascone of Wilmington on far left, and then Tewksbury residents, Joseph D'Ampolo, Dondre Turner, Aidan Leffler, Cooper Lemieux, Zack Wilson, Dominic Searles, Troy Warwick, and Derek Musgrave. (photo by JoeBrownphotos.com).

The goal remains the same for Rams Wrestling team: win league title

By MIKE IPPOLITO
Sports Correspondent

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BILLERICA - The high school wrestling season will look a lot different this season than in years past, for the Shawsheen Tech Wrestling team as well as every other team in the state. First of all, they are competing in the spring as opposed to the winter after the winter wrestling season was postponed due to the pandemic.

Add to that a reduced number of matches against exclusively league opponents, as well as no post season tournaments, and there are many changes that everyone must adjust to. One thing, however, that the Rams are hoping remains the same is their dominance of the Commonwealth Athletic Conference.

Coming into this season, the 36th under the direction of coach Mark Donovan, the Rams have won 14 straight CAC titles, as well as 15 of the past 16 state vocational tournaments. While there will be no vocational tournament this year, the league title is very much up for grabs and you had better believe that Donovan and the Rams have it in their sights, despite the unusual circumstances of the season.

"The goal for us is to win the league, just like it always is," Donovan said. "It is a short season, so the kids want to make most of it. I think the kids are excited about it. The seniors realize that it is not an ideal situation, but they are going to make most of it and try and go out and win a league title."

Leading the way for the

Rams in their quest for the league title will be their senior quad captains, including Dondre Turner of Tewksbury, who will wrestle at 160 or 170 pounds, as well as Austin Dube at 128 pounds, Frank Foti at 145 and Devin DeLuca at 152.

"We are going to need great leadership this year, because there is not a lot to wrestle for in terms of the post season, so we want these guys to lead our younger guys to do well in the CAC and they have done that in the early going," Donovan said. "We are having fun, and we have had a great week of practice. The first couple of days are tough, with kids throwing up and getting back into wrestling shape, but they are getting ready for the season."

In addition to the captains, several other

wrestlers are competing for spots as well, including several Tewksbury residents, with seniors Aidan Leffler at 182 pounds and Dominic Searles at 152 pounds, along with junior Joe D'Ampolo at 132 pounds all expected to contribute.

Senior Alex Newcomb of Tewksbury is hoping to wrestle at 170 pounds, although an injury will likely keep him out until midseason.

Other potential members of the starting lineup will include seniors Nick Dicicco at 138 pounds, Sean Fitzgerald at 160 pounds, Zack Wilson at 195, Jack Scharn at 220 and Liam Kelly at heavyweight, as well as juniors Lucien Tremblay and Sean Palmieri battling for spots in the 132-138 pound range, and Xavier Santiago at 220 pounds. Sophomore Joey

Woodward will also be seeking a lineup spot in the 132-138 pound range, while freshman Austin Malandain will compete at 195 pounds.

The roster for the Rams is not quite as deep as it usually is, as they lost several wrestlers to their traditional spring sports of baseball, lacrosse and track. Donovan knew this could be a factor for his team and he completely understands losing some talented wrestlers.

"I encouraged them to do that. We will miss them, but I want them to do what is best for them for this season. Those are tournament sports this spring, so I encouraged them to do that and to come back to us next winter," Donovan said. "Hopefully a lot of the other teams are in the same situation."

With a ten match sched-

ule against only league opponents, Donovan feels that as usual, Whittier, Greater Lawrence and Greater Lowell will provide the biggest challenge to the Rams league title streak.

But he also believes that his team will work hard enough to overcome those challenges.

"We just keep plugging away and we are going to make the most of our season," Donovan said. "One thing I can assure you is that our kids will be in shape. That has always been my key to success and it will be again this season. The kids came ready to work this season. I was shocked at how ready they were. Hopefully that is the difference for us, having our kids in such great shape."

Shawsheen Softball team hoping to compete with rest of the CAC opponents

By MIKE IPPOLITO
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BILLERICA - If the Shawsheen Tech Softball team is going to improve on the 6-12 record the 2019 this season, they are going to have to do so with a relatively inexperienced roster after having several players miss out one what would be their senior season in 2020 and several more players miss out on what could have been a key season in their development.

But with that said the Rams will bring back a talented group of players, who will be looking to make up for what they lack in experience with their enthusiasm, which has been evident to coach Scott Ialuna since the first day of practice.

"It has been great so far. The girls have just been happy to be on the field, because it has been so long," Ialuna said. "It has been good to get started again, and our work ethic has been great. The girls can't wait to get the season started."

"The energy level has been great. The girls are very eager to learn. We know there are going to be some mistakes, but the quicker we learn from those mistakes, the better we will be. It is a talented group of girls. They just lack experience."

Two of the Rams most talented players will also be two of their most important players, with junior pitchers Kayla Mirisola of Tewksbury and Sandra Watne of Wilmington both hoping to build on promising freshman campaigns. Mirisola was 3-2 as a starter for the Rams, while Watne struck out 54 batters in seven appearances.

"We had a lot of injuries to pitchers during their freshman year, which really benefits us now," Ialuna said. "They both got a lot of experience as freshman. Sandra has been working incredibly

hard. Her location and her speed have improved since her freshman year, and so has Kayla's. They will probably be our top two pitchers.

The will, however, not be alone in the pitching circle, with sophomores Brooke Carlquist, and Mia Bisso of Tewksbury, along with junior Ella Malvone of Wilmington also waiting in the wings for their turn.

"We have a lot of talented pitchers, which is a great problem to have," Ialuna said. "We just have to see what we look like with each of them on the mound, and see what the defense looks like with each of them on the mound."

Beyond the starting pitching, most positions are still up for grabs for the Rams, with several players vying for starting positions. With the condensed preseason, and with many new faces to the program, Ialuna is still working out which lineup and combination of players works best for the Rams.

"It has been challenging, because normally we have four days of tryouts, but that was cut down to three, and we have a much shorter time before the start of the season," Ialuna said. "We have to still work on a lot of things, and a lot of situations, because we have a lot of people in new positions or playing for the first time. But we will work on all of that and continue to get better."

Some of the other players looking to crack the starting lineup for the Rams will include seniors Kelly DeLoach at second base, Caitlyn McCarthy at catcher and outfield, Chloe Pereira at catcher and infield, Jordan Quick of Wilmington in the outfield and Celine Reynolds at catcher and third base.

Juniors expected to contribute will include Emily Freitas of Wilmington at second base and Caitlyn



The local players on this year's Shawsheen Tech Softball team includes front row from left, of Tewksbury, Kayla Mirisola, Caitlyn McCarthy and Mia Bisso; and back row from left, of Wilmington, Jordan Quick, Emily Freitas, Ella Malvone and Sandra Watne. (photo by JoeBrownphotos.com)

Rose at first base and outfield, while freshmen Reagan Bowden in the outfield and Jeyana Cronin in the infield will also look to get an early start to their careers with the Rams.

The Rams will open their season on Thursday at home against Whittier, and while they are still trying to work out some specifics, Ialuna is confident they can get off to a good start and have a successful season.

"Our work ethic and our pitching are our strengths," Ialuna said. "We have five pitchers who have been throwing every day, so that is a good strength to have."

definitely have the right foot forward with that. We

have a lot of new people and a lot of moving parts, but we have some talented players. I think we can

On the other diamond, Rams preparing for a big season

By MIKE IPPOLITO
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BILLERICA - The 2019 season marked the end of an impressive streak for the Shawsheen Tech Baseball team, as the Rams saw their streak of seven consecutive state tournament berths come to an end, falling just a couple of games short of the .500 record they needed, finishing 8-12 overall on the season. Prior to 2019, the Rams had also won at least a share of the CAC title for three consecutive seasons, so it has been a pretty great run of success for the Rams in recent years, with of course a lost season in 2020 due to the pandemic also thrown into the mix.

It's no wonder then, that the Rams and coach Brian

McCarthy, who enters his ninth season as the team's head coach, are eager to get back out on the field and try to make another run at the state tournament, albeit under somewhat different circumstances with an abbreviated season. While the season may have a different look to it, the commitment of the Rams players is a

RAMS C11W

Coach, players, thrilled to be back on the lacrosse fields

By MIKE IPPOLITO
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BILLERICA — The return of spring sports has meant different things to different people, but perhaps most of all, it has meant to a return to at least a semblance of normalcy for the athletes and coaches that missed out on competing last spring due to the pandemic. For Shawsheen Tech Girls Lacrosse coach Alex O'Reilly, that may have been the best part about stepping back onto the field with her team for the first time in two years.

"(Assistant coach) Heather (McLaughlin) and I were talking about that. This is the first time we have felt normal in a year," O'Reilly said. "Especially when last year we felt like there was just going to be a two-week delay, but we never were able to get out there. I was so horrified that it could happen again, so we were so happy to actually get back out there."

They should be happy, especially with the amount of success they have had as a team in recent years, including in 2019 when they posted a 13-6 overall record and finished in second place in the CAC. Prior to that, the Rams had won three consecutive league titles, and in 2019, they also won their third straight state vocational championship.

Of course, a lot has changed since that 2019 season, with two different sets of seniors having graduated since the last time the Rams took the field. The Rams do return four players from that 2019 squad, but the remaining players are all new to the program, making for a challenging pre-season for O'Reilly and McLaughlin.

"We ended up having a full week of tryouts last week, which we never do," O'Reilly said. "Heather and I usually only need a couple of days to figure out the varsity and JV players. But because we had only four returning varsity players it was so different. We knew those four, but the other kids, we had no idea. We needed five full days, with two hours each day in order to pick the teams."

The Rams will rely heavily on those four returning players, perhaps none more so than senior goalie Jenna Johnson. Johnson takes over in net for 2019 graduate Julia Ryan of Wilmington, who had an outstanding career as a three-year starter for the Rams. O'Reilly believes that Johnson's tutelage under Ryan will



Above, the Tewksbury residents on the Shawsheen Tech Girls Lacrosse team, including from left, Kiley McFadden, Makayla Melanson, Gabriela Ortiz, Ashley Talbot, Morgan Lindsey and Julia Romel; and to the right, the Wilmington residents from left, Alexis Fox, Amanda Howell, Riley Rourke, and Morgan Glover. (photos by JoeBrownphotos.com).

help her find her own success.

"Jenna is just a phenomenal goalie. She learned how to play from Julia and there's not a better person she could have learned from" O'Reilly said. "Julia was a little more quiet in her leadership, where Jenna is more vocal, but they are both equally intense."

Midfielder Devin Sweeney and defender Sarah Comeau are two other returning seniors who O'Reilly is counting on this season.

"Devin is an incredibly talented and hard working athlete. She was able to get in two club seasons since the last time we played. She is going to have a great season" O'Reilly said. "Sarah has really grown into a standout athlete. Her sense of space and self awareness has improved dramatically and she is very promising."

The fourth senior leading the way for the Rams will be Rachael Halas, who will start at one of the attack positions.

"Rachael is very fast and a very good athlete," O'Reilly said. "Her regular position is attack, but she can also fill in at midfield. She is ready for anything."

The Rams should have a fifth senior to go along with the players mentioned above, but Amanda Howell of Wilmington will



be forced to miss the season due to a torn ACL. It is the second torn ACL of Howell's career. The veteran midfielder, however, is not letting that stop her from helping out O'Reilly and the Rams get ready for the season.

"Amanda is still very much a part of our team," O'Reilly said. "She is at every single practice, and she organized the pre-season workouts for the team. She is still one of the leaders of this team, even if she is not playing."

Several Tewksbury residents will also be helping the Rams get into the win column this season, with junior defenders Gabby Ortiz and Darielle Wilson being two of the most prominent in their role as the last line of defense before Johnson.

"They are the dynamic duo," O'Reilly said.

"Gabby is a very promis-

ing defender and we are expecting a big season from her. Darielle is great on defense. She played for Heather her freshman year at JV, and then missed out on her sophomore year. Both of them play low defense, so they will be a huge help for Jenna this season."

Sophomore attack Makayla Melanson and junior midfielder/attack Ashley Talbot will be looking to make their mark with the team.

"I met Makayla in seventh grade when she played in the youth league. She is fast, and quick with her stick. She missed out on her freshman year, but she is very impressive for a first year," O'Reilly said.

"Ashley is awesome. She is very much like her sister Alesha who played for us, in that she is very fast and very intense. But she

is also her own player. She will leave her mark on this program. She has improved immensely and we are really excited to have her."

Junior defender Kasey McFadden and sophomore midfielder Kylie McFadden will form a dynamic duo of their own, with each player bringing their own unique set of skills to the Rams.

"Kasey is a very strong defender. She played for Heather as a freshman at JV. She is very vocal on defense, and has an awesome bubbly personality," O'Reilly said. "Kylie is very fast. She is new to high school lacrosse, but she played club lacrosse for years, and she knows how to play the game."

With all of their success in recent years, it is only natural that expectations are high once again for the Rams. But O'Reilly

has slightly different goals for her team this season.

"I think we are definitely capable of winning the league, but that is not our focus this year," O'Reilly said.

"In speaking with the girls at the beginning of the season, we always talk about our goals for the season and normally we talk about winning the league or winning the vocational title, and carrying on the success of the past."

"But this year, the biggest thing they talked about was just having a season and having a team family. Winning doesn't even matter. We just want to get out there and have fun. That is the most important thing. We would love to win as well, but right now we are just happy to be out there having a season, and especially being able to give

On the other diamond, Rams Baseball team ready for a big season

FROM C10W

strong or perhaps even stronger, than ever.

"This year will be unique unlike any other. Not only is it a shortened season, but we haven't been together on a ball field for almost two years now," McCarthy said. "I credit my returning players for sticking together and working out hard in the off-season to get ready for this year. They are a great group of young men who work hard and have fun at it."

As the Rams try to rebound and once again qualify for the state tournament, they will do so with a vastly different team than the one that took the field in 2019, which comes as no surprise given the two year layoff. The 2019 squad was led on the mound by pitcher C.J. Zemmetre of Tewksbury, while the 2020 saw the senior seasons of Kyle Imbody, Rhen Trinidad, Nate Silva, John Wermecke, D.J. Williams, and Connor Rich lost to the pandemic.

Needless to say, the Rams will have a bit of a different look this season. They do however, bring back several players who saw playing time with

that 2019 squad as sophomores or freshman and are now back in more prominent roles. Chief among those will be a pair of senior pitchers in Chris Discisio and Cam Rich, both of whom saw some work with the varsity two years ago.

"Chris and Cam are back for their senior seasons and figure to mix prominently in the rotation. Both of those guys are also in the outfield as well and are looking to be everyday players," McCarthy said. "Another player looking to crack the starting rotation is Ben Powell, who has had a good start this pre-season."

In addition to the starting rotation, some other key returnees for the Rams include junior third baseman Owen Duggan, senior second baseman/outfielder Connor Maguire and senior catcher Adam Kearns.

"Adam returns to service as our catcher and is a great team leader," McCarthy said. "Connor and Owen have also looked good so far in the pre-season. Both guys primarily play the infield, but they both swing good

bats and will look to have a big impact this season."

Along with the returning players, several newcomers to the Rams will be

looking to work their way into the lineup, including senior infielder Nick Benson of Wilmington, along with sophomore

McCarthy said. "He swings a good bat and is a good player to have on base, as he makes things happen."

While McCarthy will certainly be looking for offense from his team, he expects their biggest strength to be keeping

their opponents off the scoreboard.

"We should be solid on defense this year, as we have some talented positional players returning and some newcomers to fill in some other spots," McCarthy said. "We also have a handful of pitchers

will be to compete for a league title and try to earn a state tournament berth.

But with that being said, McCarthy is being cautious in the early going of the season, especially as the Rams navigate through a challenging CAC schedule.

"The top teams in the CAC this year would probably be Greater Lowell and Whittier. Whittier won the CAC two years ago, so it's up to everyone else to take it away from them," McCarthy said.

"They are always strong. Also, Greater Lowell had a great run in the post-season last time and has some talent returning."

"The goal is to just take it one game at a time right now. We are in uncharted territory for high school baseball. After losing an entire season, it's like starting fresh with new players and new goals. We always like to strive for league titles and making the tournament, but if we look too far ahead - we lose focus on the small stuff... and that's what wins you ball games. So, for right now - it's one game, one opponent at a time."



The Wilmington residents on the Shawsheen Tech Baseball team includes from left, Jacob Doherty, John Belozo, Shane Costello, Micheal Maselli and Ryan Santini. (photo by JoeBrownphotos.com)

infielder Mavrick Bourdeau. Bourdeau has become one of the finest athletes in the school, coming off great seasons with both the basketball and football team. Benson meanwhile, is coming off a strong season as a wide receiver for

McCarthy said. "He swings a good bat and is a good player to have on base, as he makes things happen."

While McCarthy will cer-

tainly be looking for offense from his team, he expects their biggest strength to be keeping

that will give us some depth on the mound. Which is definitely needed this year in a shortened season and with the new pitch count rules. I'm looking forward to seeing what this group can do."

Like every year the goal

for the Rams this season

Stuart chases down the tough challenge

FROM C1W

Bradley Diaz of Wakefield," said Kinney. "Diaz had already run another event, but he's just a ridiculously fast kid. I told Willie just to relax and that Diaz is tired and Willie said 'no problem coach, I got him'."

Willie came through - his first place finish of 38.4 seconds, which was significantly better than the previous 39.1 time against Stoneham, helped Wilmington emerge with a clutch 52-42 victory as part of the team's successful 4-1 season.

"Diaz had the league record for the 300 and he had just run the 600 so he was a little tired," said Stuart. "I felt comfortable that I could win and I ended up beating him, so that helped us win the meet. It was pretty good (for me personally) because he's the best in

the league. If I can beat him, I feel like I can pretty much beat anyone else in the league in the 300."

Stuart also won the high jump (5-1) and was part of the winning 4x200 relay team that day.

On the season, his best time in the 300 was that 38.4 second race, his best time in the 55-meter dash was 7.0 seconds, while he also cleared 5-3 in the high jump and had a mark of 17-1.75 in the long jump.

He's hoping the success from the indoor season will carry over to not only him, but the entire team.

"The indoor track season was pretty good. We only lost to Burlington, and we beat Wakefield so we finished second in the league. And finished 4-1 so that was pretty good," said Stuart. "Hopefully we can win the league this outdoor season and beat

Burlington. We have a lot of kids and a lot of new kids so I think we can do pretty well. Hopefully we can beat Burlington and then beat Wakefield again and then hopefully win the league."

Kinney said that regardless of how many first places Stuart gets this upcoming season, he is just really glad that he coached him for two seasons, as opposed to his normal one.

"Willie's a great kid. He's very funny and just does so much for us and for this school. He loves basketball. I would love to have him for (a normal) indoor track (season). He's just a tough kid who will do anything you ask him to do."

Like compete in four varsity sports.



On the season, Stephen Smolinsky rushed for over 400 yards, had 126 receiving yards and six offensive touchdowns in just six games. (file photo).

Smolinsky succeeds in old sports, new sports and in the classroom

FROM C1W

entire season, two bas-
kets," he said, while
pumping his fist and
laughing.

Again he had little time to rest before the football season started. In the previous two seasons, the 'Cats struggled for wins. In 2018, Smolinsky had one rush and three receptions and as a junior in '19, he had eight catches for 172 yards with a touchdown, and also booted 19 PATs, and had one field goal. This year, he was the go-to player.

"He is someone who is going to be very tough to replace, obviously," said head coach Craig Turner. "I love everything that we have coming back, but he will be tough to replace. He's just a throwback athlete. He's not a big kid, he doesn't wow you with his speed, but he's tough. You can tell by the fact that he played soccer, he played basketball that the kid just wants to compete and just wants to play and have fun."

Before the season started, Turner elected to change his offense from 'Spread' to a 'Wing-T' type scheme, meaning three guys would rush the ball and Smolinsky was in that mix.

"At first it was tough to follow everything in the new offense, but once we all got a hang of it, it started to click and was way easier," said Smolinsky. "I thought it was great having the three of us (along with Gavin Erickson and Marcello Misuraca) run the ball because teams couldn't key on just one of us. We kept teams on their toes and we were able to spread the ball around to all three of us."

On the season in just six games, Smolinsky rushed

"The football season was the most fun I've had playing in a very long time because of the guys, we were winning and it's senior year," he said. "I started to realize that I needed to sit back and appreciate it all. I feel like I took sophomore and junior year for granted. I realize now that (my high school career) is coming to an end. We had the shorter seasons so every week it was like, 'this is the last time I'll be playing at this field or against these kids' and it just really started to hit home."

And over the next four years while at an outstanding D3 college football program, Stephen Smolinsky will continue to be the epitome of a student-athlete.

Figueiredo, others, excel in college

By JAMIE POTE
Sports Editor
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A few weeks ago, Stephanie Figueiredo was one of the 27 former Wilmington High School girls' soccer players who was named to the Town Crier's All-Time team. Well this past week the rich get richer as the junior midfielder on the Lenoir-Rhyne women's team added to her collection of hardware.

On the female side, Emma Garrity continues to shine bright at Bryant University. Competing in the Northeast Conference Championships, she first

ior on the UMass-Lowell men's team finished seventh in the 400-meters with a time of 49.78 during this past weekend's America East

Championship Meet held at UML's Cushing Field.

On the female side, Emma Garrity continues to shine bright at Bryant University. Competing in the Northeast Conference Championships, she first

had an incredible performance, a personal record of 57.79 to take

fourth in the preliminary

heat of the 400-meters,

before coming back the next day to finish sixth in the

entire conference with a time of 58.09 seconds.

In the same meet, two

former Shawsheen Tech

star athletes also compet-

ed. Alex DiPerri was 22nd

in the long jump (15-7)

and 23rd in the 100-meters

(13.33), while Ralph

Desrosiers was 27th in the

Home is where it all started for Stephen. His three brothers, Michael, who played basketball and football at WHS a few years ago and has since graduated, Antonio, who is a freshman at Malden Catholic, who is also playing multiple sports and plans on transferring to WHS in the fall, and Marco, who is in the second grade and is in the same boat as Stephen, dabbling in bunch of different sports including karate, soccer and basketball, among others.

For Stephen, his athletic career at WHS will end here in the next few months with the wrestling season. After that, it'll be off to college. He didn't get into Harvard or BC, so he went with Endicott College over his other choice of Merrimack.

"Stephen's a real good student. He applied to Boston College and Harvard, and he got an interview with Harvard which I thought was quite interesting," said Turner. "He didn't end up getting into either school, so the school that he liked the best out of his remaining choices was Endicott. I put a call into their coach and told him that I thought Stephen is a kid who could help his program. I have known Coach (Paul) McGonagle for a long time and he's a great coach who has done a great job up there, so they were able to get him a spot on the roster in the fall."

And over the next four years while at an outstanding D3 college football program, Stephen Smolinsky will continue to be the epitome of a student-athlete.

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Movie Review

"THINGS HEARD AND SEEN"

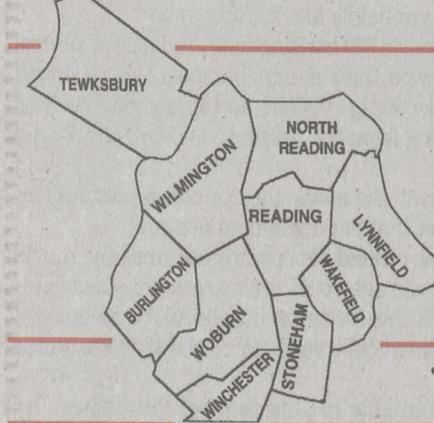


Recipe

"LEMON CHEESECAKE SWIRL
BLONDIES" Page B-3



MIDDLESEX EAST appearing in Daily Times - Chronicle (Reading, Woburn, Winchester, Burlington, Wakefield),
Lynnfield Villager, No. Reading Transcript, Wilmington & Tewksbury Town Crier, Stoneham Independent



Middlesex East

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Former Woburn Mall site

Woburn Village plan drops movie theater, adds green space, keeps restaurants

BY PAT BLAIS

With the movie theater sector collapsing over the past year, the South Carolina firm responsible for the makeover of the old Woburn Mall site off of Mishawum Road recently found itself with a major development desert right in the middle of its new 23-acre lifestyle center.

Late last month, representatives from Edens LLC appeared before Woburn's City Council with a bold alternative: Rather than entertain its guests inside, they would take all the fun outdoors.

In a pitch that Edens manager Brad Dumont confessed could end-up backfiring financially, the Woburn Village project landlords are scrapping their previous plan to erect a multi-story commercial building that would contain a pair of ground-floor restaurants topped by a luxury cinema complex and an attached parking garage.

According to Dumont, the managing director for the real estate firm's northeast region, in the place of the 38,000 square foot structure, Edens will instead create a multi-use green space that will include a beer garden, a common area with room for a winter skating rink and a stage for outdoor movie nights and concerts, and a handful of flexible container-style retail spaces that would be spaced out along a landscaped walking path.

Two new restaurants, including a Tavern-in-

the-Square with a rooftop dining area and a Surf Seafood restaurant, will also be built on the space that sits between the development's 300-unit apartment complex and a series of other new shopping and dining outlets.

"There was no investor that was going to give us the money to build that building. We were faced with this challenge where our cinema deal no longer existed and [some predicted] the industry might not be around that much longer," said Dumont of the impetus behind the redesign.

"This is not an insignificant amount of money to invest in a green space," the commercial real-estate specialist told Woburn's aldermen during a meeting in City Hall early last month. "We would really create a community gathering space ... Living not too far from here, this is definitely where I would take my kids to grab dinner and go to a [community] movie night."

Though disappointed with the loss of the cinema space, many Woburn officials, such as East Woburn Alderman Darlene Mercer-Bruen, believe the green-space will ultimately prove a boon for families looking to get some errands done and enjoy a picnic or outdoor day-trip with children.

"I think what you've proposed is a great idea for the area. It's looking great now," said Mercer-Bruen, who along with her colleagues wholeheartedly endorsed the change late last



THE ABOVE RENDERING SHOWS THE NEW LAYOUT OF WOBURN VILLAGE - Changes to the plan including dropping the movie theater concept and moving the restaurants closer towards Market Basket. The space made available by moving the buildings will now become an 'open space' concept that can be used for outdoor dining, pop ups, community events and concerts.

month after addressing initial concerns about onsite parking availability.

Pandemic accelerating market trends

Revitalizing an old indoor mall property that dated back to 1984, the Woburn Village project off of Woburn's busy Commerce Way and Mishawum Road intersection is expected to bring a renewed vigor to the major commercial property.

Projecting the mixed-use redevelopment

Village TO B-2

Movie Reviews & Box Office News

Seyfried lends grounding presence to campy thriller

By JOCELYN NOVECK
AP National Writer

Hollywood thrillers in which sophisticated, attractive city folk move to creaky old country homes and experience scary things are a dime a dozen. Less common is when those Hollywood thrillers are based on the theology of 18th-century Swedish mystic Emanuel Swedenborg.

But here we are — a Swedenborgian thriller — and thus it's not a bad idea to read up a bit on the man, by which we mean to Google him, before diving into "Things Heard & Seen," a well-cast and often entertaining but campy and sometimes obvious thriller starring Amanda Seyfried and James Norton.

What you'll learn is that Swedenborg believed (among other things) that death was just a continuation of life — and that people lived on, in the spiritual world, past the expiration of their physical body. For the film's purposes, we'll boil it down for you: Ghosts!

In fact the film, based on the novel "All Things Cease to Appear" by Elizabeth Brundage, begins with a Swedenborg quote: "Things that are in heaven are more real than things that are in the world." So even if you've skipped your theology homework (tsk tsk), this should alert you to a spectral influence in the story — maybe even a seance or two.

We begin in the winter of 1980, when a perturbed-looking George Claire (Norton) drives up a snowy road to his isolated home. Immediately



SIGHTS UNSEEN - Amanda Seyfried, above, in a scene from the Netflix release "Things Heard And Seen", a well-cast and often entertaining but campy thriller.

(Anna Kooris/Netflix via AP)

ately, it's obvious something terrible has happened.

Flashback to the spring before, in a Manhattan apartment. George and wife Catherine (Seyfried) are cel-

brating the fourth birthday of their daughter, Franny.

George — handsome and chiseled, with the kind of

Movie TO B-2

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Real Estate Transfers

Page B-3

WEDNESDAY/THURSDAY, MAY 5, 6, 2021 PAGE B-1

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By: Steve Algeri

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MIDDLESEX EAST SPORTS WEEKLY TRIVIA: Drew Bledsoe started Week 1 as a rookie QB for the Patriots after he was drafted No. 1 overall in 1993. But, when he was injured in the fourth game of the year against the Phoenix Cardinals, who came in to replace him at quarterback?

Answer appears below:

Middlesex League football All-Stars announced

It was a strange and different season to have high school football played in the late-winter and early-spring, but the Middlesex League did so successfully with schools playing 5 or 6 games.

Even with that limited schedule, those deserving players were recognized as league All-Stars. Here is the list of local area players who were so honored with All-Star selections.

Burlington: Ray Maggiozzi (Sr.), Matt Pinkham (Sr.), Ryan Tigges (Sr.), Garrett Asher (Jr.), Tim Vadnais (Jr.), Adam Eideeb (Jr.).

Stoneham: Grant Albrecht (Sr.), Chris Dragone (Sr.), Sal Fazio (Sr.), Robert Kilti (Sr.), Jack Murray (Sr.), Pat MacNamara (Jr.), Sal Assaro (Soph.).

Reading: Dom DeCrescenzo (Sr.), Dan DiMare (Sr.), Shaun Bekkenhus (Sr.), Pat Harrigan (Sr.), Nick Bates (Sr.), Trevor Conroy (Sr.), Colby Goodchild (Jr.), James Murphy (Soph.).

Wakefield: Dan Hurley (Sr.), Tucker Stikeman (Sr.), Ian Dixon (Soph.).

Wilmington: Stephen Smolinsky (Sr.), Shane Roberts (Sr.), Marcello Misuraca (Jr.), Gavin Erickson (Jr.), John Rhind (Jr.), John Germano (Jr.).

Winchester: Brendan Gill (Sr.), Camilo Vozzella (Sr.), Gabe Morais (Sr.), Jack Menninger (Sr.), Thomas

Centurelli (Jr.), Derek Gianci (Jr.).

Woburn: Symon Sathler (Sr.), Yahya Aksadi (Jr.), Travis Kanoni (Sr.), Derek Dabrieo (Jr.), Matt Paul (Sr.), Derek Baccari (Jr.), Jake Daniell (Jr.).

Middlesex League girls swimming All-Stars selected

Middlesex League champion Reading led the way by having five girls selected "All-Conference" while another was a League "All-Star" when the Middlesex League girls swimming All-Stars were announced recently.

Here is the list of local area swimmers:

Reading: MOLLY HAMILIN (Sr.), ANNA BOEMER (Soph.), SAMANTHA BRABECK (Jr.), SHANNON LETENDRE (Sr.) and LYDIA MOLETTTER (Sr.) were named All-Conference while ALLY KNEELEAND (Jr.) was a league All-Star.

Wakefield: HANNA GUAY (Sr.), GRACE McHUGH (Fr.), KAITLIN PATT (Jr.), LAURA SWEENEY (Jr.) were All-Conference.

Winchester: TABITHA CHEN-FISKE (Jr.), SADIE FANTON (Sr.), CHARLOTTE KADUSON (Jr.), MORGAN LANDRY (Soph.), ELLE MICHAUD (Fr.), SHERRY YOU (Sr.), DONNA ZHANG (Jr.) were League All-Stars.

Woburn: RILEY APTT (Sr.) was a League All-Star.

Middlesex League All-Star Cheerleaders

Not to be outdone, the Middlesex League announced cheerleading All-Stars for the Fall II season.

Burlington: EMILY FORD (Sr.).

Stoneham: SOFIA TALARICO (Jr.).

Reading: JORDYN SULLIVAN (Sr.), ADDISON MARSHALSEA (Sr.), AUDREY THORNTON (Soph.).



Wakefield: ALANA WILLIS (Sr.), JESSICA MAFFE (Sr.).

Wilmington: SOFIA DONOVAN (Jr.).

Winchester: SARAH WARD (Sr.).

Woburn: DEZIRE DOUGAN (Sr.), EMILY VENEZIA (Sr.).

Reading tennis teams introduce new coaching this spring

A change at the top with Reading High tennis teams as MATT WILLIAMS will coach the boys team and CHERISSY CERRETANI will lead the girls. Both are former Reading High tennis standouts.

Williams replaces RMHS Athletic Hall of Famer Bruce Appleby. Appleby coached the Rockets' program for 57 seasons. Acutally, Appleby may be back in 2022 as the veteran coach decided to take a one-year sabbatical from coaching due to the coronavirus pandemic.

While Williams may be new to the position, he's certainly no stranger to the Reading High boys' tennis program. A four-year member of the program from 1998-2001, Williams, 38, played as the No. 3 singles player during his freshman and sophomore seasons. Achieving a tremendous amount of success as at third singles, Williams rose to No. 1 singles during his junior and senior years for the Rockets. He also previously was head boys tennis coach at Melrose High.

Carretani is regarded as the best Reading High girls tennis player of all-time. She was originally hired as the new head coach last year, but due to the pandemic canceling the 2020 spring season, she had to wait for this season for her debut as the Lady Rockets' head coach. And her Reading team will see just what it has when it hosts perennial Middlesex League champion Winches-

ter in its first match this Thursday.

Carretani, 45, was inducted into the RMHS Hall of Fame in 2019 and was the most dominant player in the program's history during her three seasons (1993-95). She was the MIAA individual girls state singles champion as a sophomore in 1993. She only lost one match in her RMHS career, that coming via default due to injury in her junior year.

Will Middlebrooks and Jenny Dell co-host Jimmy Fund Bingo

B-I-N-G-O for J-I-M-M-Y

Enjoy some family fun with the Jimmy Fund Bingo Night this Friday May 7) at 7 p.m. The live online game will be hosted by 2013 World Series champion and former Jimmy Fund captain Will Middlebrooks and his wife, sports and television host Jenny Dell. The game will be played on the Jimmy Fund's Facebook page.

To participate in Jimmy Fund Bingo Night, a \$10 or more donation is suggested to receive one Bingo card. Family packages and the option to sponsor a patient to play Bingo are also available. Confirmation details will be emailed to all participants prior to the start of Friday's game. Winners of each round will receive fun prizes, including exclusive Jimmy Fund items. Bingo cards are available for purchase until 4 p.m. EST on May 7. All participants who register before 5 p.m. on May 5 will be entered to win a pizza party from Papa Gino's to enjoy while playing during Friday's Bingo livestream.

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Village From page B-1

line and Anderson Regional Transportation Center.

Since 2017, when Edens purchased the Woburn Mall site for \$44 million, city officials have envisioned the proposed lifestyle center will eventually compete with the likes of the Shops at Assembly Row and Lynnfield's MarketStreet site.

With the site to contain 300 housing units and dozens of new storefronts, many viewed the cinema component as an onsite amenity that would discourage visitors and apartment dwellers from coming and going from the property and causing traffic problems.

According to Dumont, the movie theater component was indeed proposed to meet that entertainment demand.

However, the Edens official also pointed out that the movie industry, which a decade ago could create monster-sized complexes and easily pack those cinema houses full of spectators, has been struggling in recent years to retain that customer base.

The sector had been able to plug some of those losses by creating boutique-style and luxury screening rooms that offered alcohol service, fine dining options and reserved seating. But with start of the COVID-19 pandemic and the state's subsequent implementation of restrictions on economic activities that attract large crowds, the recovery skidded to a dramatic halt.

Though Edens officials hope the industry will rebound, local attorney Mark Vaughan, representing the petitioners, pointed out that major theater companies, such as the owner of the newer ActLight Cinema building by TD Garden in Boston, have recently announced the permanent closures of their properties.

"The hope is the cinema [tenant] will come back. I'm sure everybody is following what is happening with that industry," said Vaughan.

According to Dumont, the economic strains brought on by COVID-19 crisis have not only accelerated the demise of various movie theatre locations, it is also forcing many to reimagine the retail landscape as a whole.

"Whatever trends that were already happening in the brick-and-mortar retail business and were expected to happen over the next 10 years, COVID just compressed everything... So it's really forced us to adapt, but there are some exciting things that we think are happening with shorter-term leases and digital products playing around in this space."

With traditional retail spaces already losing much of its market-share to internet-based retail giants like Amazon, Edens is taking a calculated gamble in pitching the large green space by also adding several experimental prefabricated buildings to the landscape.

Envisioning that part of the post-COVID evolution for brick-and-mortar stores will involve a pivot towards more flexible lease terms for "pop-up" promotions, Edens officials believe that the container-style storefronts could ultimately become a major attraction for shoppers.

"As you enter that space, it could become that evolving thing where you don't know what's going on in those containers [and want to check it out to see what's happening]," the Edens representative explained. "One day it could be a spinning class and the next day a [new] clothing rollout."

Originally, Edens designers had hoped to include rooftop seating areas on top of those container-style spaces, an extra amenity that the development team thought might prove popular for visitors looking to enjoy a cup of coffee or an ice cream.

However, officials like Woburn Alderman Joanne Campbell worried about the potential for injuries or other mishaps due to unsupervised children and teens.

Though discouraging that design component for the time being, the City Council did leave open the door for the addition of those rooftop decks down the road.

"There's a lot of different innovations happening with these temporary incubator spaces. But if the council is worried about having rooftop seating on them, it's not going to break our hearts. We just thought it would be a cool idea," responded Dumont, who had envisioned parents enjoying a hot beverage on the platforms while watching as their children ice-skate or play on the common green.

"How about if you think that's something that will work, you come back to the council for a modification later? I'm just not comfortable with it right now, because we haven't really discussed it," Mercer-Bruen responded.

Movie

from page B-1

tousled hair that looks

breezy but you know he

works on it — has an

annunciation to make: Not

only has he completed his

Ph.D in art history, but he's

found a teaching job upstate.

"Oh, at Bard?" asks a

(snobby) friend. No, he

replies, at a place called

Saginaw.

Nobody is impressed, but

Catherine, despite having no

desire to leave her coveted

job as an art restorer, feels

the need to support her hus-

band. For one thing, she tells

a friend, they need the

money — his wealthy par-

ents have finally cut him off.

The friend warns Catherine

she's giving up a lot to go

live in a place filled with

"rich horsey weekenders and

full-time rednecks."

But move they do, to

beautiful Hudson Valley

(writer-directors Shari

Springer Berman and

Robert Pulcini draw out both

the charm and the isolation

of the place) and their cho-

sen town, which is omi-

nously called ... Chosen.

(Certain things are un-

abashedly telegraphed in

this film. Then again, some-

times they're red herrings.

Maybe? Why is Catherine

bulimic, for example?

The house George has

• Real Estate Transfers •

BURLINGTON

141 Cambridge St #F was sold to Myint, Khin T by Adourian Sarkis Est and Adourian, Hratch for \$550,000 on 04/16/21
79 Drake Rd was sold to Du, Jia and Xu, Jing by Faso, Joseph C for \$730,000 on 04/15/21

NORTH READING

3 Homestead Ter was sold to Hulett, Matthew S by Worters, Michael for \$340,000 on 04/16/21
9 Lawrence Rd was sold to Neble, George T and Neble, Christin S by Ratte, Joseph R and Ratte, Sarah M for \$862,000 on 04/15/21
280 Main St #201 was sold to Affordable Home Solutions by Believing Group LLC for \$99,000 on 04/15/21

READING

23 Alden Cir was sold to Shea, Paul W and Brown, Meredith A by Warner, Brian C and Warner, Allison T for \$790,000 on 04/16/21
23 Elliott St #1 was sold to Sullivan, Mark E and Sullivan, Joan F by C&F Prop Advancement LLC for \$849,900 on 04/13/21
419 Grove St was sold to Persons, Matthew and Persons, Jennifer by Beckley, Mark for \$729,000 on 04/15/21
47 Hemlock Rd was sold to McCourt, David W and Colton-McCourt, Jessica by Everett T Blais Jr and Blais, Thomas D for \$789,000 on 04/14/21
8 Sanborn St #3 was sold to Giuliano, Jerry M and Giuliano, Maureen by 136 Haven St LLC for \$365,000 on 04/16/21

STONEHAM

195 Collincote St #102 was sold to Perrone, Michelle M by Grant, Colleen E for \$416,500 on 04/15/21
109 Elm St was sold to Admanfred LLC by Pacy, Robert C and Wilmington Svgs Fund Soc for \$459,000 on 04/15/21
17 Grant St was sold to Stuckel, Kurt F by Tran, Tuyen H and Tran, Hehershe B for \$641,000 on 04/13/21
76 Hancock St was sold to Wu, Jia J and Xuan, Wendy by Pinecrest Realty Vent for \$610,000 on 04/14/21
200 Ledgewood Dr #508 was sold to Fumicello, Erica L by Meoli, Tar for \$315,000 on 04/15/21
66 Main St #14A was sold to Mo, Boshan and Tran, Jeanne by Guejjin, Fatiha for \$358,000 on 04/15/21
100 Park Terrace Dr #154 was sold to Costello, Philip T by Costello, Philip T and Costello, Sara A for \$63,000 on 04/14/21
200 Park Terrace Dr #255 was sold to Madelen, Mary E by Lucuk, Alexandria for \$275,000 on 04/15/21
200 Park Terrace Dr #256 was sold to Lucuk, Alexandria by Farrell, Daniel S for \$350,000 on 04/16/21
Penny Ln was sold to Hickey, Sean A and Hickey, Crista M by Santos, Edra and Santos, Julia A for \$850,000 on 04/13/21

TEWKSBURY

286 Apache Way #286 was sold to Hall, Courtney E and Santos-Cruz, Adrian by Tejeiro FT and Tejeiro, Christine M for \$348,500 on 04/16/21
23 Bay State Ave was sold to Morrell, Daniel S by John Paul Properties LLC for \$650,000 on 04/16/21
7 Bruce St was sold to Toklu, Ece and Wyatt, Joshua T by Nye, Lisa for \$673,500 on 04/15/21
65 Charles Dr was sold to Bacci, Nancy and Bacci, Dominic P by Garrett, Charles M and Garrett, Karen J for \$545,000 on 04/14/21
1 Hodgson St was sold to Pereira, Christopher D and McDonagh-Pereira, Lauren by Diapella, Matthew P and Rice-Diapella, Deja for \$525,000 on 04/14/21
2477 Main St was sold to Senatus, Deland L and Hansen, Krystle K by Erskine, Ryan J and Erskine, Tracey A for \$480,000 on 04/16/21
15 Meade St was sold to G C Marais Corp by Dunlevy, Stephen R and Dunlevy, Doreen

S for \$915,000 on 04/15/21

124 Patrick Rd #124 was sold to Kiley, Ashleigh L by Doherty, Timothy for \$343,000 on 04/15/21

WAKEFIELD

58 Cordis St was sold to Zheng, Xing by Langone RT and Langone, Joyce M for \$600,000 on 04/14/21

69 Foundry St #414 was sold to Giliberti, Peter and Giliberti, Kyle by Foundry Devlopment LLC for \$500,000 on 04/16/21

138 Main St was sold to Tran, Tuyen H and Tan, Hehershe B by Mignosa, Michael for \$915,000 on 04/14/21

65 Montrose Ave was sold to Dhungana, Rabin and Karki, Sanju by Burns, John T for \$975,000 on 04/16/21

40 Nahant St was sold to Mackay-Smith, Kyla T and Mackay-Smith, Joshua D by White Carl P Est and Scotina, Nicole C for \$605,000 on 04/15/21

10 Richardson St was sold to Toto, Matthew by Andrade, Steven for \$650,000 on 04/15/21

6 Spring Ave was sold to Keeping, Sarah E and Carley, Margaret C by Dalton, James and Dalton, Kathryn for \$481,500 on 04/16/21

14 W Water St #2 was sold to Riley, Sarah by Palladino, Christopher or \$257,000 on 04/15/21

WILMINGTON

17 Grand St was sold to Langone, Richard by Carol F Odea T and Sanchez, Brenda for \$315,000 on 04/16/21

WINCHESTER

33 Cambridge St was sold to Goss, Hilary and Dennen, Matthew by Shaw, Bradley F and Shaw, Megan C for \$1,302,500 on 04/15/21

37 Cambridge St was sold to Rudnick, Howard B and Weisz-Rudnick, Arina by Royden, Leigh H for \$1,425,000 on 04/15/21

34 Everett Ave was sold to Welaratne, Bimal and Baris, Elisa by R&M NT and Bauman, David W for \$2,375,000 on 04/15/21

70 Holland St #72 was sold to Zhang, Xiaoyuan and Zhang, Renyi by 70 Holland LLC for \$1,174,900 on 04/12/21

4 Ridgeway St was sold to Lee, William and Obrien, Caitlin by Qi, Xiano and Ma, Shidong for \$1,200,000 on 04/14/21

444 S Border Rd was sold to Ren, Junlan by Flyhomes Invs MA LLC for \$1,190,000 on 04/13/21

1 Stonefield Cir was sold to Boland, Michael and Chang, Sylvia by Stonefield Estates NT and Leo, Vincent R for \$1,785,000 on 04/16/21

200 Swanton St #635 was sold to Ruan, Allie Y and Ruan, Ying L by Hingorani, Savitri P and Hawthorne, J Marlin for \$350,000 on 04/16/21

123 Washington St #2 was sold to Flynn, Sean and Flynn, Amy by Sullivan, David E and Sullivan, Mary E for \$1,435,000 on 04/13/21

WOBURN

10 Beacon St #102 was sold to Yankelevich, Maya and Yankelevich, Lesly by Palma, Lucas D for \$248,000 on 04/16/21

165 Cambridge Rd #10 was sold to Marrocco, Monte by 165 Cambridge Dev LLC for \$669,257 on 04/16/21

27 Conn St was sold to Natividad, Maricar A by Kiesz, Mathew D and Kiesz, Marisol M for \$530,000 on 04/15/21

2 Inwood Dr #3014 was sold to Kucinski, Maria A by 3T Rlty Corp for \$559,000 on 04/16/21

183-A Lexington St was sold to Cialdea, Frederick C and Cialdea, Bruce by Phyllis I Streechon FT and Streechon, Peter C for \$700,000 on 04/13/21

951 Main St #A was sold to Qu, Wenyu and Majors, Sarah by 186 River Street LLC for \$649,900 on 04/15/21

973 Main St was sold to Na, John by Grzybowski, Frederick J for \$472,500 on 04/15/21

105 Montvale Ave was sold to ETS Family Investment LLC by VanHuyse, Michael G and VanHuyse, Anna G for \$690,000 on 04/15/21

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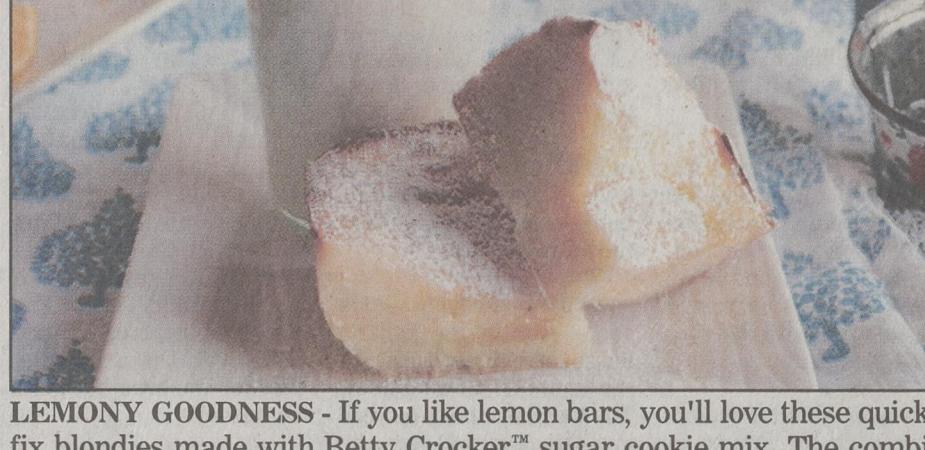
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HomeNewsHere RECIPE

LEMON CHEESECAKE SWIRL BLONDIES



LEMONY GOODNESS - If you like lemon bars, you'll love these quick-fix blondies made with Betty Crocker™ sugar cookie mix. The combination of tangy lemon curd and creamy cheesecake makes for one incredible treat!

STEPS

1. Heat oven to 350°F. Line 8-inch square pan with cooking parchment paper, leaving a few inches overhanging on each side. Spray with cooking spray; set aside.

2. In medium bowl, mix cookie mix, softened butter, sour cream and 1 of the eggs. Spread two-thirds of the mixture into pan.

3. In small bowl, beat cream cheese with remaining egg, the granulated sugar and 2 tablespoons of the lemon curd. Spread mixture evenly over cookie layer. Drop remaining lemon curd by dollops over cream cheese mixture;

LYNNFIELD

14 S Bedford St was sold to Li, Shi Y and Gao, Tian by Scire, Douglas X and Scire, Adelma L for \$1,109,666 on 04/15/21

LYNNFIELD

824 Lynnfield St was sold to Nath, Parisita and Sangepu, Gopi K by Wright FT and Wright, Bryant B for \$615,000 on 04/16/21

10 Olde Towne Rd was sold to MD Prop Development Corp by Lefave, Joanne and Legget, Lisa A for \$700,000 on 04/13/21

797 Summer St was sold to Mcclusky,

Ingredients

• 1 pouch Betty Crocker™ sugar cookie mix

• 1/2 cup unsalted butter, softened

• 1/4 cup sour cream

• 2 eggs

• 1 package (8 oz) cream cheese, softened

• 2 tablespoons granulated sugar

• 1 jar (10 oz) lemon curd

• Powdered sugar



The Words We Use

Presented by Susan I. Wranik, MS, MA, CCC-SLP; Susan is a national speaker, author, linguist and medical professional who is passionate about communication, quality of life and giving a voice to others.



How we talk about things can change the way we act and react to the world around us. This can also have a profound effect on our health. Words count—and if we're going to change the way we cope and carry on, we must start with the words we use.

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• Reframing thoughts

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Tuesday, May 11th

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Tewksbury Police Log

Female party arrested for reportedly shoplifting

Monday, April 26

3:15 a.m. - A 911 caller at Holiday Inn having an issue with alcohol. Police sent. Ambulance sent for an alcohol and officer filed a report.

3:52 p.m. - Call from the front desk of Fairfield Inn for an unwanted party. Police sent. Tiffany Gentzel, 30, of 273 Jackson St. in Lawrence, was arrested and charged with warrant violation.

10:30 p.m. - Caller reported blood on the ground at Delaney Drive. Police sent. It appeared to be from a nose bleed. Building maintenance notified.

Tuesday, April 27

7:10 a.m. - Caller reported erratic operators driving

fast at North Street. No further information was given. Police sent but gone on arrival.

1:58 p.m. - Call from an employee of Cube Smart Self Storage for an unwanted party. Police sent. All units were cleared and Cube Smart Self Storage had been a no order. Officer filed a report.

5:06 p.m. - A couple of kids came over to the caller's house and threw rocks at the house at Court Street. The kids have been harassing her daughter over the past year. Officer filed a report.

5:20 p.m. - Loss prevention called about a shoplifter at Walmart. She had several bags of clothing and a party was waiting outside to pick her up. Police sent. Audra

DeLuca, 40, of 18 Asbury Way in Lowell, was arrested and charged with larceny under \$1,200.

Wednesday, April 28

12:13 p.m. - Female caller reported approximately half an hour ago a gray Honda was driving along the Cartpath Road taking pictures of the house and cars. Caller gave a plate number. Police sent. The plate was incorrect. Police spoke with the caller and checked the area but gone on arrival.

1:23 p.m. - The female party was taking photos of a house at Shawsheen Street. Police spoke with the driver whose a relator taking photos for the homeowner.

1:24 p.m. - Police sent to Mystic Avenue to investi-

gate a suspicious high pitched noise in the area that the caller believed may be to 'keep the birds away.' Police reported both units checked the area and spoke with the caller. They cannot hear the noise that he can.

Thursday, April 29

2:36 p.m. - Caller reported male party sleeping in his vehicle at McDonalds. Police sent and filed a report.

5:06 p.m. - Employee at Cumberland Farms reported an unruly customer was throwing things in the store before leaving on foot. She was heading towards Motel 6. Police sent. Female was in the stairwell at the Motel 6. A notice of trespass was issued to Cumberland Farms. Officer filed a report.

11:20 p.m. - Caller reported a red van at Ames Hill Drive with two parties walking around the area with flashlights. Police sent. The parties lived there and have gone inside.

Friday, April 30

5:14 a.m. - Police reported himself at Holiday Inn out for a disturbance call. Officer filed a report.

8:11 p.m. - The front desk clerk at Marriott Residence Inn requested assistance with a female party who was trying to get into someone's room. Police sent. Party was spoken to and she made contact with the party who rented the room.

10:55 p.m. - A DMV at Cracker Barrel Old Country Store. Police sent. Officer reported the vehicle was a DMV and MSP was in scene.

Street. Caller reported he was no longer behind the vehicle. Police sent. Officer spoke to the party.

3:06 p.m. - Call from Sooner Lube for a past argument that occurred between the tow truck driver and a customer. Police sent and filed a report.

10:32 p.m. - Caller reported two males parties knocked on the caller's door and left on foot towards the North Street School. Police sent and there was no one in the area.

10:55 p.m. - A DMV at Cracker Barrel Old Country Store. Police sent. Officer reported the vehicle was a DMV and MSP was in scene.

Sunday, May 2

4:48 a.m. - Call from the front desk for male party wearing an orange hoodie looking into vehicles at Motel 6. Police sent. Police searched but gone on arrival.

4:05 a.m. - A mailbox and post valued at \$250 were struck overnight on Woburn Street and the resident requested the incident be logged.

Thursday, April 29:

9:09 a.m. - A black 2013 Acura MDX struck a tree on Chestnut Street and injuries were initially unknown. Verizon Pole #53 was also struck and Verizon was notified.

11:09 a.m. - An anonymous complaint was lodged regarding the rooster on Washington Avenue. The rooster is reportedly crowing several times an hour. The owner was advised of the complaint.

11:24 p.m. - Robert W. Tansey of 940 Main St., Apt. #9 in Tewksbury was arrested for OUI-Drugs, Second Offense. This occurred after an adult male was initially reported as being passed out in a gray 2016 BMW 228 on Fairfield Road. The Fire Department responded and the car was towed. Tansey's bail was set at \$40.

10:29 p.m. - A caller reported a large gathering at the student parking lot on Middlesex Avenue. It was involving WHS seniors and it was reported they were not letting other vehicles out of the lot. The group was playing a game called Senior Assassin and were sent on their way.

Wednesday, April 28:

8:27 a.m. - The owner of a blue 2013 Nissan Altima walked in to report that their vehicle had been vandalized at work on Research Drive.

5:19 p.m. - A caller reported a group of parties were sitting on a bench at Town Hall on Glen Road smoking a bong. The parties were not publicly con-

suming, but were sent on their way.

5:21 p.m. - The owner of a gray 2020 Mazda CX-5 reported his vehicle had been vandalized on Wicks Circle. The resident reported the vehicle was egged and that there are minor scratches on the door.

10:08 a.m. - A motor vehicle collision occurred on I-93 Northbound and the I-93 Northbound Route 38 Ramp between a grey 2005 Toyota Sienna and a black 2010 Harley-Davidson FLHX. A wrong-way driver struck a motorcyclist head on and Massachusetts State Police responded. The I-93 Northbound Ramp 38 was shut down by police.

Registration now open for Middlesex Sheriff's Office correction officer exam

the place for you."

BILLERICA — Registration is now open for the 2021 Middlesex Sheriff's Office correction officer exam.

This year's exam is being offered on a rolling basis with candidates able to select from a predetermined list of dates beginning this week and running through May 22. Those interested in registering for the written exam must do so before 5 p.m. on Monday, May 10 at middlesexsheriff.org.

"The Middlesex Sheriff's Office is nationally recognized for its innovative programs and commitment to improving the lives of those in our custody and in communities across New England's most populous county," said Middlesex Sheriff Peter J. Koutoujian. "If you're interested in a career in public service and in helping others, this is

adult offenders. This March, the MSO also opened a new pre-release center designed to help prepare incarcerated women for re-entry. This program focuses on treatment, family engagement and reunification.

"These innovative programs not only make the MSO a leader in the field of rehabilitation, but also provide incredible opportunities for officers to continue to grow in their careers through specialized training and assignments," said Sheriff Koutoujian.

To learn more about the Middlesex Sheriff's Office, find a full list of qualifications or register for this year's exam, please visit middlesexsheriff.org.

To view the exam registration video please visit <https://youtu.be/iD7h2IW7zs>.

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TWO

2021

Spring HOME IMPROVEMENT

SPECIAL SECTION

Published the 3rd Week of MAY

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Vaccine appointments available at Lowell General

LOWELL — Lowell General Hospital's regional vaccination site at Cross River Center now has hundreds of open appointments to accommodate any eligible individuals and groups looking seeking the COVID-19 vaccine.

The site, located at 1001 Pawtucket Blvd. East, currently has enough supply of the Pfizer vaccine to fill thousands of appointments over the next two weeks. Moderna will be available for second dose scheduled appointments. Appointments can be made online at www.lowell-generalvaccine.com.

"As more of our community becomes vaccinated, we are advising everyone age 16 and over that accessing an appointment has become much easier," said Jody White, President and CEO of Lowell General. "The sooner we all get vaccinated, the sooner we get this pandemic behind us."

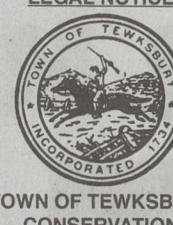
About Lowell General Hospital

Lowell General Hospital is a not-for-profit, community hospital serving the Greater Lowell area and surrounding communities. With two primary campuses located in Lowell, the hospital offers the latest state-of-the-art technology and a full range of medical and surgical services for patients, from newborns to seniors.

For more information about Lowell General Hospital and its services, visit lowell-general.org, follow on Twitter @LGHWELL and Like Lowell General Hospital on Facebook.

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www.homenewshere.com OR masspublicnotices.org/Search.aspx



LEGAL NOTICE

TOWN OF TEWKSBURY CONSERVATION COMMISSION

PUBLIC HEARING

NOTICE OF INTENT

Notice is hereby given that the Tewksbury Conservation Commission will hold a virtual public hearing on **May 12, 2021 at 7:00 P.M.** on an application filed by Michael & Ann Gerry for a Notice of Intent to raze a barn, construct a garage, remove/relocate fence, associated grading and utilities. Proposed work is located within the buffer zone of a bordering vegetated wetland. The hearing will be conducted via WebEx and will be available for viewing on the following cable public access channels: Verizon Channel 33 and Comcast Channel 99. The public will be able to participate by calling 781-565-8134. Viewing and participation access is subject to change. Please check the meeting agenda 24 hours in advance.

Said property is located at 170 North Street, Assessor's Map 62 Lot 2.

The application may be examined on the Conservation Commission webpage of the Town of Tewksbury's website at www.tekwksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org.

Stefania Gallo
Conservation Agent/
Planner
210514
5/5/21



LEGAL NOTICE

TOWN OF TEWKSBURY CONSERVATION COMMISSION

PUBLIC HEARING

Request for Determination of Applicability

Notice is hereby given that the Tewksbury Conservation Commission will hold a virtual public hearing on **May 12, 2021 at 7:00 P.M.** on an application filed by John C. Marchese for a Request for Determination of Applicability to construct a detached two car garage. Proposed work is within the buffer zone of bordering vegetated wetlands. The hearing will be conducted via WebEx and will be available for viewing on the following cable public access channels: Verizon Channel 33 and Comcast Channel 99. The public will be able to participate by calling 978-771-0819. Viewing and participation access is subject to change. Please check the meeting agenda 24 hours in advance.

Said property is located at 71 Frasier Lane, Assessor's Map 25 Lot 79.

The application may be examined on the Conservation Commission webpage of the Town of Tewksbury's website at www.tekwksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org.

Stefania Gallo
Conservation Agent/
Planner
210518
5/5/21



LEGAL NOTICE

TOWN OF TEWKSBURY CONSERVATION COMMISSION

PUBLIC HEARING

Request for Determination of Applicability

Notice is hereby given that the Tewksbury Conservation Commission will hold a virtual public hearing on **May 12, 2021 at 7:00 P.M.** on an application filed by Jonathan Hone for a Request for Determination of Applicability to perform groundwater remediation. Proposed work is within the buffer zone of bordering vegetated wetlands. The hearing will be conducted via WebEx and will be available for viewing on the following cable public access channels: Verizon Channel 33 and Comcast Channel 99. The public will be able to participate by calling 781-565-8134. Viewing and participation access is subject to change. Please check the meeting agenda 24 hours in advance.

Said property is located at 495 Woburn Street, Assessor's Map 39 Lot 101.

The application may be examined on the Conservation Commission webpage of the Town of Tewksbury's website at www.tekwksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org.

Stefania Gallo
Conservation Agent/
Planner
210529
5/5/21



LEGAL NOTICE

TOWN OF TEWKSBURY CONSERVATION COMMISSION

PUBLIC HEARING

Request for Determination of Applicability

Notice is hereby given that the Tewksbury Conservation Commission will hold a virtual public hearing on **May 12, 2021 at 7:00 P.M.** on an application filed by Errimino Grasso for a Request for Determination of Applicability to construct an in-law addition. Proposed work is within the buffer zone of bordering vegetated wetlands. The hearing will be conducted via WebEx and will be available for viewing on the following cable public access channels: Verizon Channel 33 and Comcast Channel 99. The public will be able to participate by calling 781-565-8134. Viewing and participation access is subject to change. Please check the meeting agenda 24 hours in advance.

Said property is located at 15 Plunkett Way, Assessor's Map 39 Lot 101.

The application may be examined on the Conservation Commission webpage of the Town of Tewksbury's website at www.tekwksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org.

Stefania Gallo
Conservation Agent/
Planner
210530
5/5/21



LEGAL NOTICE

TOWN OF TEWKSBURY BOARD OF HEALTH

Notice is hereby given that the Tewksbury Board of Health will hold a public hearing on May 20 2021 at 6:00 PM. Requested by Tewksbury Realty Ventures, LLC 1800 Main St. for a variance to Tewksbury BOH Rules and Regulations, Chapter 9: Grease Tank and Grease Trap Requirements for Food Establishments section 9.5.1 & 9.5.2 which requires an "external" one thousand five hundred (1,500) gallon grease trap. The hearing will be conducted via WebEx and will be available for viewing on the following cable public access channels: Verizon Channel 33 and Comcast Channel 99 and YouTube.com/TewksburyTV. The public will be able to participate by calling 781-565-8134. Viewing and participation access is subject to change.

At that time, all interested parties will be heard. Copies of the application are available at the Tewksbury Board of Health Office located at the Tewksbury Town Hall.

Raymond Barry
Chairman, Board of Health
210531
5/5/21

LEGAL NOTICE

TOWN OF WILMINGTON BOARD OF APPEALS

NOTICE OF PUBLIC HEARING

A public hearing will be held Virtually via Zoom on May 12, 2021 at 7:00 p.m. on the following applications:

Case 7-21
Sheila Williams
90 Grove Avenue
Map 34, Parcel 9

-to acquire a Special Permit § 6.6.7.7 for the Ground Water Protection District

Case 8-21
Sheila Williams
90 Grove Avenue
Map 34, Parcel 9

-to acquire a Special Permit § 6.1.6.4 to extend a non-conforming structure

Case 9-21
Daniel and Diane Foley
7 Towpath Drive
Map 28, Parcel 33

-to acquire a Special Permit § 6.6.7.7 for the Ground Water Protection District

Case 10-21
Matthew Luther
625 Main Street
Map 40, Parcel 190

-to acquire a Special Permit § 3.6.6 for the use of General Manufacturing in a General Industrial Zone

Case 11-21
Vapor IO, Inc
26 Upton Drive
Map R1, Parcel 18G

-to acquire a Special Permit § 6.6.8.1 to allow the use of Control Measures in the Ground Water Protection District

Case 12-21
Cellco Partnership d/b/a
Verizon Wireless
26 Upton Drive
Map R1, Parcel 18G

-to acquire a Special Permit § 6.6.7.7 for the Ground Water Protection District

Case 13-21
Paul Catalano
23 Miller Road
Map 55, Parcel 112

-to acquire a Special Permit § 6.1.6.4 to extend a non-conforming structure

Case 14-21
Paul Catalano
78 Grove Ave
Map 34, Parcel 4

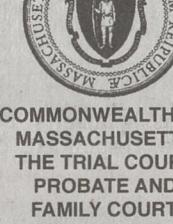
-to acquire a Special Permit § 6.6.7.7 for the Ground Water Protection District

Case 15-21
Paul Catalano
78 Grove Ave
Map 34, Parcel 4

-to acquire a Special Permit § 6.1.6.4 to extend a non-conforming structure

Case 16-21
Tara E. DeCristofaro
Register of Probate
210534
5/5/21

4/28, 5/5/21



LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Middlesex Probate and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. MI21P0250EA

Estate of: Elliot Fama
Date of Death: 11/04/2020

To all interested persons:

A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Laureen M. Fama of Billerica MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Laureen M. Fama of Billerica MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 05/27/2021.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED

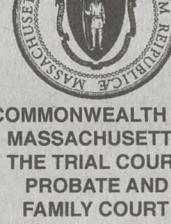
ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Maureen H. Monks, First Justice of this Court, Date: April 29, 2021

Tara E. DeCristofaro, Register of Probate

210534
5/5/21



LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Middlesex Probate and Family Court
208 Cambridge Street
Cambridge, MA 02141
(617) 768-5800

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. MI21P1046EA

Estate of: Albert C. Bland
Date of Death: 12/15/2020

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Kimber L. Marshall of Lakewood Ranch FL requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Kimber L. Marshall of Lakewood Ranch FL be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 05/24/2021.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED

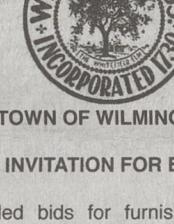
ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Maureen H. Monks, First Justice of this Court, Date: April 26, 2021

Tara E. DeCristofaro, Register of Probate

210512
5/5/21



Lifestyle

Fire up the grill for NATIONAL HAMBURGER MONTH

By HEATHER BURNS
News Correspondent

America's national pastime, baseball, is usually in full swing by mid-spring. The same can be said for the all-American hamburger. It seems grilling burgers has also become a national pastime, especially from Memorial Day to Labor Day, making May the perfect time for National Hamburger Month.

Although summer cookouts feel like they have always been a part of the American lifestyle, the iconic hamburger has only been a part of our culture for a little more than 100 years.

Ground meat dates back as early as 1209, when Mongol Horsemen, known as the "Golden Horde" were busy conquering much of the civilized world.

These soldiers spent most of their time on horseback, so they required quick meals that could be eaten with one hand while they rode. Ground meat became the solution to this army's dietary needs.

Scraps of lamb were formed into flat patties, and kept under the soldier's saddle while they rode. This tenderized the meat, and it was convenient to eat on the go, as the patty was eaten raw.

In 1238, the Golden Horde invaded Moscow, bringing their ground meat with them. The Russians eventually adopted this Mongol cuisine, and it became known as "Steak Tartare" (Tartare was the Russian's name for the Mongols.)

In the 15th century, the German port of Hamburg began trade with Russian ports. During this time Steak Tartare was introduced to Germany, and became a popular delicacy made from high quality Hamburg beef.

By the late 18th century, Hamburg was one of the largest ports in Europe, and the "Hamburg Steak" as it was called by sailors, made its way to



▲ Bacon cheeseburger

New York City.

The American version of the Hamburg Steak was catered to German immigrants and the working class, who could not afford the high price of the fine quality German Hamburg Steak. To make it more cost effective, lower grades of beef were used and it was served both cooked and raw, making it a staple food for the lower class's everyday diet.

There is some question as to who was the first to serve the iconic hamburger on a bun that we all know and love today.

During the Industrial Revolution, the American version of Hamburg Steak was sold from carts on the streets of New York to factory workers. It is believed that bread was added to the meat patty to make it

quick and easy for workers to eat while standing on the sidewalk during their short lunch break.

Many small entrepreneurs during that time also claimed to serve the first Hamburg Steak sandwich. However, all can agree that the first widespread national exposure of the burger we know today was at the 1904 World's Fair in St. Louis, Missouri.

This new sandwich, called the "hamburger," was considered the most innovative food of the fair.

After its unveiling at the World's Fair, the popularity of the hamburger gained momentum, showing up on diner menus throughout the country and sparking the start of hamburger chain restaurants.

(Heather Burns photo)

Today, over 50 billion hamburgers are sold in America each year, proving Americans' love affair with the burger is still going strong.

Besides the numerous fast food burger restaurants, there are also many trendy burger places, such as the Boston Burger Company, that specialize in unique burgers with unconventional toppings.

Move over pickles, lettuce and tomatoes, you can now find your favorite American hamburger topped with such things as pulled pork, sweet potato fries, hot peppers and guacamole, macaroni and cheese, and peanut butter and bananas!

For those who prefer their burger hot off the grill in your own backyard, there are a few

things you should know to make the perfect burger at home.

First, start with the right meat. For juicy burgers use ground beef with at least 18 percent fat. Extra lean beef tends to be too dry and tough to achieve a classic burger flavor.

The more freshly ground the meat is, the more tender and flavorful the burger is, so ask your butcher to grind the meat for you while you wait, or invest in a home meat grinder.

When forming your burgers, wet your hands first to avoid stickiness.

The proper burger size for optimum grilling should be three-quarters of an inch thick on the edge, and half an inch thick in the middle.

Keep burgers cold until they hit the hot grill. This helps the flavor-carrying fat stay in the meat.

Grill on a steady, high heat and flip only once during the grilling process.

The USDA sets the minimum safe temperature to cook ground beef at 160 degrees Fahrenheit to kill any harmful bacteria in the raw meat.

Cook burgers two minutes per side for rare, three minutes per side for medium rare, four minutes per side for medium and five minutes per side for well done.

Allow cooked burgers to "rest" for 5-10 minutes to finish cooking and redistribute juices.

With warmer weather on the way, it's a perfect time to fire up the grill and enjoy National Hamburger Month. Celebrate the American burger experience like never before by trying out new and unusual toppings for your burger.

For those not quite as adventuresome with their burger, the classic, all-American hamburger can still hold its own on a plain bun. I will borrow a notable observation from musician Jimmy Buffet and point out that it is still "heaven on earth with just an onion slice."

Eat more plants and less meat for a healthier diet

By PAIGE IMPINK
News Correspondent
paige@yourtowncrier.com

Plant-based eating is receiving a lot of attention in the media these days. People are seeking ways to improve their health, reduce dependence on large scale agribusiness, and reverse the environmental impacts that factory farming has produced.

When exploring a plant-based diet, a question often raised is "how will I get enough protein?" According to experts in nutrition, it is a common misconception that humans need protein from animal sources in order to be healthy.

As a simple comparison, black beans and lentils have more protein per one cup serving than a hamburger. Spinach, quinoa,

and edamame pack a nutritional punch with protein and essential amino acids.

This is not to bash a juicy hamburger; rather, to show that options exist which can achieve satiation for the eater while also reducing the amount of saturated fat, cholesterol and by-products found in animal-sourced foods.

Several plant-based diets have gained popularity, including the Engine 2 eating plan and the Forks Over Knives series. Lower cholesterol, weight loss and reduced blood pressure are documented and irrefutable results when adopting a plant-based eating plan.

Recognizing the growing interest in eating cleaner and more sustainably is good for businesses to reach new markets, and the quick market response is good

for customers seeking ways to eat healthier without sacrificing their lifestyle.

Restaurants are incorporating more plant-based menu options, including vegan choices. In fact, Eleven Madison Park in New York City, a Michelin 3 star restaurant and one of the top eateries in the world, just announced this week it is going vegan.

Cooking website Epicurious has announced it will not publish recipes which use animal products. Fast food chains such as Dunkin' Donuts, Burger King, White Castle, TGI Friday's and Quiznos are offering plant-based alternatives for consumers' changing tastes.

Recognizing the growing interest in eating cleaner and more sustainably is good for businesses to reach new markets, and the quick market response is good

for customers seeking ways to eat healthier without sacrificing their lifestyle.

Now, transitioning to a plant-based diet need not involve giving up meat or dairy completely. Nutritionists suggest a shift in the proportion of meat to vegetables on your plate and building meals around vegetables instead of making meat the centerpiece.

Start with stacking your plate half full of vegetables, then slowly increase the amount as you limit your meat intake. Stocking up on snacks such as nuts, seeds, and dried fruits, and moving away from cheese and luncheon meats can be an easy first step.

Incorporate one salad each day into your menu. Try oat milk or flax milk instead of cow's milk, and



▲ Plant-based eating is becoming more popular as reflected in our stores, restaurants, and eating plans. Experts agree incorporating more fruits and vegetables into our diets while reducing the amount of animal products is good for our health.

(Paige Impink photo)

try applesauce or chia in baking instead of eggs. Experiment with beans and oats to replace meat in recipes.

Simple changes can put your eating on a path that is more healthful not only for your body, but for the planet at the same time.



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BOUDREAU, ALYSSA
BURNS, JAIME
CARNEY, AIMEE
CASSIDY, BRENNA
CRONIN, MICHAEL
DIULIO, FELICIA
DUGGAN, MICHAEL
EAGAN, BRADY
FINNEGAN, CAITLYN
FISHER, JULIANA
FLEMING, ETHAN
FLIGHT, CIARA
FOWLER, ALEXANDRA
FURILLA, HAILEY
GIORDANO, ASHLEY
GRACE, HANNAH
GUSTIN, TRINITY
HAYES, ABIGAIL
HINKLE, MICHELLE
HUGHES, RYAN
IANDOLI, BRIANNA
INDINGARO, ALLISON
LIGHTFOOT, DANIEL
LINNEHAN, JOSHUA
MADEIROS, THALITA
MANSON, ROBERT
MARCLEY, ELLISA
MILLER, ELIZABETH
MOREIRA, AMANDA
MUNROE, DEREK
NKABASELE, BRETT
O'NEIL, SHAYNE
PAIGE, MAKAYLA
PAL, KUNAL
PARR, EMILY
PAZYRA, JOSEPH
PERRON, ARIANA
PHALLA, EYHONG
PIERCE, MADISON
POLIMENO, ALEXIS
POWERS, PATRICK
ROBILLARD, MADISON
ROSENBERG, RYAN
SANDS, ERIN
SATTERFIELD,
JESSICA
VANDEBERGHE,
MADISON
VARGHESE, ABIGAIL
WOODMAN, BROOKE
ZACKULAR, RYAN

JUNIORS
ATHALYE, SHREYA
BAILEY, EOWYN
BARKALLAH, SARRA
CONNORS, CADEN
CURA, NOELIA
DEMER, ASHLEY
DESISTO, BIANCA
EVANGELISTA,
NICOLETTA
FORGIONE, MADISON
HILLIS, JUSTIN
KELLEY, RACHAEL
KENNEN, ALIANA
KIMTIS, COLE
LEMO, LUKAS
MCCALLION, KRISTA
MCGILVERY, KYLA
NGUYEN, MAISAN
NGUYEN, NATALIE
O'LEARY, ELYSE
POLIMENO, KATELYN
PRICE, RAIA
RAGUCCI, JOHN
RICCI, JULIANA
STOVESAND, MADISON
SYDNEY, DAVENCHE
TRANT, TIERNEY

SOPHOMORES
BAKER, JOHN

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CREMIN, COLLEEN
DARRIGO, JUSTIN
ESKENAS, WILLIAM
FRANKLIN, DANIEL
HALEY, MEGAN
HO, CECEILA
KWARTLER, HANNAH
LACHAPELLE,
NATHANIEL
LIGHTFIELD,
GAVRIELLA
MAHONEY, ABIGAIL
MCCORMICK, ROBERT
MEHRABANI, DARYA
MEHRABANI, POURIYA
PAQUETTE, AVA
SABIR, SABREEN
SATTERFIELD, OLIVIA
TRODDEN, TYLER
WARD, OLIVIA
ZACKULAR, RANDY

FRESHMEN
ALLEN, PAUL
ANDERSON, RHIANNON
ARMSTRONG, KAYLIE
AUTH, SKYLAR
BELUCO, RAFAEL
BOURGEA, JOSEPH
BRADLEY, JENNA
CARLSON, JULIA
CHASE, HEATHER
CONTE, DELIA
COOKE, MATTHEW
CRAIG, GIANA
CROWLEY, MORGAN
CYR, NATHAN
DANG, LANA
DOIRON, HALEIGH
DOUCETTE, BENJAMIN
FESTA, SAMANTHA
FLAHIVE, COLBY
FLYNN, GIANNA
GIGANTE, WHITNEY
GROVE, ALEXANDER
HARRIS, REBECCA
HAYES, ZACHARY
HICKEY, MACKENZIE
KINNAN, OWEN
KITOWICZ, NICOLAS
LATE, RENUKA
LEVENS, GALIL
MALIZIA, DAKOTA
MANGAN, CULLEN
MERCURIO, STEPHANIE
MORRIS, JASON
NGUYEN, KIMSA
NICKERSON, TEA
NORDBRUCH, AVA
OPPEDISANO, LAUREN
QUEIROGA, CHRISTIAN
RENNELL, DREW
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ROBSON, JASMINE
RUSSO, GRACE
SCHIEDING, SKYLER
SCHILLE, KATERINA
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VENO, ALICIA
WOODMAN, JARED

School Year: 2020-2021
Term 3
HONOR ROLL

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ALFANO, ISABELLA
ARSENault, HAILEY
ASSELIN, JENNIFER
AZZALINA, SOPONWIT
BAKER, ALYSON
BURKE, CATALINA
CALLINAN, MARYKATE
CARLETON, ISABELLE
CARLSON, MICHAELA
CASHELL, EMILY

CONNOLLY, ZACHARY
CROTEAU, ADRIANA
DAWSON, MACKENZIE
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DONOVAN, ADAM
DUFFETT, COLE
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FLYNN, JUSTIN
FLYNN, VANESSA
GRACZYK, RENEE
HANNAN, KEEGAN
HANSBURY, ABIGAIL
HODGES, KIRA
KIRBY, JULIA
LAI, CINDY
LANTUM, BERI
LIGHTFIELD,
ALEXANDRA
LINDSEY, TREVOR
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MACDONALD, KAITLIN
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MARCHELLETTA,
ALYSSA

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O'NEIL, KATE
PAULDING, OLIVIA
PESTANA, HENRY
RAMETTA, RYNE
RAYMOND, ALEXIS
ROUX, ISABELLE
SABIR, SABTARI
SOUSA, SIERRA
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SWEENEY, ANTORIA
TALBOT, PAIGE
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WALKER, EMILY
WHITE, SAMUEL
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CHAPMAN, MACI
CHAWKATE, SARAH
CONNORS, LAUREN
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CRAWFORD, THOMAS
CREMIN, MOLLY
CRISCI, SOPHIA
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CURTIN, COURTNEY
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DELLAPIANA, ANDREW
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ADAMS, LUCAS

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BARON, JOHN
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CONNORS, MICHAEL
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CURA, RYAN
DAVIS, AISLIN
DELLAPIANA, AVERY
DOTY, AYANE
FREITAS, ANTHONY
GAGLIONE, MICHAEL
GIORDANO, EMMA
GONZALES, HAILIE
HATCH, BROOKE
HEICHMAN, CAMERON
IMPINK, PETER
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MACMILLAN, SAM
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ORTIZ, JAZMIN
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PICCOLO, BENJAMIN
PRICE, ALANA
RENNELL, JACK
RYAN, EMMA
SANchez, JADE
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SOPHON, JUNISSA
SPINALE, AVA
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TILTON, SAMANTHA
WALAZEK, CONNOR
WHITE, SAM
YOUNG, EMMA

Frisella, Walsh earn designation of Certified Hospitality Dept. Trainer

NEWTON — Leonardo Frisella, a Lasell University student from Tewksbury, and Kyra Walsh, a Lasell University student from Wilmington, recently earned the designation of Certified Hospitality Department Trainer (CHDT).

The CHDT is a professional certification that recognizes hospitality professionals for their knowledge and skills in training employees within any vertical of the hospitality industry.

According to Professor Siddharth Mobar, "This prestigious credential and certification provides formal recognition, as well as the added responsibility of showing others how to do the job right."

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OBITUARIES

Robert Edward Colman Enlisted in the US Army

Robert E. Colman, 85, died March 21, 2021 at the V.A. hospital in White River Junction, Vermont after a brief illness. He was the husband of the late Barbara L. Colman (Froton) from Wilmington.

Bob was born June 19, 1935 in Wakefield to the late Linton and Beatrice (Ralston) Colman. He was the third of six children with an older brother Dickey and sister Delores and two younger brothers, David and Teddy.

Bob graduated from Wakefield High School in 1954.

He was an apprentice furniture maker under his father, Linton until he enlisted in the US Army in March of 1958. It was during this time, Bob met the love of his life, Barbara Froton, and the two married after a brief courtship, July 4, 1958.

Following a nine-month deployment to Okinawa, Japan, Bob and Barbara started their family of five children in Wilmington, and then moved to Woburn.

Bob worked at several chemical plants in metro Boston as a master ma-

chine operator.

He and Barbara loved dancing, traveling, and candlepin bowling. Bob loved music, painting, scratch board, and was a huge Boston sports fanatic! He was a wonderful father, grandfather and great-grandfather.

Bob loved God with all his heart and was a faithful long-time member of Heritage Park Baptist church as well as Lake Sunapee Baptist Church in Newport, NH.

Bob will be missed by many for his kindness, friendliness, respect for others and great love and compassion.

Bob leaves his children: Diana L. (MacDonald) Colman of Newport, NH, Kathleen C. (Lynch) Colman of Mt. Pleasant, SC, and Bobbi E. Colman Jr. of Newton.

He also leaves his grandchildren: Jennifer L. Keller of NH; James M. White of Texas; Patrick E. Savage of Nashua, NH; Francesca M. Lynch of Dunstable; Carrie Ann Medley of Somerville; Eliot R. Savage of Fitchburg; Sarah P. Larsen of Lake Tahoe, CA; and Emma Colman of Newton.

Bob also leaves five great-grandsons: William



Parra, Logan Parra, Joey DiRocco, Jackson Savage, and Sebastian Keller.

He also leaves his younger brother David L. Colman of Shelburne, VT.

Bob is predeceased by his lovely wife Barbara L. (Froton) Colman, son Richard A. Colman, and Barbara E. Colman; he is also predeceased by his three brothers Donald, Richard, and Theodore and sister Delores.

All are welcome to join us in celebrating Bob's life on Sunday May, 16 3 p.m. at the Heritage Park Church, 129 Lexington St., Burlington.

Project Bread's Walk for Hunger raises more than \$1M

BOSTON — On Sunday, May 2, Project Bread hosted the nonprofit's 53rd annual Walk for Hunger, held virtually for the second consecutive year, to raise funds to help get food to kids and families during the COVID-19 crisis. More than 1,500 virtual participants hit the pavement in their neighborhoods and rallied supporters online to raise \$1,067,000 for the cause. Fundraising for the event will continue through June 30.

"As the pandemic continues to take a financial toll on people and entire communities, we must do everything we can to help the 1 in 6 households struggling to afford food," says Erin McAleer, CEO of Project Bread.

"Participating in Project Bread's Walk for Hunger is one way we can all do something real to make sure our neighbors can get food to meet their most basic need. Our community has shown we have the power to create meaningful change. This year it is especially important."

True to its grassroots beginnings, the Walk for Hunger brings community partners, business leaders, walkers, volunteers, public officials, media and residents of all backgrounds together for a united cause. Money raised through the virtual event will fund Project Bread's urgent COVID-19 hunger-relief response work directly helping individuals and families and advocating at the state and federal levels for expedited and efficient relief for those in need now and in the future.

"Without our walk participants, we wouldn't be able to do what we do," says McAleer. "The Walk for Hunger is our largest annual fundraiser. Money raised by Walk participants goes directly to helping people access food during the pandemic

and ensures communities have the resources necessary to respond to the hunger crisis now and over the long road to recovery ahead.

Likeminded organizations that fundraised as part of The Commonwealth program by forming teams raised money to support their own work, while also furthering the statewide effort. This year 28 nonprofits participated in this program and raised more than \$165,000 and counting, toward their own anti-hunger local efforts to be awarded in grants later this year.

Historically, the Walk for Hunger, the nation's oldest continual pledge walk, takes place the first Sunday of May on the Boston Common. This year's event included Facebook Live check-ins throughout the day with McAleer, elected officials, including Senator Sal DiDomenico and State Representative Andy Vargas, and with messages from national hunger leader, Congressman Jim McGovern, as well as Attorney General Maura Healy, MA Department of Transitional Assistance Commissioner Amy Kershaw, MA, along with Project Bread employees, individual walkers and volunteers posting and sharing their experiences along their neighborhood routes and why they are walking to help end hunger. Families with kids, people with dogs, and teams of corporate employees, many of whom haven't seen each other in more than a year, all found creative ways to infuse feelings of unity and connectedness into the day virtually, on social media.

During the event, Project Bread honored Catalina López-Ospina with the Patrick Hughes Award for Social Justice for her work as Director of the Mayor's Office of Food Access in Boston, helping to fill gaps in food

access for individuals and families and expand the city's anti-hunger efforts. The award recognizes an individual with an unyielding commitment to driving meaningful change by addressing the causes of hunger, thus carrying forward the spirit of the event's founder, Patrick Hughes.

"Our walk community always inspires us," says McAleer. "The people of Massachusetts showed up in a big way even during a pandemic. From hosting virtual auctions, to doing family fitness challenges and co-worker relay races, to running alpaca photo booths and walking their own routes, people found a way to raise awareness and money to help those who need it most. Their efforts speak to the potential we have as a community working together to drive change and that is a message that resonates with everyone."

Donations and personal fundraisers will continue to be made through June 30. To support the Walk for Hunger, visit: www.projectbread.org/walk. People experiencing food insecurity should call into Project Bread's toll-free FoodSource Hotline (1-800-645-8333), which provides confidential assistance to connect with food resources, including SNAP benefits, in 180 languages and for the hearing impaired.

For more information, visit: www.projectbread.org/get-help.

About Project Bread
Project Bread, the leading statewide anti-hunger nonprofit, connects people and communities in Massachusetts to reliable sources of food while advocating for policies that make food more accessible — so that no one goes hungry.

For more information, visit: www.projectbread.org.

Tewksbury resident killed in grocery store parking lot

ACTION — The Middlesex District Attorney's Office identified the victim of a fatal crash that took place in a grocery store parking lot in Acton as 56-year old Tewksbury resident Denise Stracqualursi.

According to reports, a vehicle struck Stracqualursi in the parking lot of a Roche Bros. grocery store

shortly after 1 p.m. on Monday, April 26. Police and firefighters found her lying in front of the store alongside the travel lane.

She had serious injuries

and medical personnel

transported her to a local

hospital where she died

last Thursday.

Investigators claim the

Tewksbury resident was

walking with a shopping cart when a vehicle made a left turn and struck her while she crossed the travel lane headed to the parking area.

The driver, 76, remained

at the scene, which re-

mains under investigation.

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State police investigating fatal crashes in Wilmington and Tewksbury

WILMINGTON/TEWKSBURY — At approximately 1:12 a.m. on Wednesday morning, Massachusetts State Troopers from the Andover and Medford Barracks, along with Wilmington police and fire, responded to a crash involving a minivan and a motorcycle on Route 93 North, just north of Exit 38, in Wilmington. The crash resulted in the fatality of the motorcycle operator.

Preliminary investigation indicates that a 2005 Toyota Sienna minivan operated by a 44-year-old Lynn man was travelling north on Route 93 when, for reasons still under investigation, it rotated and came to a stop in the second lane from left. The minivan came to rest facing southbound in the northbound lane.

At the same time, a 2010 Harley Davidson FLH Street Glide was being operated northbound, in the second lane from the left, approaching the Sienna.

The motorcycle operator, Diego D. Rodriguez, 51, of Methuen, attempted to stop but was unable to do so. The motorcycle struck the front left of the Sienna,

enna, causing Rodriguez to suffer fatal injuries. Rodriguez was determined to be deceased on scene. The operator of the Sienna was not injured.

The facts and circumstances of the crash, including why the Sienna came to a sudden stop and ended up facing the wrong direction, remain under investigation by Troop A of the Massachusetts State Police, the State Police Collision Analysis and Reconstruction Section, and the State Police Crime Scene Services Section. The results of that investigation will determine whether charges are warranted.

All four lanes of Route 93 North were closed until 3:38 a.m. to accommodate the rescue response and crash investigation.

At 12:23 p.m. Tuesday, Troopers assigned to the State Police-Andover Barracks responded to a report of a vehicular rollover in the median of Route 495 southbound in Tewksbury. The crash occurred near the exit for Route 38 (Exit 92). Tewksbury fire also responded, and MassDOT provided assistance with traffic control. There were

no other cars involved in the crash.

First responders located a 2001 Mercury Sable sedan with a Massachusetts registration that had drifted into the median and subsequently rolled over, going down a shallow embankment within the median.

Tewksbury EMS rendered aid to the operator, identified as Kevin Furey, 61 of Hopkinton, but he was determined to be deceased at the scene. Evidence indicates the victim had a medical emergency while operating the vehicle prior to the crash. The operator was the only occupant of the vehicle.

The crash resulted in the left travel lane of Route 495 being closed for approximately two hours, leaving the center and right travel lanes open to traffic. The investigation is being conducted by Troop A of the Massachusetts State Police with assistance from the State Police Collision Analysis and Reconstruction Section, the State Police Crime Scene Services Section, and the State Police Detective Unit for Middlesex County.

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Reading Coop Bank welcomes Bryan as SVP

READING — Reading Cooperative Bank (RCB) has hired Phil Bryan as SVP, Chief Lending Officer. Over the course of his 30-year career, Bryan has had the opportunity to work in virtually every aspect of the banking world, from individual sales contributor all the way up to President & CEO of a mutual bank.

He has developed expertise in several areas, including commercial and small business lending, strategic planning, human resources, and employee development.

Bryan comes to RCB from Forward Focus Business Advisors, where, as a principal, he helped CEO's of companies and financial institutions create a high-performance culture and learn the fundamentals of developing their employees. Prior to that, Bryan was a principal at ExecHQ, where he offered fractional, interim, or project-based services to clients that needed better focus on their core responsibilities to reach maximum effectiveness.

Bryan has a wealth of experience in the banking industry. He spent five years as the President/CEO of The Cooperative Bank and was the EVP/Chief Operating Officer at

Georgetown Bank.

Over the course of his extensive lending career, Bryan served as SVP of Retail & Lending at Metro Credit Union, SVP & Small Business State Manager at TD Bank, VP, Retail Banking at MetroWest Bank, and VP, Business Development Officer at Citizens Bank.

Bryan holds a BS in Human Resource Management from Southeastern Massachusetts University and had been working toward an MBA with a concentration in Marketing from Northeastern University.

In addition, he is certified in Talent Optimization from the Predictive Index. Bryan is currently a member of The Central Parkway YMCA's Board of Advisors. In the past, Bryan has served on the American Bankers Association's Mutual Institutions Council and the Asian Center for Merrimack Valley's Board of Directors as Treasurer. Bryan lives in Dedham with his wife, Wendy, and three sons.

"I'm excited to join a terrific team and to use my experience to help RCB reach its strategic goals," Bryan noted. "I have a passion for working with business leaders to optimize their systems and launch new products & services successfully. RCB presents me with an exciting and unique opportunity to grow its lending department and expand the bank's market footprint. I'm looking forward to the challenge."

"We are excited to have Phil join the Reading Cooperative Bank leadership team," said Julieann Thurlow, President & CEO of RCB. "His expansive and unique background will allow RCB and its lending team to improve product offerings and enhance customer access to credit using technology improvements at the bank."

About Reading Cooperative Bank:

Reading Cooperative Bank is a depositor owned co-operative founded in 1886. This community-centric North Shore financial service provider has branches in Reading, Wilmington, North Reading, Andover, and Burlington. They also operate teaching branches at Northeast Metro Tech in Wakefield (open to the public) and at Reading Memorial High School (students and staff only), as well as an online branch at www.readingcoop.com.

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van, Julia Child, and a very famous actor who wanted to do his part in WWII on horseback) and invented characters in the service of the OSS and the French Resistance.

Healey's previous novels, "The Saturday Evening Girls Club" and "The Beantown Girls," celebrated Boston's lost West End settlement house movement and the "Doughnut Dollies" on

the front lines in WWII.

Please check out the new Book Stew episode on WCTV on Tuesdays at 1 p.m., Wednesdays at 8 p.m., Friday at 7 p.m., and Saturdays at noon. Also available on demand:

Video: <https://wilmington.vod.castus.tv/vod/?video=36651287-d202-4814-9aa1-617f9caa169d>

Podcast: <https://soundcloud.com/wctvpodcasting/sets/book-stew>



Melrose author Jane Healey and Book Stew host Eileen MacDougall. (Courtesy photo)

Third time's charming

WILMINGTON —

Bringing back previous Book Stew guests is always so satisfying for host Eileen MacDougall — "it means that my favorite authors are still writing and getting published!"

Lovers of historical fiction will want to hear all about Jane Healey's new novel "The Secret Stealers," which features a suspenseful mingling of real people ("Wild Bill" Dono-

van, Julia Child, and a

very famous actor who wanted to do his part in WWII on horseback) and invented characters in the service of the OSS and the French Resistance.

Healey's previous novels, "The Saturday Evening Girls Club" and "The Beantown Girls," celebrated Boston's lost West End settlement house movement and the "Doughnut Dollies" on

School Committee hears Superintendent's Report

By LIZZY HILL
News Correspondent

WILMINGTON — Wilmington Superintendent Dr. Glenn Brand shared updates on the return to full in-person learning, the MSBA process, the middle school program review, and police officer Brian Moon's retirement with the School Committee last Wednesday night.

He reported that the return to full in-person learning had started solid and required some adjustments appropriately. April 26 was the first day in person for all students except those who elected to finish the year remote. He appreciated the effort of staff to get all of Wilmington back in school together.

Beyond that, he brought up a concern from the community that some students are eating on the floor when they have lunch in the gymnasium. He noted that this is the case at several schools in town, although the concern appears to be only with the middle school.

"The lunch element is one of the most challenging as we continue to abide by six feet distancing without masks," he said.

Cafeterias in each school being too small to fit all of the students during lunch

has required the use of different spaces for some students to eat lunch, he continued. At the high school, they've converted half of the gym into permanent lunch space with desks and chairs. This was possible because of other spaces that can be used for physical education classes.

At the middle school, he said there was reluctance to take away up to two-thirds of the gym space permanently with chairs and desks. To mitigate this, they set up a rotation between lunch spaces and encouraged students to bring something to sit on. Furthermore, he said teachers have shared that the students are quite comfortable by their own accounts.

Should there be the desire to possibly rent a tent for another lunch space, Brand said that this would cost about \$10,000 for the eight weeks left in school. Jenn Bryson suggested surveying students to assess their comfort levels. Brand agreed that a survey could be a relatively quick measurement used to decide whether to take that route.

Melissa Plowman asked if the thinking behind the rotation could be shared in case it would help students and families to get through

the next eight weeks having an end in sight for gym floor lunches.

Brand added in a quick word on class placement, to say that this would be held off until early August, similar to the way it was held off last summer. For the MSBA update, he said that they're currently waiting for some forthcoming information due before the end of June.

He next discussed the middle school program review and the focus areas of the steering committee. He thanked the group for their work so far and their willingness to continue.

Jay Samaha asked if there was an idea of what the assessment would look like, to which Brand said it would really depend on the results of the first two phases.

These phases are to research what an effective middle school should have, and to gather student's and families' experience in the current program.

Jesse Fennelly wondered when the recommendations from the steering committee would be implemented. Brand answered that it would depend on the recommendations — something like an overhaul or reorganization would take more time.

David Ragsdale had a

question around efforts to ensure consistency across the steering committee groups. The superintendent said that the resources and report structure, along with some common themes, would create consistency at least at the start.

Ragsdale went on to say that the gathering of experience and assessing where the middle school falls compared to their goals will take a careful approach.

Bryson then asked if it would be possible to get the recommendations by November in case any could be implemented in January. Brand suggested that the steering committee would speed up the second phase if possible in order to do that. Bryson also asked for committee members to represent them as part of this program review.

The final piece of the superintendent's report was a video slideshow for Wilmington police officer Brian Moon, who was entering retirement at the end of the week. In the video, students held out signs thanking and congratulating Moon as he was escorted around all of the eight schools the day before.

Brand personally wished Moon a wonderful retirement.

Memorial Day to honor four residents Killed in Action during Vietnam War

WILMINGTON — As the state and federal COVID restrictions continue to be lifted, the Department of Veterans Services will continue to move forward with their plans for Memorial Day.

The Town of Wilmington's Memorial Day ceremonies will start Saturday May 29, 2021 at 8 a.m. with the decoration of all the veterans' graves at the Wildwood Cemetery, followed by the

decorating of all the veterans' squares and memorials around Wilmington starting at 10:15 a.m. The route is listed in the program.

At noon on Sunday there will be a rededication of the Memorial Library to the Wilmington residents who served in Vietnam as well as the unveiling of a plaque honoring John Fullerton, Robert Parent, John Rich, and Richard Welch who were KIA in Vietnam.

There will be a rededication ceremony at the Public Safety Building at 1 p.m., followed by a rededication ceremony on Wilmington Common Sunday May 30, 2021 at 1:30 p.m. The public is invited to all events.

Wilmington's world-famous parade will step off from the Market Basket parking lot at 10 a.m. sharp on Monday May 31, 2021. The youth groups will form

at the old Walgreens parking lot to allow more room for social distancing and will be placed in the parade by a parade official.

The bands, Honor Guards and all the adult groups will meet at the Market Basket parking lot. The parade will head down Main Street, turn left down Rt. 62 and proceed to the Wildwood cemetery. The youth groups will turn right onto Adams Street and march into the high school parking lot for their parents to pick them up.

The town encourages people to spread out along the parade route and collect their children at any point along the route. Due to social distancing requirements, they will not be serving hot dogs this year. The town would like to thank the Lions Club and Knights of Columbus for their help with the hot dogs in the past.

The ceremony at the cemetery will start at 11 a.m. sharp. If you have an organization that would like to participate in the parade, please contact The Department of Veterans' Services at (978) 694-2040 for an application and guidelines.

Please come out and enjoy Memorial Day weekend and remember all those who have served and those who have given their life to defend our freedom.



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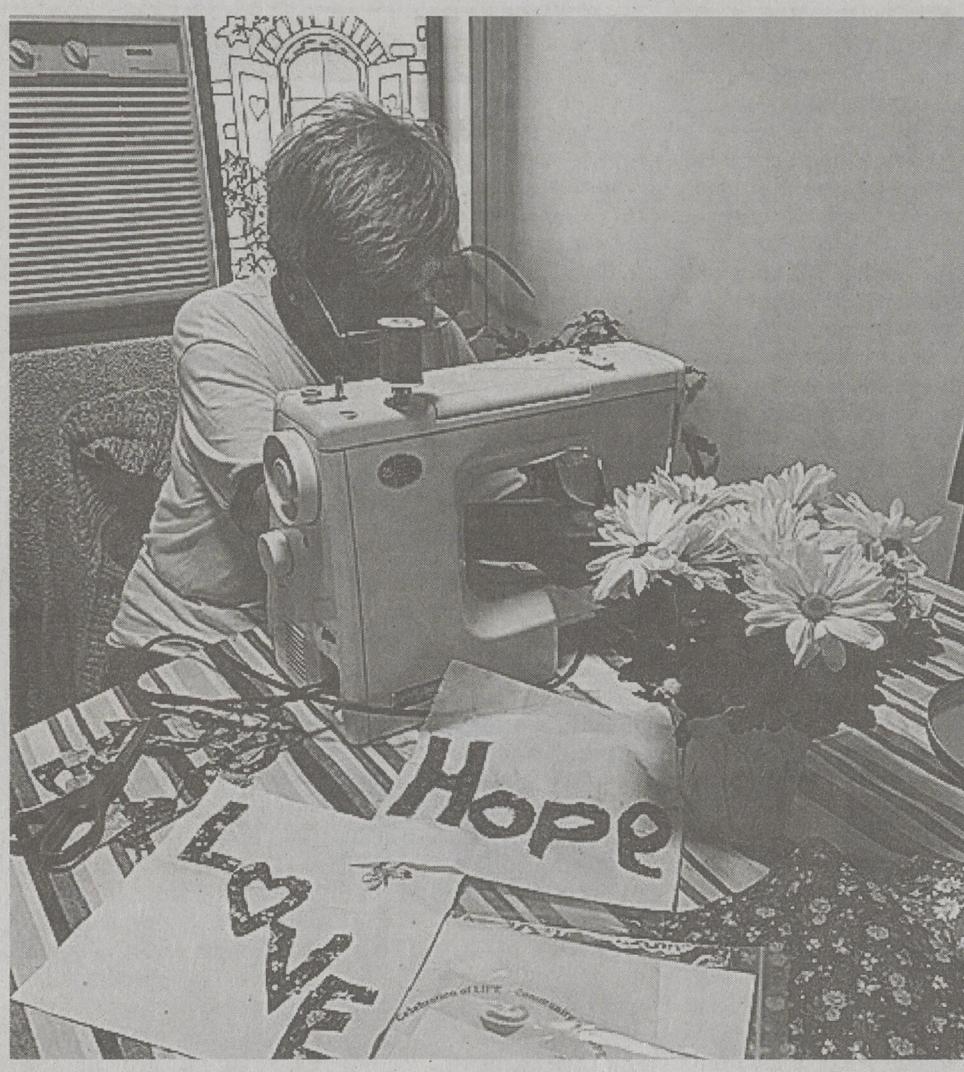
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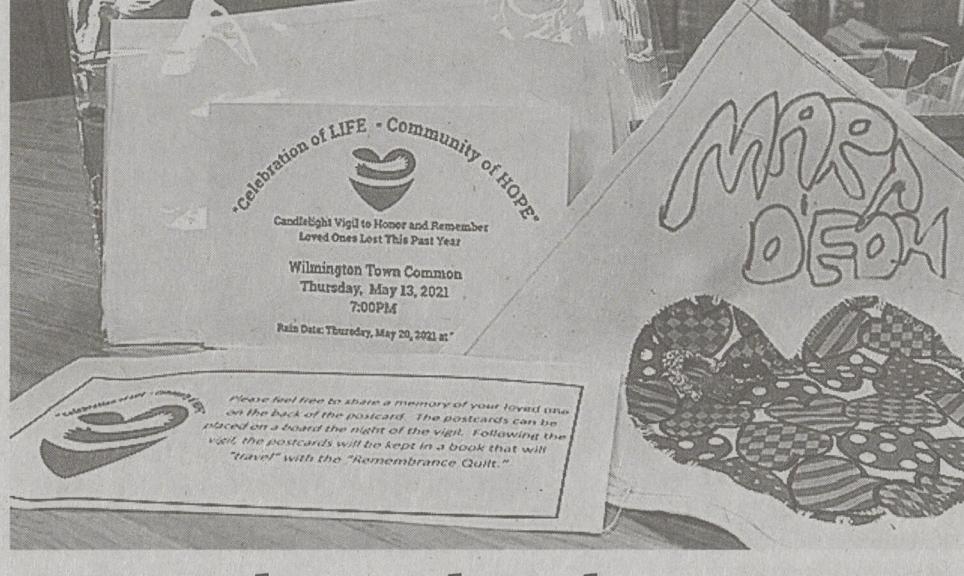
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▲ Aubrey Reed

(Courtesy photos)



Town to honor those lost to COVID with a candlelight vigil next week

VIGIL FROM PAGE 1

day, May 20, 2021. This vigil is intended to allow the community to honor and remember those we have lost over the last year.

In addition to the vigil, families and friends also have the opportunity to honor their loved one by designing a quilt square to be added to a "Remembrance Quilt." A "Remembrance Packet" can be picked up at the Buzzell Senior Center or dropped off upon request. This packet includes an 8x8 square which can be decorated in any way as well as a postcard where a memory of the loved one can be shared.

The finished square can

be returned to the center or it can be brought on the night of the vigil. Following the event, the "Remembrance Quilt" and a book of all the memories will travel around town to be displayed.

As a follow up to the "Celebration of Life - Community of Hope," the Department of Elderly Services will be hosting Nancy Duffy from Beacon Hospice. Duffy, having been with Beacon Hospice for 13 years, has worked extensively in grief support. She will be leading a three part series on Dealing with Loss.

Session 1 will be held on

May 20, 2021, and it will consist of a brief service to share and remember those

we are missing. Session 2 will occur on May 27, 2021, and will involve a direct discussion around grief, the shock and anger that COVID-19 took place, and how the pandemic has affected all our lives. Session 3 will be on June 3, 2021, and it will continue with focusing on positive goals as survivors of grief, aiming to convey what are great strategies for handling grief and memorializing those we love.

Each session will take place from 12 - 2 p.m. and will be held at the Buzzell Senior Center. Pre-registration is required to participate in these sessions. Please call the Senior Center at 978-657-7595 to register.

Plowman's question was around social-emotional indicators that teachers could look for in

the programming will take into account social-emotional learning. Elliott answered that one program they're looking at

does have a social-emotional component, and that they'll put resources for families online in this

regard, as well.

The committee moved on to a reminder of the

thinking behind the district's homework policy

in terms of philosophy, research, responsibilities, and best practices.

School Committee, superintendent discuss summer school plans

SCHOOL FROM PAGE 1

put together that night's report.

The next item pertained to the summer school program. Brand opened by establishing that summer school is recommended by the Department of Education.

Assistant Superintendent for Curriculum & Staff Development Christine Elliott shared that staff had already begun indicating their willingness and availability for teaching and running programs this summer. While preferring teachers and staff from Wilmington, she said that they will seek external candidates if necessary.

As for the program itself, they're still deciding what curriculum to use and what resources will be provided to families. The availability of teaching staff will determine the number of seats, and then at that point they'll identify the students who would most benefit from this support program.

She added that this year, the program will be free of charge. More updates were to come at the next School Committee meeting.

Samaha asked if the

programming will take into account social-emotional learning. Elliott answered that one program they're looking at

does have a social-emotional component, and that they'll put resources for families online in this

regard, as well.

The committee moved on to a reminder of the

thinking behind the

district's homework policy

in terms of philosophy, research, responsibilities, and best practices.

The philosophy, Elliott explained, is that homework should improve learning, stimulate interest, take into consideration each individual student's abilities, and help them to learn independently.

As for the research, she said it showed that homework can benefit student achievement when it is purposeful and putting practice into context.

She said that it's the responsibility of the administration to review the policy with teaching staff, ensure the following of guidelines, and communicate the policy to parents. Then, it's the teacher's responsibility to ensure that the homework is meaningful and consistent; the family's responsibility to provide support and reach out to the teacher with concerns; and the student's responsibility to make sure they understand and complete their homework on time.

Some of the things that the committee asked on behalf of parents were that the research used to make policy changes be shared and that cohesiveness be prioritized across the district as it's put into practice.

Before they ended the meeting, Newhouse shared the details for the next CPAC meeting, and four committee members volunteered to lead motions during the annual Town Meeting this past Saturday.

The committee will next meet on Wednesday, May 12 at 7 p.m.

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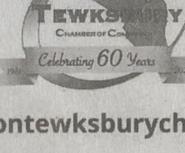


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Town Meeting rejects articles 60, 61

REZONING FROM PAGE 1

shared their concerns about passing article 61, starting with the lack of eminent risk.

"It is jurisdictional land," said Suzanne Sullivan. "It's already protecting our aquifer as wetlands because it can't be developed."

Jomarie O'Mahony agreed that if the water is being tested and coming out clean, there's no reason not to trust the current owner to keep it protected. Two other residents mentioned that it would be better to keep the unbuildable piece of wetlands under current ownership for tax purposes.

Some, including Sullivan, commented on the current and previous state of the land being offered to the town.

"The proponents of this article are asking the town to take on additional liability," she continued.

Several said that the property had various trash and materials all over it. However, one resident said that if there was a history of dumping on the property, she'd prefer that the town take it as a gift in order to immediately fix the issue.

Rob Fasulo called on the Board of Health to share the results of an investigation by the Department of Environmental Protection on the property from 1991. Board of Health Director Shelly Newhouse referenced a previous owner, C. P. McDonough, who was ordered to clean up the site and brought to criminal court but never took any action.

She said the DEP had investigated and found nothing hazardous, but she knew that most of the debris on the site had been cleaned up. She clarified that the property in question is not an official landfill just because there had been materials dumped on it.

Another complaint residents raised was around the conditionality of the gift itself.

"A gift is not based on a contingency plan," said M. J. Byrnes.

Another of the petitioners, Michael Caira, reaffirmed that the town was under no obligation to accept the gift, even if the article was passed.

After the question was moved, Caira appealed to residents to listen to the word of the health director, the town manager, and the DPW director when they said it would be in the town's best interest. The article failed with 186 no votes and 93 yes.

Article 60 came up some time after the vote on 61. Newhouse edited the article from the booklet to delete parcels 24 and 24A from the request to be rezoned from residential-60 to highway-industrial.

He showed how the surrounding properties are also zoned highway-industrial and indicated the top three plans for the space: a small hotel with a few restaurants, retail with a few restaurants, or an urgent care facility.

Any of these, he said, would bring new economic development and keep burdensome retail uses off of the main road.

The first issue that residents presented was a traffic concern. Newhouse responded to say that residential use of the property would bring more traffic than this proposed use. Even more than the addition of traffic to the Andover Street area, they were especially bothered by the idea of access to this property from Ainesworth Road.

"Just because somebody says they're going to get a curb cut doesn't mean that it's true," said Sullivan.

To this, Newhouse said that access from Ainesworth was impossible and assured residents that it would be from Route 125.

The petitioner then addressed comments about an access permit from the Department of Transportation, which he said can't be done without the local

regulatory process approving of a site plan.

"Please do not vote against this because you think the applicant should have an access permit in hand. It doesn't work that way."

After he said that, several residents suggested that the owner could have applied for a curb cut or submitted their proposal to the Massachusetts Environmental Protection Agency.

Residents also took issue with the specific zoning of highway industrial for this area.

"R-60 to highway industrial is perhaps the biggest spread of any zoning that you could do in this town," said Michael McCoy.

With the land being located so close to the well-field and in the groundwater protection district, they didn't like the freedom that highway industrial zoning would provide.

Newhouse pointed out, "All of the properties that are adjacent and located near this... are in the groundwater protection district, as well."

There was also fear that zoning highway industrial would raise the value of the property, which could encourage the owner to possibly flip the property to someone who might have alternate plans.

Some final issues were around the lack of information about the proposed project from the applicant and maintaining the character of the nearby neighborhood. In closing, Newhouse asked residents to consider all of the information and the efforts on the applicant's part to pursue public process. The vote failed with 198 negative and 48 affirmative.

There was then a motion to bring the article back up by Kevin MacDonald.

Jonathan Eaton, the Town Moderator, said that there needed to be new information available in order to make this motion, so it was not permitted.

Herb Chambers

 HONDA

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